

**7 Semester Degree Plan**  
 Bachelor of Science  
 Kinesiology – Athletic Training

<b>FALL</b>	<b>SPRING</b>
<b>1<sup>st</sup> Semester</b>	<b>2<sup>nd</sup> Semester</b>
AT 100 Intro to Athletic Training (1) AT 110 Prev & Care of Athletic Injuries* (3) KIN 290 Anatomy & Physiology I (3) KIN 291 Anatomy and Physiology II (3) KIN 147 Weight Training (1) KIN 167 Health Rel Fit Assessment I (0) KIN 168 Content Knowl Assessment I (0)	AT 210 Upper Extremity (3) AT 211 Clinical Ed and Exp in AT I* (1) AT 305 Therapeutic Exercise (3) KIN 270 Motor Behavior (3) KIN 293 Manual Muscle Testing (2)
<b>3<sup>rd</sup> Semester</b>	<b>4<sup>th</sup> Semester</b>
AT 200 Lower Extremity (3) AT 300 Therapeutic Modalities (3) AT 301 Clinical Ed and Exp in AT II* (1) KIN 292 Palpatory Anatomy (2) KIN 359 Sport & Exercise Psych (3)	AT 311 Field Experience in AT I* (1) AT 405 Prev & Path of Athletic Injr/Illness (3) AT 410 A.T. Administration (3) KIN 391 Exercise Physiology (3) FCS 109 Nutrition (3)
<b>5<sup>th</sup> Semester</b>	<b>6<sup>th</sup> Semester</b>
AT 310 Head, Neck, Spine, & Abdomen (3) AT 401 Field Experience in AT II *(1) AT 403 Pharmacology & Med Issues in AT (3) KIN 247 Power Training (1) KIN 392 Biomechanics (3) KIN 467 Health Rel Fit Assessment II (0) KIN 468 Content Knowl Assessment II (0)	AT 411 AT Professional Prep* (1) KIN 440 Exercise & Stress Testing (3)
<b>7<sup>th</sup> Semester - Summer</b>	
AT 420 Internship (12)	

Academic Plan can be achieved if athletic training student registers on assigned time and date.

Revised 10/2/08

\*Lab fee is associated with course.