



WESTERN  
ILLINOIS  
UNIVERSITY

**George Hermann Western Illinois Senior Olympics**

Brophy Hall 221A  
1 University Circle  
Macomb, IL 61455

Non-Profit Organization  
U.S. Postage  
PAID  
Macomb, IL 61455  
Permit No. 489

**Western Illinois  
Senior Olympics**



**2024 “GEORGE HERMANN” WESTERN ILLINOIS  
SENIOR OLYMPICS  
WESTERN ILLINOIS UNIVERSITY  
General Information**

The George Hermann Western Illinois Senior Olympics cordially invites you to participate in the 42<sup>nd</sup> Annual Senior Olympics to be held in Macomb, Illinois on **Friday, April 26 and Saturday, April 27, 2024**. George Hermann founded the Western Illinois Senior Olympics in Fall 1980, organized the first regional games in Spring 1981, and served as the state coordinator for the Illinois Regional Senior Olympics for 23 years. George assisted with and participated in the Western Illinois Senior Olympics every chance he could and will be fondly missed at the games. WIU and the Senior Olympics committee renamed the games in his honor in 2020.

Please spread the word about our games to other Seniors. Information about the games and a downloadable registration form can be found at: [www.wiu.edu/seniorolympics/](http://www.wiu.edu/seniorolympics/)  
Please note there are no significant changes from last year’s games.

**SENIOR OLYMPIC GOALS:**

- Provide you with the opportunity to test your skills in a competitive (yet friendly) arena that will recognize you for your preparation, performance, and continued desire to lead a healthy lifestyle.
- Encourage you to meet new people who have similar goals and interests in hopes of expanding your network of friends.
- Showcase your talents before an audience of fellow competitors, friends and volunteers who will hopefully gain an appreciation for your commitment to lifelong activity and fitness.

**GENERAL INFORMATION:**

1. **Age:**

All participants must be 50 years of age or older as of **12-31-24** to qualify for the Senior National Games. Please be prepared to show proof of age at your first event. (i.e. driver’s license, state ID, etc.).

There will be separate categories for men and women in five-year age groups, as follows:

50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; 100+.

2. **Entries:**

- **THE FINAL DEADLINE FOR ENTRIES IS **FRIDAY, APRIL ,12<sup>th</sup> 2024.****
- **If a T-shirt or Polo Shirt is ordered your entry must be received by **Friday, April, 12<sup>th</sup> 2024.****
- **Please mail your completed entry form to:**

**George Hermann Western Illinois  
Senior Olympics  
Brophy Hall 221A  
Western Illinois University  
Macomb, IL 61455**

- Please direct questions to Tim Piper at **309-298-1820**. If no answer, please contact **309-298-1981**.
- **Your games information packet will be distributed at your first event.**
- Events that can accept only limited participation will be filled by order of entry.
- Any senior athlete residing in the United States is eligible to participate.

3. **Entry Fee and Special Fees:**

- Entry fee is 5\$ for one event or \$10 if you enter two or more events.

- Participants may purchase a T-shirt for \$20.00 or a Polo shirt for \$25.00. Shirts are 50% cotton/50% polyester in sizes from S to XL. (Please add \$1.50 for an XXL shirt.) Shirt orders must be **mailed with your entry form** and received by Friday, **April 12<sup>th</sup>. The shirts will be a new design for 2024!**
- A special fee will be assessed and paid **at the time of the event** for those participating in:
 

<b>Bowling</b> (3 games)	\$ 7.00 (shoes \$1.00)
<b>Golf</b> (9 or 18-holes and shared cart)	\$25.00 green fees* (includes cart)
	*reduced cost for HMGC members

**Please note, golf will start earlier on Friday morning.  
We will be using a shotgun start. Rain date, TBA.**

<b>Miniature Golf</b>	\$5.00
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#### 4. **Awards:**

- Immediately following the completion of an event, ribbons will be awarded to participants (male/female) who finish in 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in each age category. Any ribbons not picked up at this time can be picked up in Brophy Hall 221A the following week.

#### 5. **Equipment:**

- Athletes must provide their own athletic and safety equipment, which must meet NSGA standards. WISO has a limited supply of equipment for certain events such as shot put, discus and disc golf.

#### 6. **Cancellations:**

- Senior Olympic officials reserve the right to cancel any event due to insufficient registration, inclement weather, or dangerous conditions.
- If an event is cancelled, every effort will be made to contact participants prior to the start of the Olympics. If none of the events you signed up for occur, a refund can be issued upon request.
- Some events may be cancelled/postponed by the event chair in the case of inclement weather.

#### 7. **Parking Information:**

On Friday morning, you may park in the metered area east of the Student Recreation Center. On Friday afternoon, you may park in Q-Lot, east of Western Hall. After 5:00 p.m. on Friday and all day on Saturday, you may use any of the parking areas *except* the reserved areas near the residence halls and handicapped parking areas. Parking for disc golf will be east of Sherman Hall.

#### 8. **Meals**

Food may be purchased in the WIU University Union (Qdoba, Chick-fil-a, coffee shop), and around town at various sites like, Subway, McDonald's, Wendy's, Taco Bell, and Burger King, Chick's on the Square, Chubby's, etc.

#### 9. **Housing:**

Housing arrangements will need to be made by the participants directly with the hotel, motel, etc.

- Camper facilities are available at Spring Lake on a first-come, first-serve basis or at Argyle Lake State Park with a reservation (309-776-3422). Both sites have 20-30amp hookups, shower houses and host campers as well as boat rentals, bike and hiking trails, etc.
- Motels in town:
  - WIU-University Union Guest Rooms**, on campus, 309-298-1986
  - Hampton Inn**, 1639 East Jackson St., Macomb, 855-605-0317
  - Super 8 Macomb**, 313 West University, Macomb, 309/836-8888
  - Best Western Macomb Inn**, 1655 E. Jackson, Macomb, 309/836-6700
  - Americas Best Value Inn Macomb**, 1414 W. Jackson St., Macomb, 309/833-4521
  - Quality Inn Macomb**, 1646 N Lafayette St. Macomb, 309-837-2220

**NOTE: George Hermann Western Illinois Senior Olympics strongly recommends that each participant consult his or her doctor in regard to practice, participation, and competition in this program or in any similar physical activity.**

**LOCATION OF EVENTS: See map on next page**

Golf	Harry Mussatto Golf Course – 1215 Tower Rd (North of Macomb off U.S. 67) -	309-298-3676
Bike Race	See map on next page. Meet at Scotland Trinity Presbyterian Church, 14950 N. 900 <sup>th</sup> Road – U.S. 67, (6 mi. south of Macomb)	
Horseshoes	Glenwood Park. Take North Randolph Street to North Hickory Grove Lane and turn right (courts located by the Macomb Country Club entrance)	
Mini Golf	<del>Ball Fore Family Fun Center, 9575 U.S. 136, (3 miles west of Macomb)</del>	<del>309-836-9741</del>
Swimming	<b>New site:</b> YMCA of McDonough County, located at 400 East Calhoun St.	309-833-2129
Bowling	Digger’s College City Bowl located at 123 East Adams St.	309-837-1252
Free Throws	Donald S. Spencer Student Recreation Center - on the WIU campus	309-298-2797
Table Tennis	Donald S. Spencer Student Recreation Center - on the WIU campus	309-298-2797
Track & Field	Hanson Field - on the WIU campus. Please park in Q-Lot	
Disc Golf	Sipolt Memorial Disc Golf Course – 620 W. Adams Street – WIU Campus	

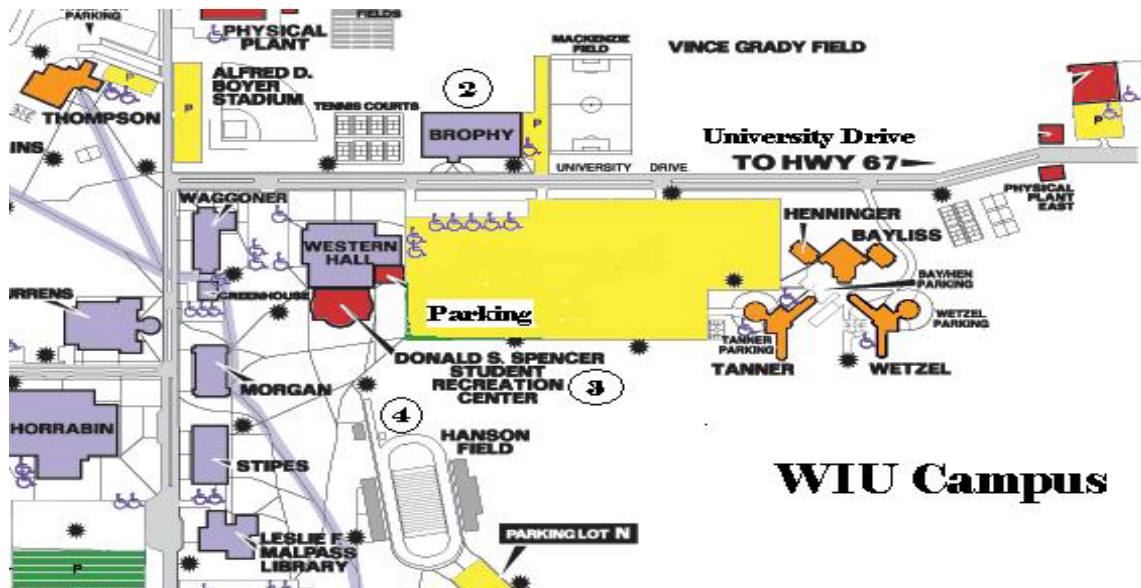


# Western Illinois Senior Olympics



## Senior Olympic Sites

- |  |                               |
|--|-------------------------------|
| 1. Golf - Harry Mussatto Golf Course       | 6. Miniature Golf - Ball Fore |
| 2. Swimming -YMCA Swimming Pool            | 7. Digger's College City Bowl |
| 3. Free Throws - Student Recreation Center | 8. Social -YMCA               |
| 4. Track and Field - Hanson Field          | 9. Biking - Scotland Church   |
| 5. Horseshoes – Glenwood Park              | 11. Disc Golf – Sipolt Course |



**WIU Campus**

**42<sup>nd</sup> ANNUAL**

**GEORGE HERMANN WESTERN ILLINOIS SENIOR OLYMPICS**  
**at Western Illinois University**

The 40th Annual George Hermann Western Illinois Senior Olympics will be held on the campus of Western Illinois University on **Friday, April 26 and Saturday, April 27, 2024**. Participants must be 50 years of age and older and age divisions are set in five-year groups for both men and women. You will only be competing against those individuals in your age group.

The Games Committee must receive entry forms no **later than Friday, April 12<sup>th</sup>, 2024** if a **T-shirt or Polo Shirt is ordered**. The final deadline for all entries is **Friday, April 12<sup>th</sup>, 2024**. ALL information should be enclosed. Please direct any questions to **Tim Piper at 309-298-1820**.

**Please use this page to record the events that you have marked on your entry blank and keep this page for your information.**

**FRIDAY, APRIL 26, 2024**

- 7:30 a.m. \_\_\_\_\_ Golf: 18-Hole Division - WIU Golf Course (Green Fees and cart \$25.00)  
7:30 a.m. \_\_\_\_\_ Golf: 9-Hole Division - WIU Golf Course (Green Fees and cart \$25.00, good for 18 holes)  
10:30 a.m. \_\_\_\_\_ 1 mile bike race  
11:00 a.m. \_\_\_\_\_ 5K bike race (first half of 10K race will be timed for 5K awards)  
11:00 a.m. \_\_\_\_\_ 10K bike race  
Noon \_\_\_\_\_ Horseshoes at Glenwood Park in Macomb  
~~1:00 p.m. \_\_\_\_\_ Miniature Golf at Ball Fore, 9575 U.S. 136, 3 miles west of Macomb (fee \$5 paid at Ball Fore)~~  
1:30 p.m.-3:30pm \_\_\_\_\_ Swimming at YMCA Pool: located at 400 East Calhoun St, Macomb (warm-up at 1:30 p.m.)  
\_\_\_\_\_ 50 Yd. Freestyle \_\_\_\_\_ 50 Yd. Back Stroke  
\_\_\_\_\_ 25 Yd. Freestyle \_\_\_\_\_ 25 Yd. Back Stroke  
\_\_\_\_\_ 50 Yd. Breast stroke \_\_\_\_\_ 500 Yd. Freestyle  
3:30 p.m. \_\_\_\_\_ Bowling at Digger's College City Bowl (fee \$7.00 paid at lanes, \$1.00 for shoes)

**SATURDAY, APRIL 27, 2024**

- 8:00 a.m. \_\_\_\_\_ Free Throws at Student Recreation Center (doors open at 7:30 a.m.)  
8:00 a.m. \_\_\_\_\_ Table Tennis (Singles) at Student Recreation Center  
.  
8:30 a.m. \_\_\_\_\_ Field Events at Hanson Field  
8:30 a.m. \_\_\_\_\_ Discus \_\_\_\_\_ Shot Put  
9:00 a.m. \_\_\_\_\_ Hammer Throw \_\_\_\_\_ Running Long Jump \_\_\_\_\_ Standing Long Jump  
9:00 a.m. \_\_\_\_\_ High Jump \_\_\_\_\_ Softball Throw  
9:30 a.m. \_\_\_\_\_ Javelin-Tentative  
  
10:00 a.m. \_\_\_\_\_ Track Events at Hanson Field  
10:00 a.m. \_\_\_\_\_ 1500 Meter Walk Race  
10:15 a.m. \_\_\_\_\_ 100 Meters  
10:30 a.m. \_\_\_\_\_ 800 Meters  
10:45 a.m. \_\_\_\_\_ 200 Meters  
11:00 a.m. \_\_\_\_\_ 400 Meters  
11:15 a.m. \_\_\_\_\_ 50 Meters  
  
1:00 p.m. \_\_\_\_\_ Disc Golf – Sipolt Memorial Disc Golf Course – 620 West Adams Street  
\_\_\_\_\_ 9-holes \_\_\_\_\_ 18-holes \_\_\_\_\_ Distance

**\*\*\*This is your copy to keep. Use it to list the events you have entered.\*\*\***

**ENTRY FORM--GEORGE HERMANN WESTERN ILLINOIS SENIOR OLYMPICS**  
**April 26-27, 2024**



# Western Illinois Senior Olympics

Please check the events you wish to enter in the **2024** George Hermann Western Illinois Senior Olympics. Be sure to sign the Entry Form and waiver (on back) and enclose entry, entry fee, and T-shirt fees as they apply.

## FRIDAY, APRIL 26, 2024

- 7:30 a.m. \_\_\_\_\_ Golf: 18-Hole Division - WIU Golf Course (Green Fees and cart \$25.00)
- 7:30 a.m. \_\_\_\_\_ Golf: 9-Hole Division - WIU Golf Course (Green Fees and cart \$25.00, good for 18 holes)
- 10:30 a.m. \_\_\_\_\_ 1 mile bike race
- 11:00 a.m. \_\_\_\_\_ 5K bike race (first half of 10K race will be timed for 5K awards)
- 11:00 a.m. \_\_\_\_\_ 10K bike race
- Noon \_\_\_\_\_ Horseshoes at Glenwood Park in Macomb
- ~~1:00 p.m. \_\_\_\_\_ Miniature Golf at Ball Fore, 9575 U.S. 136, 3 miles west of Macomb (fee \$5 paid at Ball Fore)~~
- 1:30pm-3:30 p.m. \_\_\_\_\_ Swimming at YMCA Pool: located at 400 East Calhoun St, Macomb (warm-up at 2:30 p.m.)
  - \_\_\_\_\_ 50 Yd. Freestyle \_\_\_\_\_ 50 Yd. Back Stroke
  - \_\_\_\_\_ 25 Yd. Freestyle \_\_\_\_\_ 25 Yd. Back Stroke
  - \_\_\_\_\_ 50 Yd. Breast stroke \_\_\_\_\_ 500 Yd. Freestyle
- 3:30 p.m. \_\_\_\_\_ Bowling at Digger's College City Bowl (fee \$7.00 paid at lanes, \$1.00 for shoes)

## SATURDAY, APRIL 27, 2024

- 8:00 a.m. \_\_\_\_\_ Free Throws at Student Recreation Center (doors open at 7:30 a.m.)
- 8:00 a.m. \_\_\_\_\_ Table Tennis (Singles) at Student Recreation Center
- 8:30 a.m. \_\_\_\_\_ Field Events at Hanson Field
  - 8:30 a.m. \_\_\_\_\_ Discus \_\_\_\_\_ Shot Put
  - 9:00 a.m. \_\_\_\_\_ Hammer Throw \_\_\_\_\_ Running Long Jump \_\_\_\_\_ Standing Long Jump
  - 9:00 a.m. \_\_\_\_\_ High Jump \_\_\_\_\_ Softball Throw
  - 9:30 a.m. \_\_\_\_\_ Javelin-Tentative
- 10:00 a.m. \_\_\_\_\_ Track Events at Hanson Field
  - 10:00 a.m. \_\_\_\_\_ 1500 Meter Walk Race
  - 10:15 a.m. \_\_\_\_\_ 100 Meters
  - 10:30 a.m. \_\_\_\_\_ 800 Meters
  - 10:45 a.m. \_\_\_\_\_ 200 Meters
  - 11:00 a.m. \_\_\_\_\_ 400 Meters
  - 11:15 a.m. \_\_\_\_\_ 50 Meters
- 1:00 p.m. \_\_\_\_\_ Disc Golf – Sipolt Memorial Disc Golf Course – 620 West Adams Street
  - \_\_\_\_\_ 9-hole \_\_\_\_\_ 18-hole \_\_\_\_\_ Distance

### Please print the following information:

NAME: \_\_\_\_\_ SEX: (circle one) **Male** **Female** AGE: \_\_\_\_\_ (as of 12/31/2020)

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ST \_\_\_\_\_ ZIP CODE \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

### E-MAIL ADDRESS: \_\_\_\_\_

### PLEASE RETURN TO:

SENIOR OLYMPICS  
BROPHY HALL 221A  
WESTERN ILLINOIS UNIVERSITY  
MACOMB, IL 61455

### FEES ENCLOSED

Entry Fee (one event)	\$5.00	_____
Entry Fee (2 or more events)	\$10.00	_____
T-shirt \$ 20 or Polo Shirt \$25		_____

Size - Circle S M L XL XXL\*

(\* T-shirt size (if XXL) add \$1.50)

Shirt Deadline: Friday, **April 12<sup>th</sup>**

Entry Deadline: Received by Friday, **April 12<sup>th</sup>**

Entries will be confirmed only by self-addressed post card, **if included in entry.** Total Enclosed : \$ \_\_\_\_\_

(Please make checks payable to Western Illinois Senior Olympics)

**\*\*\*You must sign the waiver on back and fill in contact information\*\*\*** →

(For office use: A B C D)

### Waiver and Release of All Claims

Please read this form carefully and be aware that in signing up and participating in the George Hermann Western Illinois Senior Olympics, you will be waiving and releasing all claims for injuries you might sustain arising out of your participation in this competition.

### **George Hermann Western Illinois Senior Olympics**

As a participant in the George Hermann Western Illinois Senior Games, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries (including death), damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such competition.

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, agree to waive and relinquish all claims I may have as a result of participating in the competition against the George Hermann Western Illinois Senior Olympic Board, officials, volunteers, and sponsors at all participating sites, the Board of Trustees of Western Illinois University, its officers, agents, servants, and employees from any and all claims from injuries (including death), damages or loss which I may have or which may accrue to me on account of participating in the competition.

I further agree to indemnify and hold harmless and deem the George Hermann Western Illinois Senior Olympics Committee, officials, volunteers, and sponsors at all participating sites, the Board of Trustees of Western Illinois University, its officers, agents, servants, and employees from any and all claims resulting from injuries (including death), damages, and losses sustained by me or arising out of, connected with, or anyway associated with the activities of the program.

### **MEDICAL CONSENT**

In the event of an emergency, I authorize George Hermann Western Illinois Senior Olympics officials and Western Illinois University officials to secure from any licensed hospital, physicians and/or medical personnel any treatment deemed necessary for my immediate care and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above documents concerning the waiver and release of all claims and permission to secure treatment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please Print Name \_\_\_\_\_

**Who should we contact in case of an emergency:** \_\_\_\_\_ **TELEPHONE:** \_\_\_\_\_

### **PHOTOGRAPH RELEASE FORM**

I, \_\_\_\_\_, do hereby give Western Illinois University its assigns, licensees, and legal representatives the irrevocable right to use my name (or any fictional name), photograph, and/or video image in all forms and media (including the Internet) by Western Illinois University, and I waive any right to inspect or approve the finished version(s), including written copy that may be created in connection therewith. I have read this release and am fully familiar with its contents.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Name of your Local Newspaper** \_\_\_\_\_

**Address** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_