

# Western Illinois University

## Biennial Review

Academic Years:  
2022-2023;  
2023-2024

## December 2024

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**I. Executive Summary:**

**A. Introduction:**

The Drug-Free Schools and Campuses Regulations requires that an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees as a condition of receiving funds or financial assistance under any federal program. Western Illinois University has created the following biennial report to address the alcohol and other drug programs available on campus in addition to their effectiveness, as well as to provide information regarding the current policies and enforcement of those policies. A hard copy of the biennial

review can be found within the Office of the Vice President of Student Success, in addition to the Student Development and Success Center. A hard copy of the report is available upon written request through contacting the Director of Student Development and Success Center. All policies and/or additional reports discussed within the biennial review can be found by following the hyperlink on the electronic copy, or by requesting a hard copy of the report in which they will be included as appendices.

### **B. Scope of Review:**

The review examined alcohol and other drug policies on campus, distribution of those policies and enforcement of policies for the academic years 2022-2023 and 2023-2024. It also reviewed the resources available on campus to prevent alcohol and other drug problems on campus, as well as services available to treat alcohol and other drug problems for students and university staff. Information was gathered by Biennial Review contributors from multiple campus departments including but not limited to the Alcohol and Other Drug Resource Center, Beu Health Center, Department of Athletics, Health Education, Office of Public Safety, Office of Student Engagement, Student Development and Success Center, and Student Rights and Responsibilities. Data has been collected in a variety of ways to assess the current alcohol and other drug programs on campus. Summary of information collected from programs offered on campus can be found below.

### **C. General Conclusions:**

Western Illinois University continues to comply with the Drug Free Schools and Campuses Regulations. The institution continues to find strength in its state licensed Alcohol and Other Drug Resource Center which provides both intervention and prevention services. In addition, Western Illinois University continues to offer alternative activities through multiple departments and continues to evaluate programming to determine whether prevention efforts are effective. We utilized the NIAAA Tiers of Effectiveness in our past Biennial Review to determine the type of programs available on campus and to assess whether there is room for improvement, making an effort to increase programs with evidence of effectiveness. For this Review season, Western Illinois University utilized National Institute of Alcohol Abuse and Alcoholism's (NIAAA) College Alcohol Intervention Matrix (College AIM), found at <https://www.collegedrinkingprevention.gov/collegeaim>.

Western Illinois University has continually received administrative support in addressing alcohol and other drug use issues on campus. Higher Values in Higher Education 2022-2027 strategic plan has specifically addressed alcohol and other drug risk reduction as a strategic goal for this university. The updated 2022-2027 strategic plan identifies personal growth through health and wellness as an area of focus, which includes alcohol and other drug topics. The First Year Experience (FYE), which includes both academic and student services components, incorporates alcohol and other drugs education in the classroom and residence halls. Additionally, Student Success has outlined goals highlighting the support and expansion of late night programming as well as continued efforts on and off-campus with AOD related issues. As part of this goal, efforts will be made at the AOD Resource Center to continue to implement or collaborate with other departments in offering alternative events for students.

Western Illinois University continues to work towards prevention of alcohol and other drug problems on campus. Despite our strengths, there continues to be room for improvement. Upon completion of the Biennial Review, it was determined that the current alcohol and other drug policies for students and staff may need further review to determine if they are up to date.

Overall, Western Illinois University continues to comply with the Drug Free Schools and Campuses Act and continues to work towards addressing misuse of alcohol and other illegal substances.

**II. University Alcohol Policies Notification Process:**

**A. Policy Distribution**

**Annual AOD Notification**

WIU’s Alcohol and Other Drug policy is provided to all registered students via an electronic notice through the existing Student and Staff Announcements system. A copy of this notice can be found in the hard copy of this document (See Appendix C). The notice is sent electronically after the tenth day of classes, which is the final day of registration, ensuring all students receive a copy of the policy.

All faculty/staff receive notice upon initial hire as part of new employee orientation materials. After the tenth day of classes during the Fall and Spring semesters, all faculty/staff receive notice of the policy through the existing Tele-STARS system.

**B. Alcohol Policies and Implementation:**

1. The table below provides links for additional information on Western Illinois University alcohol and other drug policies. All policies are included in print form of the Biennial Review in **Appendix A**.

WIU Policy on Drug and Alcohol Abuse (8/10/1995)	<a href="http://www.wiu.edu/policies/drugalcohol.php">http://www.wiu.edu/policies/drugalcohol.php</a>
Drug Free Workplace Policy Statement (5/4/1989)	<a href="http://www.wiu.edu/policies/drugfree.php">http://www.wiu.edu/policies/drugfree.php</a>
Smoking/Tobacco Use Policy (11/12/2012)	<a href="http://wiu.edu/policies/smokingtobaccouse.php">http://wiu.edu/policies/smokingtobaccouse.php</a>
Smoke-Free Campus Policy (6/12/2015, updated 1/11/2016)	<a href="http://wiu.edu/vpas/policies/smokefree.php">http://wiu.edu/vpas/policies/smokefree.php</a>
Student Right-to-Know and Campus Security Act, and Drug-Free School	<a href="http://www.wiu.edu/policies/rtknow.php">http://www.wiu.edu/policies/rtknow.php</a>

and Communities Act Information (Approved prior 1998)	
Civil Service Handbook, appendix K - Drug and Alcohol Abuse Policy (July, 1990)	<a href="http://www.wiu.edu/hr/handbook/appendix_k.php">http://www.wiu.edu/hr/handbook/appendix_k.php</a>
BOT Alcoholic Beverage Policy (11/16/2001)	<a href="http://www.wiu.edu/board_of_trustees/regulations/alcohol.php">http://www.wiu.edu/board_of_trustees/regulations/alcohol.php</a>
Policy on Tailgate Area (Approved 09/06/2011)	<a href="http://www.wiu.edu/vpas/administrative_procedures_handbook/tailgate.php">http://www.wiu.edu/vpas/administrative_procedures_handbook/tailgate.php</a>
Policy on Hazing (Revised 9/3/2024)	<a href="http://www.wiu.edu/policies/hazing.php">http://www.wiu.edu/policies/hazing.php</a>
Western Courier – Policies Concerning Alcohol Advertising (Approved 8/12/1991)	<a href="http://www.wiu.edu/policies/courier.php">http://www.wiu.edu/policies/courier.php</a>
Sale and Provision of Alcoholic Beverages, University Union Policy Manual (Revised December 2018)	<a href="http://www.wiu.edu/student_services/university_union/pdf/UPolicyManual.pdf">http://www.wiu.edu/student_services/university_union/pdf/UPolicyManual.pdf</a>
Student Employment Handbook (Not Included in print form)	<a href="http://www.wiu.edu/student_employment/handbook/index.php">http://www.wiu.edu/student_employment/handbook/index.php</a>
Code of Student Conduct (Revised 8/1/2024)	<a href="https://www.wiu.edu/student_success/srrri/codeofconduct.php">https://www.wiu.edu/student_success/srrri/codeofconduct.php</a>
Social Events Policy for Sororities and Fraternities (Revised Summer 2022 )	<a href="https://www.wiu.edu/student_success/greek_life/pdf/FSL_PolicyManual.pdf">https://www.wiu.edu/student_success/greek_life/pdf/FSL_PolicyManual.pdf</a>
Residence Hall Policies and Procedures Handbook Leatherneck Living Guide (2023-2024)	<a href="https://www.wiu.edu/student_success/housing/living_on_campus/pdf/ResidenceHallHandbook.pdf">https://www.wiu.edu/student_success/housing/living_on_campus/pdf/ResidenceHallHandbook.pdf</a>
WIU Athletics Department Drug & Alcohol Education & Testing Program (Rev. 1/1/2014) (Not Included in Print form)	<a href="http://www.goleathernecks.com/documents/2016/3/2//DP_1.pdf?id=4044">http://www.goleathernecks.com/documents/2016/3/2//DP_1.pdf?id=4044</a>
Intramural Sports Policy on Alcohol, tobacco, and Drugs (2018- 2019)	<a href="https://www.wiu.edu/student_success/campus_recreation/intramurals.php">https://www.wiu.edu/student_success/campus_recreation/intramurals.php</a>



2. In addition to the alcohol and drug policies at Western Illinois University (WIU), the City of Macomb has a number of Municipal Codes that pertain to alcohol and/or other drugs. The Liquor Code (Chapter 4) is an important policy to note. The Mass Gatherings policy is a particularly relevant section of the code, assisting in preventing the continuation and growth of large, off-campus, non-sanctioned block parties. The Mass Gathering policy is available in print form in **Appendix B**

The full policy can be found online by following the link: [Chapter 4. Liquor Code, Municipal Code, Code of Ordinances, Macomb \(elaws.us\)](https://elaws.us/municipal-code/code-of-ordinances/macomb)

### **C. Legal Sanctions**

Western Illinois University holds students accountable to the behavioral standards outlined in the Code of Student Conduct. Students alleged to have violated alcohol, cannabis, or other controlled substance laws and policies on or off-campus are subject to student conduct process review conducted and sanctions imposed by the University. Students found in violation of alcohol, cannabis, or other controlled substance laws/policies face sanctions ranging from censure to removal from the University community. The severity of sanction is influenced by the nature of a violation as well as a student's conduct history and academic record. The Code of Student Conduct also specifies that any conduct violation which may have been influenced by a student's use of drugs or alcoholic beverages will not in any way limit the responsibility of a student for the consequences of their actions. Customarily, alcohol, cannabis, or other controlled substance policy violations result in a comprehensive sanction including a change to one's student conduct status, a fine, and completion of an alcohol or other drugs assessment or evaluation/intervention program. Under the Parental Notification Policy, the University reserves the right to contact the parents of students under the age of 21 who have been found in violation of University policies on alcohol, cannabis, or other controlled substances. In addition to student conduct process repercussions, students may also face sanctions through civil or criminal processes. Associated laws can be found attached to the hard copy of this report in **Appendix C**.

### **D. Health Risks Associated with Illicit Drug Use and Alcohol Use**

Health risks associated with illicit drug use and alcohol use can be found by following the link, [http://www.wiu.edu/student\\_services/vpss/pdf/Brochure%202020-2021.pdf](http://www.wiu.edu/student_services/vpss/pdf/Brochure%202020-2021.pdf). A copy of this can also be found attached to the hard copy of this report in **Appendix C**.

### **III. Funding Sources:**

#### **Substance Abuse Prevention Education Grant**

The Substance Abuse Prevention Education Grant is used to support alcohol and other drug programs and initiatives. It is funded through fines levied to students for alcohol and other drug policy violations. Requests for funding are reviewed by the Substance Abuse Prevention Education grant committee. The fund request form is found on-line at [http://www.wiu.edu/student\\_services/aod/SAPEGrantProposalForm.pdf](http://www.wiu.edu/student_services/aod/SAPEGrantProposalForm.pdf) or in **Appendix D**.

**IV. Vice President of Student Success:**

**A. Beu Health Center**

Beu Health Center is a full-service medical clinic offering quality outpatient health care including x-ray, pharmacy, and laboratory services to registered Western Illinois University students. At Beu Health Center, students' individual needs are attended to in a confidential and caring manner. A Board-certified doctor and certified nurse practitioners are available to provide a program of continuous, quality and supportive medical care.

**\*IND 27**

**B. Alcohol and Other Drug (AOD) Resource Center**

The Alcohol and Other Drug Resource Center addresses alcohol and other drug services at Western Illinois University (WIU) by providing direct service in assessment, education, and treatment. The Alcohol and Other Drug Resource Center successfully completed its relicensure through the Illinois Department of Human Services Division of Substance Use Prevention and Recovery in 2023 and is currently in the process of a site review.

Alcohol and Other Drug prevention and outreach services have been absorbed by Health Education which is structured within the Student Development and Success Center. Therefore, no outreach numbers will be shared as part of the data shared here. The Alcohol and Other Drug Resource Center was absorbed physically and for clinical and administrative supervision by the University Counseling Center, but is still part of Beu Health Center.

The Alcohol and Other Drug Resource Center is a State licensed facility that provides Secretary of State DUI Evaluations and DUI Risk Education, as well as Early Intervention and Level I Outpatient treatment services. One of the primary functions for the AODRC is to provide individual education services via the Step 1 process for students who have violated the Code of Conduct and have been referred by Student Rights and Responsibilities.

**\*IND 9, 15, 16, 23**

The following table provides information on the extent of services provided:

	Fall 2022	Spring 2023	Fall 2023	Spring 2024
Direct Service Hours (Individual & Group):	104 hours	102.75 hours	53.5 hours	131.5 hours
DUI Evaluation Services:	7.5 hours (3 clients)	15 hours (6 clients)	12.5 hours (5 clients)	22.5 hours (9 clients)
DUI Risk Education:	10 hours	10 hours	10 hours	10 hours

\*Step 1s are included in Direct Service hours. While DUI Evaluations and DUI Risk Education are total hours, it doesn't account for the number of individuals served. However, for direct service hours and Step 1s, it can be assumed it is both number of individuals and number of hours completed.

\*It should be noted that during both Spring 23 and Fall 23/Spring 24, there was a reduction in staff due to staff long term illness and staff departure. That position has not been replaced with a FT staff person.

Satisfaction surveys were provided to students via secure message. For this reason, no students responded to perceived satisfaction. For this reason, there will be a pre and post survey given to individuals who receive ongoing services via AODRC for FY25 to gather additional information regarding quality of service provision.

### **C. Student Development and Success Center**

The Student Development and Success Center is committed to providing a student centered, co-curricular environment that supports the academic mission of the University and embraces the belief that learning is not confined solely within traditional classroom boundaries. The Student Development and Success Center provided resources such as Health Education, Disability Resources, and Student Development.

Through Health Education, outreach programs, as well as individual consultations regarding specific health issues, are available to WIU students. Professional staff and student health educators provide a wide variety of workshops, presentations and services to promote individual and community health and wellness. There are no fees for services.

#### **1. Prevention Services:**

SDSC and Health Education have sponsored events including but not limited to the Think B4U Drink and Study Smart. See below for a list of the sponsored events from Fall 2022-Spring 2024

#### **a. Online Assessment Tools:**

### **The Virtual Bar**

Responsibility.org's ([www.responsibility.org/bac-calculator/](http://www.responsibility.org/bac-calculator/)) blood alcohol content (BAC) calculator, "Virtual Bar", is an application-based product that leads users to a better understanding of different factors that affect one's BAC. The Virtual Bar educates how alcohol affects behavior and levels of impairment according to variables such as gender, weight, food consumption, and others.

**\*IND 21, 22, 24**

**b. Other Prevention Initiatives**

Outreach and Prevention programs, as well as individual consultations regarding specific health issues, are available to WIU students. Professional staff and student health educators provide a wide variety of workshops, presentations and services to promote individual and community health and wellness. There are no fees for services.

**i. Step Up Bystander Intervention Training**

Western Illinois University Alcohol and Other Drug Resource Center introduced the Step Up Program, a prosocial behavior and bystander intervention-training program with an additional educational component on alcohol in Fall of 2011. This program was developed by the University of Arizona C.A.T.S. Life Skills Program to promote helping behaviors amongst students. The Step Up! program is run by the SDSC as of January 2021.

The goals of Step UP! are to:

- Raise awareness of helping behaviors
- Increase motivation to help
- Develop skills and confidence when responding to problems or concerns
- Ensure the safety and well-being of self and others

The Step Up Program has been offered at least one time each semester during the 2022-2023 and 2023-2024 academic years.

**\*IND 18, ENV 6**

**ii. Think B4U Drink**

Think B4U Drink was hosted by the Student Development and Success Center. The event was aimed at educating students on safe alcohol consumption around Halloween time. Students were encouraged to stop by a variety of stations in which alcohol consumption, safe sex information, STI information, consent education, drinking and driving displays/activities, as well as the legal consequences of drinking and driving will be provided. Station will include information on standard drink sizes, blood alcohol content, the impact of BAC levels on functioning, how to lower your risk if you decide to consume alcohol, the legal consequences associated with alcohol consumption, medical ramifications, consent, STI testing/information, and safe sex practices.

Think B4U Drink was hosted on October 20, 2022 and October 04, 2023

**\*IND-18**

**iii. Study Smart**

Study Smart was hosted by the Student Development and Success Center with the collaboration of Student Rights and Responsibilities, OPS and the University Counseling Center. This event informs students of healthy study habits the week before finals begin. Students will be given the opportunity to work with AOD staff to figure out their exam schedule as well as receive information regarding healthy study behaviors and services around campus. The information includes sleep and study tips and information about the dangers of using stimulants.

Study Smart was hosted on December 8, 2022

**\*IND-17**

**iv. Get Yourself Tested (GYT)**

GYT was hosted by Beu Health Center with collaboration from Alcohol and Other Drug Resource Center (AOD) and SDSC Health Education. This event was aimed at educating students on how alcohol and sexually transmitted infections (STIs) correlate with one another, knowledge about different types of STIs, and raising awareness about knowing your status by offering free STI testing. Specifically, the alcohol education component focused on the effects of alcohol on judgment, ability to give consent under the influence, and other basic alcohol information.

GYT was hosted on April 6, 2023 and April 3, 2024

**\*IND-12**

**v. DIY Boxes**

DIY Boxes are an initiative that originated in the spring of 2018. The intent of the boxes are to provide quality information on a variety of topics, including Alcohol and STIs, to student leaders such as Resident Assistants and student organization leaders. The student leaders can then facilitate the prepared program to a small group of students in a comfortable and safe environment. Information is kept up to date as changes occur.

**\*IND 11**

**c. Total Prevention and Outreach Services**

	Fall 2022	Spring 2023	Fall 2023	Spring 2024
Prevention Activities	18	4	9	4
Total Participants	599	65	197	115

d. **Peer Education**

**SHAC (Student Health Advisory Committee) Peer Mentors**

Student peer mentors receive intensive training on such topics as communication, listening skills, responding and referral/intervention skills, bystander intervention, time management, stress management, community and campus resources, role modeling and ethics. Upon successful completion of training, students provide health and wellness education in many forms across campus. Peer mentors provide presentations in the residence halls, Greek housing and classrooms. Students are involved in various health awareness campaigns on campus, including alcohol and other drugs. Each semester 10-15 students are engaged in SHAC.

**\*IND 14, 18**

**D. University Housing and Dining Services**

**1. Hall Staff Training**

UHDS staff, including Resident Assistants, Hall Directors, Complex Directors and support staff attend annual retreat/training sessions prior to the beginning of each school year (in August). Topics in the training include alcohol and other drug education, enforcement of policy violations, and crisis management. Also included are scenarios for staff on how to address various issues such as alcohol overdose

**2. Targeted Prevention Programming**

Educational and alternative programming is provided on an ongoing basis within University Housing throughout the semester. The programs range from formal presentations to informal discussions and conversations. We also present passive programming in the form of bulletin boards and floor newsletters. Programmers include WIU staff and faculty, Resident Assistants, hall staff and guest speakers. Topics include risk reduction, awareness, social norms and legal consequences. In September 2022 and in September 2023, we hosted the Colonel's Carnival, which is a resource fair that features information on drug and alcohol education and resources for abuse and safe use. Several of our stations for that event were focused on risk education and risk reduction.

In May of 2023, all residence hall room door interiors and emergency exit door interiors were updated with Emergency Procedure stickers. These new stickers included hotline numbers for Substance Use National Hotline, National Suicide and Crisis Hotline, and local numbers for students to easily identify and reach resources in case of emergency or outside of normal University hours.

**\*IND 1, 14, 18, ENV 2;**

## **E. New Student and Family Programs**

The New Student and Family Programs office (previously Transition and Academic Skills Center, or TASC) focuses on the experiences of new students (Freshman and Transfer) and other specialized populations (First Generation, Commuter) as they enter Western Illinois University. We strive to ensure a smooth transition by offering tailored support and resources for students and their parents/families. We provide guidance, information and programs to enhance new students' understanding of campus life to aid in their success within the Leatherneck community.

### **1. Summer 2023**

From 7/1/2022-06/30/2023, TASC implemented 11 Leatherneck Launch (summer orientation) programs for incoming students (freshman and transfers) and their families. Eight of the programs were in person and two were held virtually. Information from campus offices Housing/dining, Financial Aid, Beu Health Center, Career Services, and Student Engagement was presented. The Counseling Center is also present during the Resource Fair.

In August 2023, during the Fall Leatherneck Launch (Welcome Week) program, we hosted a session on the Sunday prior to the start of Fall classes called Semester Jumpstart. During this session, the following offices shared information: University Library, Student Development and Success Center (SDSC), Student Rights and Responsibilities where university policies involving items like drugs and alcohol were shared and lastly, we shared our newly created Ask a Leatherneck video series with students. These videos include topics such as study skills, time management, navigating Western Online (our learning management system), and a mental/health video created by our Counseling Center.

Throughout the summer, the Leatherneck Success Leaders (student leaders) who have the responsibility to connect with new students also share information and resources, via email, from key offices including the Counseling Center, Beu Health Center, and the EOA office.

**\*IND 1**

### **2. Summer 2024**

From 7/1/2023 - 6/30/2024, New Student and Family Programs implemented 8 Leatherneck Launch (summer orientation) programs for incoming students (freshman and transfers) and their families. Seven of the programs were in person and one was held virtually. A mini half day program was also implemented right before school began to educate and inform those who make late decisions. Information from campus offices Housing/dining, Financial Aid, Beu Health Center, Student Insurance, Career Services, Student Development and Success Center, and Student Engagement was presented. The Counseling Center is also present during the Resource Fair. Additionally, on the back of the Leatherneck Launch program schedule was a list of key resources/offices on campus including website addresses. The Counseling Center and Beu Health Center are included in this list.

Likewise, as in years past, throughout the summer prior to the start of classes, the Leatherneck Success Leaders (student leaders) connect with new, incoming students and share information and resources, via email, from offices including the Counseling Center and Beu Health Center. These student leaders also highlight our Launchpad and Ask a Leatherneck videos that include key information/tips from the Counseling Center, Office of Public Safety and our Student Development and Success Center.

**\*IND 1**

## **F. Greek Life**

The core purpose of each fraternity and sorority is to create better men and women through leadership, service, scholarship, and social opportunities. Although each chapter is unique, every organization promotes similar values and ideals. Western Illinois University is proud of its strong fraternal tradition. With 9 Interfraternity Council fraternities, 5 Panhellenic Council sororities, and 6 National Pan-Hellenic Council fraternities and sororities, and 7 Multicultural Greek Council fraternities & sororities on campus, there is an opportunity for many different experiences in the fraternal community. Members of our organization are heavily involved in campus and community organizations as well as in all-FSL committees like Rho Lambda Order of Omega, Social Event Management Policy/Risk Management Committee, and the Fraternity and Sorority Life Accountability Board.

### **Mission Statement**

Fraternity & Sorority Life in the Office of Student Activities at Western Illinois University, in support of a diverse and thriving fraternity and sorority community, will provide opportunities and resources to assist in the learning and development of students as members of self-governing and values based organizations while promoting positive and active citizenship, informed decisions and empowerment to make meaningful contributions to university and local community.

### **Core Values (1 of 5: Created Spring 2013 and edited in 2021)**

Accountability:

In our community, we believe we share a set of common values. We work together as peers and as a community to support each other and hold each other accountable according to University standards, council standards, and each chapter's standards and values.

### **Learning Outcomes (1 of 7: Created Spring 2013 and edited in 2021)**

Accountability Learning Outcome:



The members of WIU Greek community will be able to recognize what accountability means to themselves, their chapter, their council, and the greater community and apply it into their daily actions.

### **Event Registration and Risk Manager Roundtable**

All fraternities/sororities are to be in compliance with their international policies for the distribution of alcohol. Before hosting an event, at the start of each semester, the President, Risk Manager, and Social Chair(s) of each chapter will attend the FSL Risk Management Round-table. If a chapter does not participate and/or complete the FSL Social Event Management Policy Training, they will not be allowed to host an event with alcohol until they complete the necessary steps with the Fraternity & Sorority Life Risk Management Committee.

### **ENV- 4**

### **Fraternity & Sorority Life Educational Presentations**

Chapters can request a program from the FSL staff on any of the following topics: Academic Success, Sexual Violence Prevention, Hazing Prevention, Mature Alcohol Management, DEI, and Mental Health & Wellness.

### **Fraternity & Sorority Life Chapter Accreditation Process**

The purpose of the Western Illinois University Fraternity and Sorority Life Chapter Accreditation Program is designed to gather information about the excellent work our community is doing. The information gathered will be immensely valuable. First, this will give our council leadership and staff that support the community important information to develop more intentional programs, workshops, and opportunities to help each chapter continue to improve. Second, it is our hope that this program will provide a spark to help each member, chapter, and council continue to elevate themselves to new heights. Wellness & Safety is one of the required components. Chapters must host a presentation on this topic each semester and submit their Crisis & Risk Management Plans to our office.

### **Hazing Prevention**

National Hazing Prevention Week consists of educational and social programs that highlight the dangers associated with hazing, including the forced consumption of alcohol. Each member must also sign an anti-hazing form before joining the FSL Community.

### **\*IND 21**

## **G. Office of Public Safety**

### **1. Fatal Vision Goggle Demonstration**

OPS provides demonstrations using Fatal Vision Goggles upon request. Officers utilize the goggles and a golf cart to demonstrate the concept of impairment and the risks of driving while impaired. Officers assist with hall programs and collaborate with the Alcohol & Other Drug Resource Center to conduct these demonstrations.

**\*IND 1, 18**

### **2. Alcohol and Other Drugs Presentations**

The Office of Public Safety developed a PowerPoint presentation entitled “Staying Safe on Campus and Beyond” that is presented during segments of the University 100 course, upon request. This elective course is for all incoming freshman & transfer students attending the university. Various officers within the department completed ten programs.

Topics covered during this program include personal safety, sexual assault laws/awareness, alcohol/drug policies/laws/safety tips/etc. Seven programs related to alcohol and/or other drugs awareness were done for students involved in Greek life, as well as for students residing on campus in residence halls. In addition, roughly fourteen personal safety presentations were provided to a similar audience. Many of those personal safety presentations include discussion on alcohol and substance abuse/safety, as with the University 100 presentations.

**\*IND 4,5**

### **3. Western EMS**

Western EMS is a professional, volunteer, non-transport Basic Life Support (BLS) Service. Members provide direct patient care to the Western Illinois University population and visitors to the campus. Western EMS personnel must complete rigorous training, continuing education, and evaluation programs to be eligible for membership. Members are selected based on experience, leadership, dedication, service and professional performance. Please see the table for information regarding alcohol related incidents.

	Fall 2022	Spring 2023	Fall 2023	Spring 2024
Ambulance transport- ETOH Chief Complaint	6	4	5	0
EMS Alcohol Evaluations	6	3	13	8

### **4. DUI Simulation**

Western EMS hosts a mock DUI each spring semester in April. Please follow the link for additional information: [http://www.wiu.edu/vpas/public\\_safety/wems/mockdui.php](http://www.wiu.edu/vpas/public_safety/wems/mockdui.php).

The intent of this demonstration is to show the dangers of driving under the influence of alcohol or other drugs. The event is open to the public and is geared towards high school and university students.

**\*IND 7**

### **5. RAD Classes**

The Rape Aggression Defense System (RAD) self-defense class for women is offered on campus. Three certified officers teach the free course to students, staff, community members, and visitors to campus. The topics covered include avoiding victimization, patterns of date rape encounter, basic principles of defense, full-speed hands-on exercise, and dynamic simulation training. Alcohol education is presented throughout the class. RAD Classes are offered at least one time per semester.

**\*IND 14**

## **H. Other Alternate Activities**

### **1. Late Night Programming**

The Office of Student Engagement and Student Recreation Center provides numerous late night/alternative alcohol-free activities with collaboration and assistance from the Alcohol and Other Drug Resource Center as appropriate. Activities that are provided are listed below and are scheduled on multiple days of the week in the evening as an alternative to alcohol use. Funding is provided by student fees to support various events.

The list of the activities provided during Fall of 2022 - Spring of 2024 provided by the Office of Student Activities can be found in **Appendix E**.

**\*ENV 2**

## **V. Athletics**

### **1. Student Athlete Handbook**

The Athletic Department produces a yearly Student Athlete Handbook, which includes a Drug and Alcohol Policy, Drug Testing Protocol and Alcohol Abuse Policy. At the beginning of each academic year, every student-athlete is educated on the Athletic Department's Alcohol and Drug Policy and its expectations. The student-athletes are educated on what drugs are banned by the NCAA for that particular year. The department advises student-athletes to communicate with licensed athletic trainers on all medicines, supplements or prescriptions they may be using.

**\*IND 1, 14, 18**

## **Drug Testing**

WIU athletics is involved in two types of drug testing programs, the WIU institutional program and the NCAA drug testing program. The institutional drug testing program occurs 1-2 times per semester or 2-4 times each academic year, and the NCAA drug testing program occurs annually per the NCAA and Drug Free Sport (provider of NCAA drug testing programs). The institutional program involves randomly testing student-athletes from all sports, whereas the NCAA program commonly chooses Football and Baseball student-athletes for testing. See the table below for testing statistics.

	Number of student athletes tested	Positive tests with AOD referrals
WIU Fall 2022	0	N/A
NCAA Spring 2023	26	1 positive test/No AOD referral
WIU Spring 2023	0	N/A
WIU Fall 2023	29	2 positive tests/2 AOD referrals
WIU Spring 2024	24	0 positive tests

**\*IND 27**

## **VI. Academics:**

### **A. First Year Experience**

#### **The First Year Experience (FYE) Program Synopsis:**

**The goal of WIU's FYE Program is to create an environment where first year students can develop the habits they need for success.** We support student success through a community of faculty and staff who understand and respond to first year student needs in a timely and intentional manner. To do so, we must identify where students are at risk of not succeeding and/or retaining and provide necessary resources to address these risks. For our first year students, getting involved and forming meaningful connections to Western Illinois University is an indicator of retention. At the heart of WIU's FYE Program is the support for students to build habits and relationships for success.

#### **1. Goals**

**The WIU FYE Program will:**

**Goal 1:** Create an environment where first year students will experience academic, personal, and professional success.

**Goal 2-** Identify where first year students are at risk of not succeeding and/or retaining and identify or create necessary resources.

**Goal 3:** Provide first year students the opportunity to form meaningful connections to Western Illinois University.

**Goal 4a:** Create and make available support for first year students in the form of resources and policies;

**Goal 4b:** Educate first year students about created resources and policies, emphasizing their value and how to access;

**Goal 5:** Establish a community of faculty and staff who understand and respond to first year student needs in a timely and intentional manner.

The First Year Experience was reviewed and revised during the academic year 2018-2019, and implemented in Fall 2019. The FYE program has three courses, UNIV 100, UNIV 102, and a general education or pre-professional “Y” course. The “Y” course and UNIV 100 are taken in the student’s first semester.

“Y” is a course that all first-year students take- it is a graduation requirement- and it is a small (approx. 20 students) course that is comprised of only first year students and taught by a faculty member who is experienced in FYE and first year student issues. It is either a general education or pre-professional course in a student’s major.

University 100 is a course designed to help the students make a successful transition to the university, and help students learn to live well focusing on the various dimensions of the wellness including emotional, physical, social/civic, and intellectual wellness, and help students to engage and become active and successful students.

University 102 is a course for first year students on academic warning or probation after their first semester at WIU. It is an 8-week course. In this course, instructors assist first-year students who do not hold a positive academic status in creating and implementing a plan to address barriers to academic competency, develop support networks, formulate academic success strategies, and utilize campus resources to reach good academic standing.

## **2. Programs/Initiatives**

Each week in UNIV 100, one of the dimensions of wellness is focused upon in the course. The FYE program dedicates one week each semester (or one full class in an 8-week section) to the course topic “Drugs, Alcohol, and Sexual Health,” which includes AOD Awareness, and a careful look at students and drugs, alcohol, and addictive behaviors. We also cover a week (or one full class in an 8-week section) of Campus Safety, where personal safety, violence, and

conflict resolution are addressed and we discuss alcohol and drug use in relation to campus safety. The UNIV 100 course instructors have the freedom to cover topics differently but they all cover these topics.

Some of the engaging ways instructors cover this topic include:

- a. All FYE faculty, instructors, and peer mentors have access to resources for the course, including the following:

### **Student Resources Guide:**

We have listed live links for “Beu Health Center” and “Alcohol and Other Drug Resource Center” under “Health and Wellness.”

In the FYE Teacher Resource Westernonline site, we also have a separate PowerPoint created using the materials provided on the [AOD WIU website](#). This is updated annually, to ensure accuracy.

### ***Books/Articles:***

- Welsh JW, Shentu Y, Sarvey DB. Substance Use Among College Students. Focus (Am Psychiatr Publ). 2019 Apr;17(2):117-127. doi: 10.1176/appi.focus.20180037. Epub 2019 Apr 10. PMID: 31975967; PMCID: PMC6527004.
- Burggraf Riley, J., Durbin, P., D’Ariano, M., Johnston, L. D., O’Malley, P. M., Bachman, J. G., & Schulenberg, J. E. Under the Influence: Taking Alcohol Issues Into the College Classroom (2008).
- Johnston, L. D., O’Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (2008). Monitoring the Future: National Survey Results on Drug Use, 1975 – 2007. Volume II: College Students and Adults Ages 19-45. (NIH Publication No. 08-6418B). Bethesda, MD: National Institute on Drug Abuse.
- Wechsler, H., & Nelson, T. F. (2008). What We Have Learned from the Harvard School of Public Health College Alcohol Study: Focusing Attention on College Student Alcohol Consumption and the Environmental Conditions that Promote It. *Journal of Studies on Alcohol and Drugs*, 481-490.

### ***Electronic Sources:***

- **SUBSTANCE ABUSE IN COLLEGE: Recognizing, Understanding and Combatting Alcohol & Drug Abuse on Campus**
- **College Student’s Guide to Avoiding Drug and Alcohol Abuse**
- **Interactive Games (making good choices)**

- o <http://www.usnews.com/education/best-colleges/articles/2015/08/18/interactive-games-help-address-drinking-sexual-assault-in-college>
  - o <http://www.andrew.cmu.edu/course/53-610/profile.html>
  - National Institute on Alcohol Abuse & Alcoholism
    - o <http://www.collegedrinkingprevention.gov/>
  - National Clearinghouse for Alcohol and Drug Information
    - o <http://www.samhsa.gov/>
- b. Having the AOD Resource Center present to the class. Many of our instructors invite in individual campus offices to speak directly with students.
- c. Instructors also may cover the information related to AOD in various engaging ways based on their understanding of the students in that particular course. UNIV 100 instructors are strongly encouraged to tailor the materials presented to the students in that section. (This happens in UNIV 102 as well, in response to individual student needs).

In **Appendix F**, there is a description of the FYE program.

**\*IND 14, 18**

**Course Listings:**

**Curriculum:**

The following courses are available at the undergraduate and graduate levels. They include courses related to alcohol and substance abuse and associated risk factors, treatment, and social development. The Department of Psychology offers a psychology of substance abuse course sequence that students interested in addiction can take. This course sequence allows interested students to pursue academic coursework in preparation for Certification as an Alcohol and Drug Counselor (CADC) in Illinois.

**1. Undergraduate Courses:**

**African American Studies**

**251 Social Problems of Black Americans. (3)** A sociological investigation of such problems as crime and delinquency, racism, mental illness, drug use, alcoholism, and poverty. *Prerequisite: sophomore standing or consent of instructor.*

**Chemistry**

**263 Introduction to Pharmacology. (3)** This course introduces the students to the basic concepts of pharmacology and the major categories of pharmacologic agents, and explores the

myths and facts about vitamins, nutritional supplements, and common herbal medicines.

*Prerequisites: either BIOL 101 or ZOOLOGY 200 or ZOOLOGY 330; and either CHEM 102 or CHEM 330.*

**264 Pharmacy Methods. (3)** This course is designed as an aid for students who plan a career in Pharmacy. The course describes methods used in Pharmacy, including receiving and processing prescriptions, drug calculations, dosage and formulations, Pharmacy law, and inventory control.

*Prerequisite: CHEM 263 or permission of the instructor.*

**363 Rational Drug Design. (3)** The course emphasizes the process of drug development, identification of drug targets, and their introduction into clinical practice. Basic principles of target identification and validation, chemical libraries and screening, receptor mechanisms and receptor targeting, ligand-based drug design are discussed. *Prerequisite: CHEM 332*

**463 Advanced Pharmacology. (3)** This course introduces the students to the chemical aspects of drug-receptor interactions, pharmacokinetics, and pharmacodynamics of major categories of pharmacologic agents. Not open to students who have credit for PSY 444. *Prerequisites: CHEM 421 and either ZOOLOGY 331 or ZOOLOGY 430; or NURS 310 and permission of the instructor.*

**440 Elementary Forensic Techniques. (4)** Applications of chemical principles to analysis of crime scene physical evidence including serology, drugs, explosive residues, arson debris, papers and inks, paint, and DNA fingerprinting. State-of-the-art techniques and instrumentation are used. *Prerequisite: CHEM 221 or 330 or permission of instructor. 3 hrs.; lect.; 3 hrs. lab.*

**452 Forensic Toxicology. (4)** Designed primarily for Forensic Chemistry majors. Applications of pharmacological, toxicological, and instrumental methods used in forensic investigations of death, poisoning, and drug use. Cannot be applied toward the Chemistry minor. *Prerequisite: CHEM 332 and 341. 3 hrs. lect.; 3 hrs. lab*

### **Dietetics, Fashion Merchandising, and Hospitality**

**150 (formerly FCS 204) Introduction to Hospitality Management. (2)** A review of the history, growth, and development of hospitality services including an exploration of career opportunities in contemporary hospitality operations.

**256 (formerly FCS 462) Bar and Beverage Management. (3)** Principles of beverage science, mixology; bar and beverage management including controlling personnel, purchasing, inventory, and equipment; and legal issues related to clientele. *Prerequisites: FCS 150 and 21 years of age. Field trips will be required.*

### **Health Sciences**

**120 Personal Health Promotion. (2) (General Education/Human Well-Being)** Designed to enhance students' physical, intellectual, emotional, social, and spiritual health, which will enable them to pursue their college and life goals more effectively.



**123 Drug Use and Abuse. (2) (General Education/Human Well-Being)** A comprehensive and in-depth study of the use and abuse of drugs in our society.

**321 (Cross-listed with WS 321) Women's Health. (3)** Provides information about how women can improve their chances of achieving and maintaining high-level wellness. Among the topics included are: prevention, early detection and treatment of health problems commonly occurring among women, contraception, pregnancy and childbirth, using the medical care system, and mental health. *Open to male and female students. Not open to students with credit in HE 321. Prerequisite: junior standing*

**442 Drug Education in the Home, School, and Community. (3)** Concepts of drug education with emphasis placed on preparing the student in content, resources, procedures, and philosophy of home, school, and community drug education. *Prerequisites: HE 123 (or its equivalent) and senior standing, or permission of instructor.*

**450 Health Promotion Workshop. (1, repeatable to 2 with change in topic)** Designed to provide new and updated information relative to current health issues confronting the health promotion professional. *Prerequisite: senior standing or permission of instructor.*

**450 School Health Workshop. (1, repeatable to 2 with change in topic)** Designed to provide new and updated information relative to current health issues confronting the school health professional. *Prerequisite: senior standing or permission of instructor.*

## **Nursing**

**326 Pharmacology I. (3)** This course introduces the pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education. *Prerequisite: NURS 310.*

**327 Pharmacology II. (2)** This is the second course in a two course series and continues the discussion of pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education *Prerequisite: NURS 326.*

**328 (Formerly NURS 423) Mental Health Nursing. (3)** Students provide nursing care for clients from childhood through old age with acute and chronic needs related to mental health. Clinical experiences will occur in various settings. *Prerequisite or Corequisite: NURS 322.*

**405 Nursing and the Community. (4)** This course focuses on understanding and practicing public health and community health nursing, including epidemiology, client system, health behavior, health accommodation, stress and adaptation, and levels of prevention, immunizations, home care, clinics, and community agencies. A clinical component course. *Prerequisite: NURS 408.*

**410 Public Health Nursing. (3)** This course focuses on understanding population-based nursing care and public health nursing concepts including the role of public health nurses, levels of prevention, population based education, epidemiology, family-based care, immunizations, and specialty areas of population-based care. *Prerequisite: NURS 408. Corequisite: NURS 422.*

**433 Community Mental Health Nursing. (3)**Explores population-specific mental health issues including access, treatment modalities, and follow-up, and drug and alcohol abuse in the context of community health nursing. A clinical component course. *Prerequisite: NURS 328 or permission of program director.*

## **Psychology**

**100 Introductory Psychology. (3) (General Education/Social Sciences)** An introduction to psychology including methods, theory, and data regarding the study of behavior. Topics include biological, social, learning, personality, motivation, and abnormal behavior.

**250 Human Social Behavior. (3) (General Education/Social Sciences)** An introduction to the influences of social factors on behavior. Topics include helping, aggression, interpersonal attraction, attitudes, prejudice, and behavior in groups. *Prerequisite: PSY 100 or permission of instructor.*

**251 Personality and Adjustment. (3) (General Education/Social Sciences)** An introduction to the study of personality and its relation to human behavioral adjustment emphasizing such topics as relating to others, stress management, needs, values, and self-esteem. *Prerequisite: PSY 100 or permission of instructor.*

**334 Perspectives on Substance Abuse. (3)** This course is designed to provide students with a usable framework regarding the nature of substance abuse and dependence. Students will explore various perspectives on substance use, as well as current issues in its diagnosis and treatment. *Prerequisites: PSY 100 and 251, or permission of instructor*

**335 Substance Abuse Assessment, Education and Case Management. (3)** This course is designed to provide an understanding of the roles of assessment, education, and case management in substance abuse treatment settings. *Prerequisite: PSY 334.*

**336 Ethics and Special Populations in Substance Abuse Treatment. (3)** This course is designed to familiarize students with relevant ethical and practice guidelines in substance abuse treatment, as well as with issues vital to effectively working with diverse populations. *Prerequisites: PSY 100 and 251.*

**427 Health Psychology. (3)** Examines how psychological theory and research have been used to study the behavioral, psychological, and social factors that affect physical health. Topics include how social scientists study coping with stress, pain, illness management, and prevention of unhealthy behaviors. *Prerequisites: PSY 251 and 223, or permission of instructor.*

**434 Substance Abuse Treatment Approaches and Techniques I. (3)** This course is designed to provide an introduction to basic therapy and counseling skills that are utilized in the treatment of substance abuse, as well as current brief therapy approaches. *Prerequisite: PSY 334.*

**435 Substance Abuse Treatment Approaches and Techniques II. (3)** This course is designed as an extension of Substance Abuse Treatment Approaches and Techniques I. Through more extensive examination of theory, research, and practice, students will be provided with information that guides the understanding and treatment of substance abuse problems. *Prerequisite: PSY 434.*

**436 Substance Abuse Practicum. (3)** This practicum will provide an opportunity for students to develop their individual and/or group substance abuse assessment and treatment skills through supervised work in a treatment center. *Prerequisites: PSY 336 and 435, or permission of instructor.*

**444 Biopsychology of Drugs and Addiction. (3)** A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use.

### **Social Work**

**331 Social Work and Addictions. (3)** An introduction to addictions and their effects on individuals, families, and society. Current theories, treatments, and social work roles and functions will be studied. *Prerequisite: junior standing or consent of instructor.*

### **Sociology**

**200 Contemporary Social Problems. (3) (General Education/Social Sciences)** An investigation of problems pertaining to group conflict, race relations, crime, family disorganization, and other significant aspects of contemporary society. *Prerequisite: SOC 100 or consent of instructor. IAI: S7 901*

**255 Deviant Behavior. (3)** An analysis of research findings and theories relating to a variety of forms of “deviant behavior.” *Prerequisite: SOC 100 or consent of instructor.*

**424 Sociology of Mental Health. (3)** A survey of the history, causes, treatment, and effects of mental illness in the U.S. with emphasis on sociological factors such as social class, race, definitional process, etc. *Prerequisites: SOC 100 and one additional Sociology course, or consent of instructor.*

### **University Courses**

**100 Personal Growth in Higher Education. (1)** This course provides first-year students with an introduction to social, intellectual, personal, and physical wellness as they relate to college-level success. *Credit cannot be given for both UNIV 100 and CSP 110. Prerequisite: Freshman standing with fewer than 24 s.h. earned, or permission of University Course Coordinator*

## **2. Graduate Studies Programs:**

## Chemistry

**452G Forensic Toxicology and DNA Analysis. (4)** Designed primarily for Forensic Chemistry majors. Applications of pharmacological, toxicological, and instrumental methods used in forensic investigations of death, poisoning, and drug use. Cannot be applied toward a Chemistry minor. *Prerequisite: CHEM 332 and CHEM 341.*

## College Student Personnel

**533 Special Problems in College Student Personnel. (1–3, repeatable to 6)** Designed to provide a group of students an opportunity for further professional growth and to apply problem-solving approaches in dealing with a specific educational problem. *Prerequisite: CSP major*

**550 Legal Issues for Professionals in College Student Personnel. (3)** A study of the complex problems of law and ethics as they influence the field of college student personnel and the student affairs professional's role. *Prerequisite: CSP major*

**555 Counseling Theories and Practices for College Student Personnel. (4)** An examination of the major theories of counseling, the development of basic counseling skills central to, and for use in, college student personnel settings. *Prerequisite: CSP major.*

**560 Student Characteristics and College Impact. (3)** Characteristics of college students, focusing on the needs of the diverse student populations on today's college campuses, will be examined. The impact of college on students, including factors related to retention and attrition and the differential impacts of college on various student populations, will also be explored. *Prerequisite: CSP major or permission of instructor.*

## Counselor Education

**551 Counseling for Addictions. (3)** Principles and practices of addiction prevention and counseling with special application to the functions of counselors.

## Kinesiology

**559 Sport Psychology. (3)** A survey of the theories and research related to sport psychology. Includes the study of individual differences, motivation, and social influence processes in sport settings.

## Psychology

**444G Biopsychology of Drugs and Addiction. (3)** A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use. *Prerequisite: PSY 343, or BIOL 103, or HE 123, or HE 442, or graduate standing, or permission of the instructor.*

**523 Social Bases of Behavior. (3)** Survey of empirical research and theories on the psychological processes related to interpersonal behavior, focusing on topics such as attitude change, social influence, and prosocial behavior.

**596 Approaches to Substance Abuse Diagnosis and Treatment. (1)** Students will become aware of the multiple theoretical viewpoints available to understand human substance abuse, as well as the variety of treatment approaches available for addressing these difficulties. Emphases will be placed upon maintaining appropriate scientific skepticism regarding current cultural and professional viewpoints, as well as appreciating the importance of understanding the challenges inherent in the dually diagnosed. *Prerequisites: Permission of the instructor.*

## **VII. Campus and Community Coalitions:**

### **McDonough County Community Quality of Life Advisory Committee**

The McDonough County Community Quality of Life Advisory committee, comprised of a wide cross-section of leaders, works to promote and support efforts to further the excellence of the community. Through engagement with all stakeholders, the committee works collaboratively toward the safety, security, and personal wellness of our community members. We believe that by promoting these ideals we will help in the preservation of the dignity and worth of all in our community.

**\*ENV 20**

## **VIII. Alcohol and Other Drug Assessments and Evaluations:**

### **A. Illinois Assessment of College Substance Use Behaviors Survey**

Western Illinois University has participated in the Core Institute's Alcohol and Other Drug Survey since its inception in 1989. Between the 2022 and 2024 reporting years, the CORE Survey was moved to Eastern Illinois University as the Illinois Assessment of College Substance Use Behaviors (IACSUB) Survey. The Illinois Assessment of College Substance Use Behaviors Survey is to determine the current incidence and prevalence of alcohol and other drug use on Illinois 2 and 4-year college campuses and includes students' perception of others' use, perceptions of risk related to use, beliefs regarding use, negative consequences associated with use, experiences of secondhand effects of others' use, experiences of physical and sexual violence, and the relationship of alcohol and other drug use to campus climate issues. The survey provides information to assist with the development of policies and future prevention initiatives. The IACSUB survey was administered in Spring 2024 with approximately 540 students completing the survey. The 2024 IACSUB Survey report was not available at time of publication.

**IX. Enforcement Data:**

**A. Public Safety**

Total liquor and drug law arrests and liquor and drug law referrals

	Fall 2022- Spring 2023	Fall 2023- Spring 2024
OPS Alcohol Charges (including DUIs)	18	28
OPS Drug Charges	2	10
OPS Alcohol Judicial Referrals	3	9
OPS Drug Judicial Referrals	2	16
Total Alcohol Infractions	21	37
Total Drug Infractions	4	26

The OPS alcohol and drug charges consist of the total state and city charges for the various alcohol and drug offenses. The OPS alcohol and drug judicial referral information consists of total student judicial referrals issued for various alcohol and drug offenses. Information was provided from each fiscal year (2022-2023) and (2023-2024).

**\*IND 27, ENV 11, 24**

For further detailed information on the Office of Public Safety the Annual Security Report, covering the years 2022-2023 & 2023-2024, can be found in **Appendix G** of this report.

**B. Code of Student Conduct Violations**

The Student Rights and Responsibilities Office collects data on the number of violations of the Code of Student Conduct in relation to Drug and Alcohol policies in the 2022-2023 and 2023-2024 academic years. Below is a breakdown of the number of students who went through the conduct process for any violation involving drugs or alcohol per year. The data is further separated by the convening authority of the violation.

**2022-2023**

Code	Description	UHDS	SRR
20-1	Using, possessing, manufacturing or distributing any controlled substance: cannabis	104	28
20-2	Other controlled substances	1	0

20	Using, possessing, manufacturing or distributing any controlled substance	5	0
20b	Drug paraphernalia	7	10
21	Using, possessing, manufacturing or distributing alcoholic beverages	47	36
21c	Dispensing, selling or supplying alcohol	0	2
21d	Hosting a gathering with unlawful use of alcohol	0	0
4d	Driving while under the influence of alcohol, cannabis, or other controlled substances	0	1
21a	Action requiring intervention relating to alcohol	0	0

**2023-2024**

Code	Description	UHDS	SRR
20-1	Using, possessing, manufacturing or distributing any controlled substance: cannabis	97	60
20-2	Other controlled substances	7	3
20	Using, possessing, manufacturing or distributing any controlled substance	7	3
20b	Drug paraphernalia	12	3
21	Using, possessing, manufacturing or distributing alcoholic beverages	56	51
21c	Dispensing, selling or supplying alcohol	0	1
21d	Hosting a gathering with unlawful use of alcohol	0	1
4d	Driving while under the influence of alcohol, cannabis, or other controlled substances	0	12
21a	Action requiring intervention relating to alcohol	1	0

**X. Summary:**

The current report format and information was adapted after receiving feedback from the Illinois High Education Center for Alcohol, Other Drug and Violence Prevention (IHEC). The Director of Beu Health Center and the Prevention Coordinator of the Alcohol and Other Drug Resource Center met to evaluate strengths and weaknesses of Western Illinois University's current alcohol and other drug abuse prevention efforts. The following is a summary of what was found.

**A. Strengths**

Western Illinois University administration continues to be committed to reducing risks associated with alcohol and other drug use on campus. This continues to be part of the university strategic plan for 2022-2027 as well as Student Services' goals.

The Alcohol and Other Drug Resource Center continues to be a resource for alcohol and other drug intervention. The AOD Resource Center successfully completed its Department of Human Services Division of Alcoholism and Substance Abuse licensure inspection in January of 2018. In an effort to continue to educate Western students, the AOD Prevention team works hard to continue current prevention efforts and seeks new ideas and collaborations with departments across campus. This led to the creation of new events such as Think B4U Drink, where AOD partnered with OPS, SDSC, Beu Health Center, and Western EMS to educate students on safe choices around Halloween.

Western Illinois University's First Year Experience (FYE) continues to provide opportunities to reach new university students. As part of FYE, the University 100 course is designed to help students make a successful transition to the university and help them learn to live well as a student, which includes discussion on alcohol and other drugs topics. Health Education participates in many of the University 100 classes during the alcohol and other drugs topic week at which time they present their Alcohol 101 presentation. The FYE program in conjunction with University Housing and Dining (UHDS) also sponsors events the first five weeks of the fall semester. Several of these events allow Health Education to educate students on alcohol and other drugs.

Upon review of types of student judicial cases involving marijuana, new sanctions were put in place and enforced in collaboration with University Housing and Dining, Student Rights and Responsibilities, AOD Resource Center, and University Administration. These measures lead to early identification and resource utilization.

**B. Weaknesses**

Higher Education funding continues to be an issue in the State of Illinois. Furthermore, WIU has lost leaders due to attrition and restructuring. Some key positions have gone unfilled or filled on an interim basis leading to a lack of resources on campus.



Program assessment is imperative in order to determine if the alcohol and other drug programs on campus are effective, as evidenced by the increase in alcohol-related judicial cases that resulted in violations. While the Alcohol and Other Drug Resource Center continues to implement program evaluation, new ways to encourage student evaluation should be sought.

### **C. Recommendations for Revising AOD Programs**

#### **Recommendation 1: Conduct a more in-depth Alcohol/Drug Policy Review**

Alcohol and Other Drug policies must be reviewed on a regular basis to ensure they are both reasonable and enforceable. Western Illinois University has numerous policies pertaining to alcohol and other drugs in many different handbooks and policy manuals. It is recommended that all policies pertaining to alcohol and other drugs be reviewed in more detail to ensure they are current, reflect best practices and are consistently enforced.

#### **Recommendation 2: Assess Existing Programs for Evidence of Effectiveness**

The alcohol and other drug prevention program encompasses all of Western Illinois University's campus. A comprehensive program inventory should be conducted to identify and characterize existing programs based on College AIM Matrix and current best practices in higher education. Programs that include risk reduction and alternative activities should be included. These programs can then be evaluated to determine their effectiveness and how they may fit into a comprehensive risk reduction plan.

#### **Recommendation 3: Continue to Implement Effective and Relevant Late Night and Alternative Activities for Students**

Western Illinois University should continue to offer effective and relevant late night and alternative activities for students. Budget concerns have caused funding for such activities to decrease over the last few years. It is imperative to offer students safe forms of engagement especially since WIU is located in a rural area without many options for entertainment. Decline in overall student engagement is a driving factor in programmatic changes and effectiveness.

#### **Recommendation 4: Continue to Search for Innovative Ways for Students to Evaluate AOD Programs**

Program assessment is imperative in order to determine if the alcohol and other drug programs are effective. The AOD Resource Center, now located in the University Counseling Center, should continue to search for new ways for students to evaluate the alcohol and other drug programs on campus. New assessments should, ideally, remove barriers hindering the process and encourage student participation.

# Appendix A - Alcohol Policies

