



**STUDENT AFFAIRS
101**

Conference

**Western Illinois University
October 18, 2024**

Bloom in the Field of Student Affairs





The College Student Personnel Graduate Program at Western Illinois University is thrilled to welcome you to the 2024 Student Affairs 101 Conference in Macomb, Illinois!

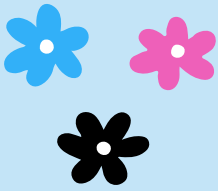
Co-hosted with Eastern Illinois University, Illinois State University, Northern Illinois University, and Southern Illinois University Edwardsville, this conference offers a unique opportunity to explore the field of student affairs and engage with peers from across the region.

Thank you for joining us today.
We can't wait to watch you bloom in the field of student affairs!

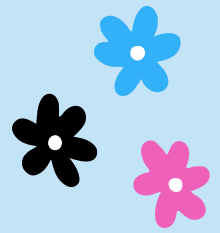
Sincerely,

The 2024 Student Affairs 101 Planning Committee





Accessibility



Gender Inclusive Restrooms

- Located on the 2nd floor of the University Union.

Service Animals

- Under the Americans with Disabilities Act, "Service animals are defined as dogs that are individually trained to do work or perform tasks for people with disabilities," and are allowed to be anywhere the general public has access.
- Emotional Support Animals, by their presence, provide support for emotional or psychological symptoms associated with their handler's condition or disorder. ESAs are not legally protected to be in public buildings, and are not permitted in the University Union.

Wifi

- Connect to WIU-OPEN
- Connect to the open wireless network without providing a username/password.

Need Immediate Assistance?

- Contact the Union Service Center at 309-298-1941

Presenter Lounge

- Presenters may use the *Algonquin Room* to relax, test equipment, practice, or hang out before their session.

Looking for Guidance?

- Ask members of the WIU CSP Graduate Program or the Conference Committee wearing "Ask Me for Help" buttons on their lanyards for assistance.



Conference Schedule

8:00 - 9:00 a.m.	Check-In <i>Grand Ballroom Gallery</i>
9:00 - 9:30 a.m.	Welcome Address <i>Grand Ballroom</i>
9:30 - 10:15 a.m.	Program Session I <i>University Union Rooms</i>
10:30 - 11:15 a.m.	Program Session II <i>University Union Rooms</i>
11:30 - 12:45 p.m.	Lunch & Keynote Speaker <i>Grand Ballroom</i>
1:00 - 1:45 p.m.	Program Session III <i>University Union Rooms</i>
2:00 - 2:45 p.m.	Graduate Panel <i>Sandburg Lounge</i>
2:00 - 2:45 p.m.	Student Affairs Social <i>Grand Ballroom</i>
3:00 - 4:00 p.m.	Graduate Fair <i>Brattain Lounge</i>



Program Sessions

Target Audience Key

U = Undergraduate Students

G= Graduate Students

P= Professionals

*Some titles may be abbreviated for space. Full titles are in the program descriptions.

	Program Session I 9:30-10:15 a.m.	Program Session II: 10:30-11:15 a.m.	Program Session III: 1:00-1:45 p.m.
Capitol Room	It's Giving Care: Care Centered Advising GP	Creating Meaningful Moments GP	Importance of POC and International Professionals in Student Affairs GP
Cardinal/Oak Room	Navigating Your Transition to Grad School U	From Campus Leaders to Student Affairs U	Making the Most of Your Opportunities/Where Do I Go From Here? UG
Fox Room	Getting Involved in Your Undergraduate to Help With Your Future Careers U	IYKYK- But We Didn't UG	Basics on Models of Communication & Interacting with Students GP
Lincoln Room	Targeted Violence Prevention for Student Affairs Professionals UGP	Supporting Students on Academic Probation UGP	Effective Strategies for Managing Work, Life, and Graduate Studies UG
Western Room (Grand Ballroom)	Generational Perseverance in Black People and Importance of Self-Care UGP	Effective Student Programming with Little to No Budget GP	Mastering the Art of Getting Noticed in Higher Education UGP
Board Room	Transferable Skills: How to Identify and Use Them UG	<i>Faculty Roundtable</i>	Compliance with Title VI, Title VII, and Title IX in Student Affairs UGP
Sandburg Lounge	Student Affairs Careers in Community Colleges UGP	The How's & Why's of First Year Experience Classes and Programming UGP	<i>Closed for Panel Setup</i>
Sandburg Theatre	From "Oops!" to "A-Ha!": Simplifying Student Sanctions UGP	Second Language Anxiety & Its Effect on International College Students in the U.S. GP	Create Safe and Accountable Spaces in Office & Your Practice UGP

Program Session 1

9:30 - 10:15 a.m.

It's Giving Care: Care Centered Advising

Do you advise students in your role? Totally. Is empathy in your top 5 strengths, but you're feeling highly burnt out? Relatable. Are you receiving messages from students at 10 pm and not sure if you should respond? Been there. This session aims to centre care while advising students while focusing on self-care. Using data, personal storytelling, and journaling, attendees will have the opportunity to dive deep into understanding how to add a care-first lens to their advising style.



Capitol Room



Arianna Nutile

Entering Your New Era: Navigating Your Transition to Grad School

"I'm in my graduate school era," and now what... The newness of grad school and the accompanying transition can be difficult. As we discover the strategies to succeed, identify the support you need, and understand what grad school might be like, you will learn how to use your strengths to conquer the journey. "Honey, life is just a classroom," and while transitions are difficult, through the lens of Schlossberg Transition Theory, you will learn to be "Fearless."



Cardinal/Oak Room



Tori Layman

Getting Involved in Your Undergraduate to Help With Your Future Careers

Our goal is to highlight how undergraduate involvement can significantly enhance future career prospects across various fields. We will guide you through the process of navigating a career in student affairs, emphasizing how attention to the small details can make a substantial difference. Additionally, we aim to clarify common misconceptions about pursuing a career in student affairs and securing a graduate assistantship.



Fox Room



Dustin Brakebill, Shelby Reams, & I'yauna Brown

Targeted Violence Prevention for Student Affairs Professionals

Targeted Violence Prevention on college and university campuses is of the utmost importance. Please join us in a discussion of the critical role student affairs professionals play in preventing targeted violence. We will explore best practices in a multidisciplinary approach in identification, intervention, and case management of targeted violence.



Lincoln Room



Eric Arnold & Jennie Hemingway

Program Session 1

More Than R.E.S.I.L.I.E.N.T.: Acknowledging the Complexities of Generational Perseverance of Black People and Highlighting the Importance of Self Care

This session will acknowledge generational trauma from historical systemic oppression and stress the significance of routine mental health practices. We will discuss the internal and external challenges of resilience for survival versus self-empowerment. Additionally, we will analyze a timeline of systemic oppression and its effects on Black individuals, including impostor syndrome. Attendees will conclude with a collaborative activity focusing on the power of self-care and affirmations, reminding us that we are all more than resilient.



Western Room



Kianna Graves

Transferable Skills: How to Identify and Use Them

This session aims to help students identify strengths in areas they may not have realized were valuable. The presenter will provide engaging and relevant information related to the field of student affairs today, emphasizing the application of skills from previous jobs and experiences. Attendees will learn how these skills can benefit college students pursuing a career in student affairs, equipping them for success in their future endeavors. Discover your strengths and gain insights that will enhance your professional journey in student affairs.



Board Room



Alex Warrick

Student Affairs Careers in Community Colleges

Despite the field's espoused commitment to social justice and equity, exploring student affairs practice in community college contexts is typically not central to graduate preparation programs. In this session, participants will learn about the important role that community colleges serve in advancing educational equity and the opportunities that exist for student affairs practitioners to support community college students. The presenter will also provide opportunities to compare and contrast the experiences of student affairs professionals across two-year and four-year institutional contexts.



Sandburg Lounge



Marci Rockey

From “Oops!” to “Ah-Ha!”: Simplifying Student Sanctions

Transform negative behavior into a learning opportunity. This session empowers student organization leaders, advisors, professionals, and anyone in a leadership role to create meaningful sanctions that promote genuine growth. Participants will discuss sanctioning experiences, explore effective approaches to violations, and collaborate on educational sanctions. Join us to learn how constructive sanctioning can inspire and motivate students on their journeys.



Sandburg Theatre



Joey Rios & Ashley Bowles

Program Session II

10:30 - 11:15 a.m.

Creating Meaningful Moments

As a student affairs practitioner, you create many experiences that are memorable and meaningful to the members of your organization. Whether big or small, the impact is not always realized in the moment. During this presentation, we'll discuss four types of Meaningful Moments as described in 'The Power of Moments' and how you might cultivate these moments with your organization and through your interactions with others.



Capitol Room



Scott Johansen

From Campus Leaders to Student Affairs

The session will help undergraduate leaders explore how their campus leadership experiences can transform into a professional career in student affairs. The interactive session will allow students to reflect on their skills and how their jobs as resident assistants, event coordinators, peer mentors, orientation leaders, etc. are directly transferable to various roles in student affairs. The session will also emphasize the benefits of pursuing a master's degree in student affairs while gaining practical experience through graduate assistantship and internship opportunities.



Cardinal/Oak Room



Gulmira Abdyrahmanova

IYKYK- But We Didn't

The field of Student Affairs is rich with individuals from diverse backgrounds, and it's crucial to navigate this diversity effectively to ensure that all students feel safe, welcome, and appreciated. Often, we may assume that everyone has the same level of understanding or awareness, which can lead to unintentional oversights. This presentation will explore strategies for fostering inclusivity and understanding in our work, emphasizing the importance of bridging gaps in knowledge and ensuring that every student feels valued.



Fox Room



Kaylann Beekman, Henissa Charles, & Najm Perry

Supporting Students on Academic Probation

This session will highlight the strategies for effectively supporting students navigating academic probation. It will also include barriers that students often face navigating academic probation. Additionally, this session will include information on understanding SAP appeals, withdrawal deadlines, and the importance of working in tandem with academic advisors. Participants will also have group discussions based on student scenarios.



Lincoln Room



Jessica Chatonda

Program Session II

Let's Talk About Bread & How to Make Toast: Effective Student Programming with Little to No Budget

In this session, presenters will share their experiences creating student programming on a shoestring budget. From no funding to grants, Rebecca and Tammie Leigh have developed workshops and interactive programs that enrich students' developmental milestones. Their initiatives include therapy-animal office hours, morning yoga, vision boards, and urban gardening. They will discuss strategies for engaging students in co-curricular learning events, showcasing successful initiatives from their own practices. Additionally, they will offer creative ideas for attracting students to their programs.



Western Room



Tammie Leigh Brown-Edwards & Rebecca Leatherwood

FYE-pardy: The How's and Why's for First-Year Experience Classes and Programming

As more students opt out of college, we find ourselves asking how to keep them involved and entertained. For many, first-year experience (FYE) events and classes are what get them excited and engaged. As professionals and pre-professionals, we need to ensure our students receive the information and entertainment they crave in college. Through this informative and interactive session, you will learn about the importance of these events and experiences and the significance of involvement on campus.



Sandburg Lounge



Kenro Black

Second Language Anxiety (SLA) and Its Effect on International College Students in the United States

This session seeks to explore the effects and impact of Second Language Anxiety (SLA) on the well-being of international students in the United States, targeting graduate students and student affairs professionals. I will combine theories, research findings, personal experience, and interactive discussions to educate my audience on how SLA minimizes Astin's theory and affects the overall mental health of international students. Attendees will leave with practical strategies on how to support students experiencing SLA and implement support systems that can help them thrive holistically in higher education. Join us to enhance your understanding and support for international students.



Sandburg Theatre



Audrey Foriwaa Mensah

Program Session III

1:00 - 1:45 p.m.

From Diversity to Inclusion: The Importance of POC and International Professionals in Student Affairs

The presence of people of color and international professionals is crucial for fostering a diverse, inclusive, and culturally competent environment. This session will highlight the challenges and importance of diverse professionals in student affairs. Participants will explore the unique contributions of POC and international professionals, engage in small group activities to develop inclusion strategies, and participate in a panel discussion with POC and international students. The session will conclude with a Q&A wrap-up, emphasizing the significance of diversity and inclusion in personal, academic, and professional development within student affairs.



Capitol Room



Dyjerlynn Peter & Luis Paniagua

Making the Most of Your Opportunities/Where Do I Go From Here?

This program discusses the decision students face when choosing an institution. Should they branch out to a new place or stay at their undergraduate institution where they have built connections? Both routes can be productive if individuals take steps to broaden their experiences. We will explore the pros and cons of each choice and highlight ways to find professional development resources. We'll spend time together considering what you are looking for in a career and what steps you'll need to take to get there. We aim to guide students in their search for graduate assistantships, internships, and long-term career options.



Cardinal/Oak Room



Dalton Byers & Kat Johns

Finding Harmony: Effective Strategies for Managing Work, Life, and Graduate Studies

Graduate School can be filled with many learning opportunities, exciting career experiences, and making new connections, but it can also be a time when you might feel stressed and overwhelmed. During the transition from undergraduate studies to graduate school, it is essential to manage emotions and find strategies to help you succeed. In this session, the presenters will share personal testimonials on how they are surviving graduate school. The interactive session will provide specific strategies on balancing graduate assistantships, academics, and personal lives through self-care, time management, and telling the truth about what work/life balance really looks like in graduate school.



Lincoln Room



**Danae Miesbauer, Jenny Guzman-Vieyra,
Crystal Camacho, & Ajahnaé Clay**

Program Session III

Communication Matters: Basics on Models of Communication and how they Connect to Interacting with Students

In this session, members will gain a foundational understanding of communication theory and explore various models of communication. Participants will learn to frame their interactions with students through these models, enhancing their effectiveness in fostering meaningful connections. Join us for a crash course on communication tailored for student engagement.



Fox Room



Lucy Ade

ATS 101: Mastering the Art of Getting Noticed in Higher Education

Applicant Tracking Systems (ATS) play a key role in filtering resumes before they reach recruiters. This session will teach future and current student affairs professionals how to create ATS-friendly resumes that stand out. Learn essential tips on formatting, keyword usage, and tailoring your resume for specific student affairs roles. Whether you're starting out or looking to advance, this session will equip you with strategies to navigate the ATS and improve your chances of landing your next opportunity.



Western Room



Mandee Rust

Understand How Compliance with Title VI, Title VII, and Title IX May Be Part of Your Role as a Student Affairs Professional

As student affairs professionals, we serve on BIT teams, bias teams, care & success teams, implement programming, educate, mentor, and supervise students and staff. These activities may also serve as elements of our institution's compliance with federal and state regulations. This session will examine how compliance with Title VI, VII, and IX may be a part of our professional responsibilities.



Board Room



Jennie Hemingway

Be a Rainbow in Someone's Cloud: How to Create Safe and Accountable Spaces in Your Office and Your Practice #BeABetterAlly #CreateWelcomingSpaces

Maya Angelou wrote, "...be a rainbow in somebody's cloud." Oftentimes college is the first time when queer and questioning students have the autonomy to explore their identities. It is the job of student affairs professionals to help create an environment where students can feel supported and comfortable to explore these identities. This session will explore what it means to be an ally and how to create a safe, welcoming, and accountable space in the participants' workspace.

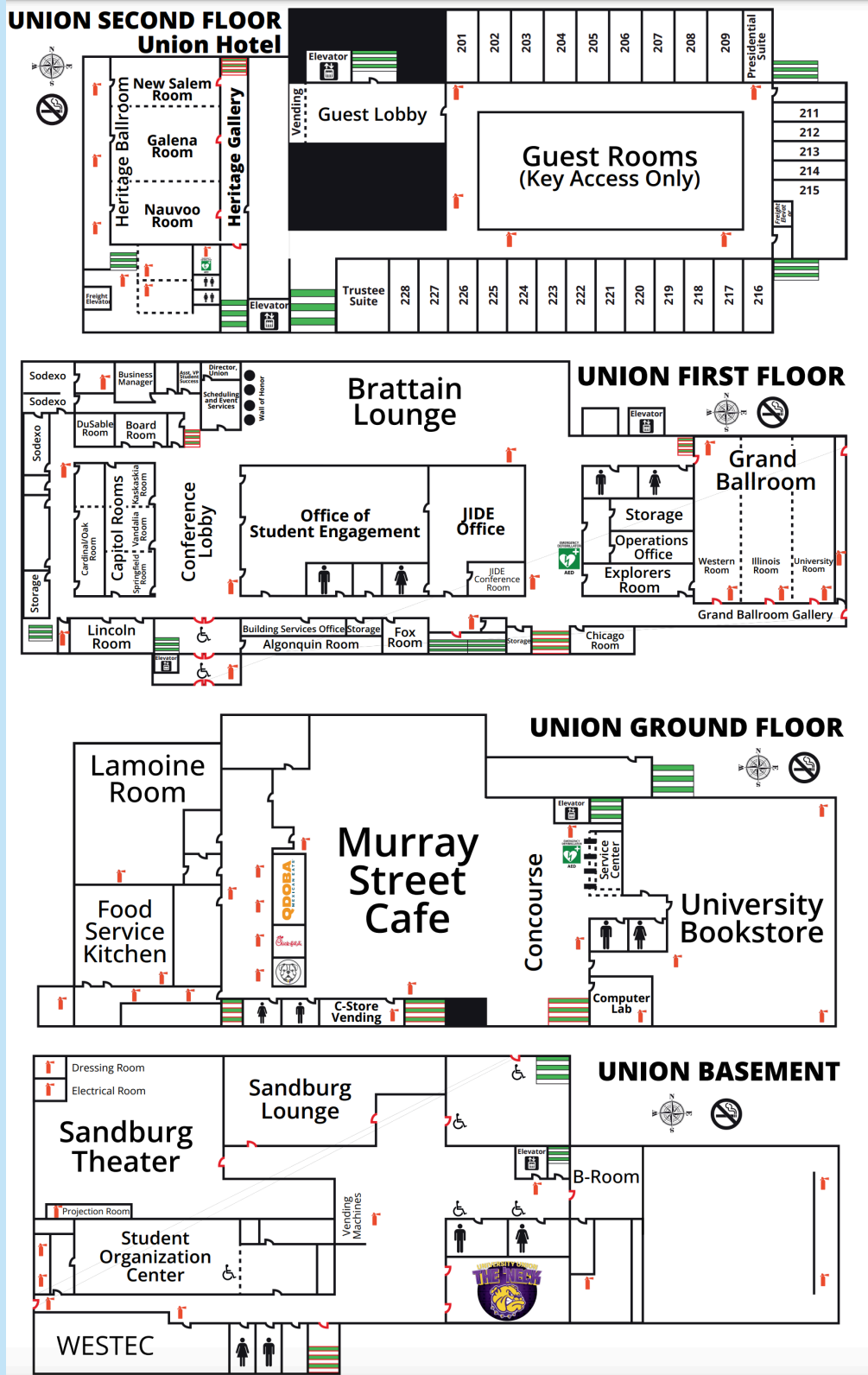


Sandburg Theatre



Kory Honey & Tammie Leigh Brown-Edwards

University Union Map



Keynote Speaker



Dr. MarQuita Barker

Dr. Barker began her position as the **Vice President for Student Development at Knox College** in January 2022. In this role, she serves as the senior student affairs officer. She provides leadership for all aspects of student life, including departments that are responsible for providing programs and services dedicated to student success. She is an advocate for holistic student learning and represents student needs across campus. Prior to joining Knox, Dr. Barker served in roles at Elon University, Old Dominion University, and Hampton University. In her free time, she enjoys reading, sports, and spending time with family.

“Student affairs is one of those professions that people often discover by accident. But many students report that student affairs professionals are just as instrumental in their college journey as faculty. Knowing the impact that student affairs professionals can have in the lives of college students, how can we inspire professionals to embrace adaptability, resilience, and empathy in their roles? Attendees will leave with actionable insights to help their campuses flourish in a rapidly changing educational landscape and find ways to make the most of their professions.”



Graduate School Panel

Sandburg Lounge

The Graduate School Panel provides prospective students an opportunity to learn about the graduate school experience, admissions processes, and the field of student affairs.

Moderator

Tracy Davis, Ph.D. (Western Illinois University)

Eastern Illinois University

Jody Stone, M.S. Ed. (Dean of Students) and Afia Otuo-Srebour (student)

Illinois State University

Marci Rockey, Ph.D. and Morgan Shurtz (student)

Northern Illinois University

Danae Miesbauer, M.Ed. and Jenny Guzman-Vieyra (student)

Southern Illinois University Edwardsville

J.T. Snipes, Ph.D. and I'yauna Brown (student)

Western Illinois University

Julie Brines, Ph.D. and Najm Perry (student)

Student Affairs Social

Grand Ballroom

Join your peers to explore hot topics in student affairs and relax after a productive day of learning. This social event is open to graduate students and student affairs professionals.





Graduate Fair

Brattain Lounge

Explore student affairs programs nationwide at the Graduate Fair. Connect with school representatives, gather program information, network with peers, and engage with professional organizations.

Schools in Attendance

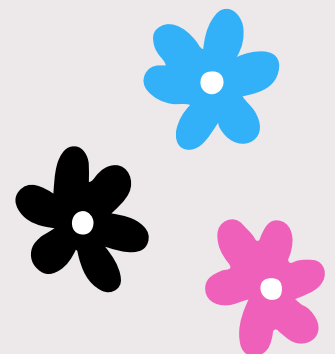
- Ball State University
- Eastern Illinois University
- Illinois State University
- Northern Illinois University
- Southern Illinois University Edwardsville
- Western Illinois University
- University of Illinois Chicago

Schools Sending Materials

- The Ohio State University
- Marquette University
- Bowling Green State University
- Eastern Michigan University
- Elon University
- University of Pittsburgh
- Florida State University
- Texas State University
- Miami University

Professional Organizations Represented

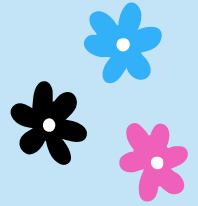
- National Association for Campus Activities (NACA)
- National Career Development Association (NCDA)
- Association for Student Conduct Administration (ASCA)
- National Association of Student Personnel Administrators (NASPA)
- National Organization for Student Success (NOSS)
- AHEPPP: Family Engagement in Higher Education
- NAFSA: Association of International Educators



We Value Your Feedback!

Your feedback is essential in helping us enhance future events and create a better experience for all attendees.

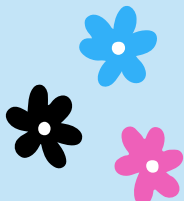
Thank you for sharing your thoughts!



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**Submit a program
evaluation for the
presentations you attend.**

**Fill out the conference
evaluation at the end
of the day.**



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Acknowledgments



Presenters

Gulmira Abdyrahmanova

Lucy Ade

Eric Arnold

Kaylann Beekman

Kenro Black

Ashley Bowles

Dustin Brakebill

I'yauna Brown

Tammie Leigh Brown-Edwards

Dalton Byers

Crystal Camacho

Henissa Charles

Jessica Chatonda

Ajahnaé Clay

Audrey Foriwaa Mensah

Kianna Graves

Jenny Guzman-Vieyra

Jennie Hemingway

Kory Honey

Scott Johansen

Kat Johns

Tori Layman

Rebecca Leatherwood

Danae Miesbauer

Arianna Nutile

Luis Paniagua

Najm Perry

Dyjerlynn Peter

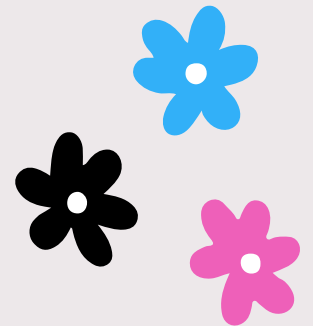
Shelby Reams

Joey Rios

Marci Rockey

Mandee Rust

Alex Warrick



Conference Committee

Julie Brines, Ph.D. (Assistant Professor and CSP Graduate Program Coordinator)

Henissa Charles (Graduate Assistant, New Student and Family Programs)

Audrey Foriwaa Mensah (Graduate Assistant, University Housing and Dining Services)

Jennie Hemingway, Ph.D. (Director of Title IX & Civil Rights Compliance at Knox College)

Michelle Janisz, Ph.D. (Director of New Student and Family Programs and CSP Adjunct Faculty)

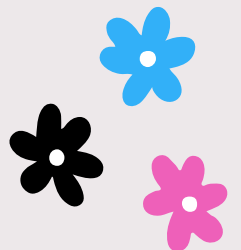
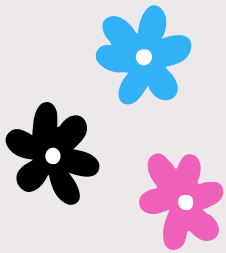
Kelvin Owusu Mensah (Graduate Assistant, CSP Recruitment & Retention)

Joey Rios (Graduate Assistant, CSP Recruitment & Retention)

Host Institutions



EASTERN ILLINOIS



**WESTERN ILLINOIS
UNIVERSITY**

WIU University Union

EIU CSA

WIU CSP

WIU Bookstore

NIU HESA

*Thank You*

SIUE HESA

WIU Admissions

ISU CSPA

WISPA

**WIU Office of Student
Engagement**



Digital Program Booklet

Scan to view:





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