

MARK E. COLE, M.S., ATC, LAT, CSCS
CURRICULUM VITAE

GENERAL INFORMATION

Home: 1144 Woodland Trail
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Formal Education

- Doctoral Program in Health Science, Concentration: Sport Psychology,
Sociology of Sport
Expected graduation December 2009
- 1993 M.S., Exercise and Movement Science, Concentration: Sports Medicine, University
of Oregon
- 1991 B.S., Sports Science and Athletic Training, Indiana University

Professional Experience

Temporary Assistant Professor, Department of Kinesiology, Western Illinois University,
Macomb, Illinois
2009 - Present

Chancellor's Fellow and Research Assistant, Psychosocial Laboratory, Department of Human
Movement Sciences, University of Wisconsin-Milwaukee
2004 – 2007

Staff Athletic Trainer, ATI Physical Therapy/Blount Orthopaedic Clinic, Ltd., Milwaukee,
Wisconsin
2004 – 2008

Clinical Instructor, ATEP Clinical Coordinator, and Assistant Athletic Trainer, Departments of
Human Movement Sciences and Intercollegiate Athletics, University of Wisconsin-Milwaukee
2000 – 2004

World Team Athletic Trainer, Major League Baseball All-Star Futures Game, Milwaukee,
Wisconsin
2002

Adjunct Instructor and Assistant Athletic Trainer, Department of Health and Human
Performance, Concordia University – Wisconsin
1999 – 2000

Head Athletic Trainer, U.S. Speedskating/NovaCare Outpatient Rehabilitation, Milwaukee, Wisconsin
1996 – 2000

Team Athletic Trainer for U.S. Speedskating, Winter Olympic Games, Nagano, JAPAN
1998

Staff Athletic Trainer and Interim Athletic Training Coordinator, Gundersen Clinic, Ltd., La Crosse, Wisconsin
1993 – 1996

Graduate Teaching Fellow, Departments of Exercise and Movement Sciences and Intercollegiate Athletics, University of Oregon
1991 – 1993

Performance Excellence Consultant, Northwest Advantage, LLC
2004 – Present

- Provide performance enhancement consultation to elite performers (e.g., athletes, teams, coaches, corporate groups, performing artists, etc.)

RESEARCH AND SCHOLARSHIP

Research Publications (refereed journals)

1. Meyer, B.B., Cashin, S.E., **Cole, M.E.** *Under Review*. The Validity of Online and Paper-Pencil Measures of Emotional Intelligence. *Personality and Individual Differences*.
2. Weyman, T., Giangarra, C.E., **Cole, M.E.** (1996). Waterskiing Injuries. *Journal of Sports Chiropractic and Rehabilitation*. (10). pp. 111-114.

Book Chapters

1. Fletcher, T., **Cole, M.E.**, Meyer, B.B. (2007). Disordered Eating. In Mensch, J. & Miller, G.M. (Eds.) *The Athletic Trainer's Guide to Psychosocial Intervention and Referral*. Thorofare, NJ:Slack.

Papers and Presentations at Academic and Professional Meetings

1. **Cole, M.E.** (2007). Emotion in Sport: Keeping Your Eye on the Ball. Paper presented to the Wisconsin Athletic Trainers' Association, Nekoosa, Wisconsin, July 27.
2. Meyer, B.B. & **Cole, M.E.** (2006). *Assessment of Emotional Intelligence: Implications for Sport Psychology Research*. Poster presented at the 2006 British Association of Sport and Exercise Science Annual Conference, Loughborough, UK, September 12.

3. **Cole, M.E.** (2006). *Assessment of Emotional Intelligence: Implications for the Health Sciences*. Poster presented at the 2006 University of Wisconsin-Milwaukee Research Symposium, Milwaukee, Wisconsin, April 25.
4. **Cole, M.E.** (2005). *Athletic/Exercise participation as a precursor to disordered eating?* Paper presented at the Association for the Advancement of Applied Sport Psychology annual conference, Vancouver, British Columbia, Canada, October 28.
5. Meyer, B.B., Parker, S.J., Davis, N.W., & **Cole, M.E.** (2005). *Emotional intelligence and collegiate athletes: Evidence-based practice*. Paper presented at the Association for the Advancement of Applied Sport Psychology annual conference, Vancouver, British Columbia, Canada, October 27.
6. Kilty, K.A., Meyer, B.B., Parker, S.J., Davis, N.W., & **Cole, M.E.** (2005). *Emotional intelligence and collegiate coaches: Evidence-based practice*. Paper presented at the Association for the Advancement of Applied Sport Psychology annual conference, Vancouver, British Columbia, Canada, October 27.
7. Meyer, B.B., Fletcher, T.B., Kilty, K.A., Parker, S.J., **Cole, M.E.**, Davis, N.W. (2005). *Emotional intelligence in sport: An exploratory study of college athletes and coaches*. Symposium organized and presented at the International Society of Sport Psychology 11th World Congress of Sport Psychology, Sydney, Australia, August 17.
8. Meyer, B.B., Parker, S.J., Fletcher, T.B., Davis, N.W., & **Cole, M.E.** (2005). *The emotional intelligence of college athletes: An exploratory study*. Paper accepted for presentation at the International Society of Sport Psychology 11th World Congress of Sport Psychology, Sydney, Australia, August 17.
9. Meyer, B.B., Kilty, K.A., Parker, S.J., Fletcher, T.B., **Cole, M.E.**, & Davis, N.W. (2005). *The emotional intelligence of college coaches: An exploratory study*. Paper accepted for presentation at the International Society of Sport Psychology 11th World Congress of Sport Psychology, Sydney, Australia, August 17.
10. **Cole, M.E.** & Owsley, H.K. (1999). *Sports emergencies and the athletic trainer*. Paper presented at the Wisconsin Emergency Medical Services Association 13th Annual Meeting, Milwaukee, Wisconsin, January 21.
11. **Cole, M.E.** (1995). *Steroids: Just say know*. Paper presented at the University of Wisconsin-La Crosse Sports Medicine Symposium, La Crosse, Wisconsin, July 14.
12. **Cole, M.E.** & Fletcher-Klos, D. (1994). *Upper extremity closed kinetic chain rehabilitation*. Practical lab session directed during the University of Wisconsin-La Crosse Elbow and Shoulder Symposium, La Crosse, Wisconsin, July 16.

Memberships in Professional Associations

Association for the Advancement of Applied Sport Psychology
National Athletic Trainers' Association
National Strength and Conditioning Association
United States Olympic Sports Medicine Society
Illinois Athletic Trainer's Association
Wisconsin Athletic Trainers' Association

Professional Certifications and Related Training

1. Certified Athletic Trainer, Board of Certification (1991), Certification Number: 059102549
2. Illinois Licensed Athletic Trainer, Department of Financial and Professional Regulation (2009), License Number: 096.002748
3. Wisconsin Licensed Athletic Trainer, Wisconsin Department of Regulation and Licensing (2000), License Number: 225
4. Certified Strength and Conditioning Specialist, National Strength and Conditioning Association (1999), Certification Number: 999937
5. Instructor CPR/AED for the Professional Rescuer, and Lay Rescuer, American Red Cross (1995)

Professional Awards & Recognition

1. 2005 Outstanding Service Award, Wisconsin Athletic Trainers' Association

Grants and Research Funding

1. **Cole, M.E.** Assessment of Emotional Intelligence in the Health Sciences: A Dissertation Pilot Study. *UW-Milwaukee College of Health Sciences Student Research Grant*. Total submission, \$500.

UNDERGRADUATE COURSES DELIVERED

Anatomy & Physiology 1
Therapeutic Exercise
Clinical Skills in Athletic Training, Semester 1
Athletic Training Internship Field Experience and Seminar
Competencies in Athletic Training, Semester 1
Organization and Administration of Athletic Training
Palpatory Anatomy of the Human Body
Principles of Strength and Conditioning I
Resistance Training Program Design and Implementation
Responding to Emergencies
Seminar in Athletic Training

SERVICE

Campus

Department of Human Movement Sciences, University of Wisconsin-Milwaukee
Secretary, Human Movement Sciences Graduate Association (2006-2007)
Advisor, Society of Athletic Training Students (2002 – 2004)
Peer Review (2001 – 2004)
Facilities Committee (2000 – 2001)

College of Health Sciences, University of Wisconsin-Milwaukee
Student Representative, Information Technology Policy Committee Meeting (2005 – Present)
Mentor, Health Careers Opportunity Program (2002 – 2004)

University-wide, University of Wisconsin-Milwaukee
Academic Staff Hearing and Appeals Committee (2002 – 2004)
Panelist, “Homophobia in Athletics” (2003)
Lesbian, Gay, Bisexual, and Transgender Resource Center *Safe Space Program* (2002 – 2004)

State

Southeast Regional Representative, Wisconsin Athletic Trainers’ Association (2002 – 2004)
Planning Committee Chair, Wisconsin Athletic Trainers Association Annual Meeting (2000)
Wisconsin Athletic Trainers Association, Public Relations Committee-Chair (1998 – 2000)

National

Board of Certification, Examiner (1992 – 2005)
Board of Certification, Test Site Administrator (2000 – 2005)
United States Olympic Sports Medicine Program (2000)

Local/Regional Presentations

1. **Cole, M.E.**, (2005, 2006, 2007, 2008). *Sport and exercise psychology: An overview*. Presentation delivered to the Marquette University Athletic Training Education Program, Milwaukee, WI, April 11.
2. **Cole, M.E.**, (2007). *Emotion in Sport: Keeping your eye on the ball*. Presentation delivered as part of Wisconsin Athletic Trainers’ Association Summer Education Series, Lake Arrowhead, July 27.
3. **Cole, M.E.**, (2005). *Athletic/Exercise participation as a precursor to disordered eating?* Presentation delivered to UW-Milwaukee’s Norris Health Center Eating Disorders Treatment Team, Milwaukee, WI, May 26.
4. **Cole, M.E.**, (2005). *Optimal performance in collegiate football*. Presentation delivered to Bellin Health’s Elite Football Combine, Green Bay, WI, May 13.

5. **Cole, M.E.**, (2005). *Athletic/Exercise participation as a precursor to disordered eating?* Presentation delivered to Department of Human Movement Sciences Graduate Seminar, Milwaukee, WI, April 19.
6. **Cole, M.E.**, (2005). *Transitioning to collegiate sports*. Presentation delivered to Bellin Health's Elite Football Pre-Combine Clinic, Green Bay, WI, March 20.
7. **Cole, M.E.**, (2004). *Approved clinical instructor workshop*. Presentation delivered to clinical athletic trainers, Milwaukee, WI, August 13.
8. **Cole, M.E.**, (2004). *Approved clinical instructor workshop*. Presentation delivered to clinical athletic trainers, Milwaukee, WI, January 19.
9. **Cole, M.E.**, (2003). *Approved clinical instructor workshop*. Presentation delivered to clinical athletic trainers, Milwaukee, WI, December 18.
10. **Cole, M.E.**, (2003). *Steroids: Just say know*. Presentation delivered to Wisconsin Association for Health Physical Education, Recreation and Dance, Green Bay, WI, October 31.
11. **Cole, M.E.**, (2003). *Performance enhancing substances*. Presentation delivered to Wisconsin Association for Health Physical Education, Recreation and Dance, Green Bay, WI, October 31.
12. **Cole, M.E.**, (2002). *Spinal immobilization in a sports emergency*. Presentation delivered to Merton fire department, Merton, WI, September 25.
13. **Cole, M.E.**, (2002). *Emergency care and sports equipment*. Presentation delivered to Milwaukee county emergency medial service paramedics, Milwaukee, WI, September 11.
14. **Cole, M.E.**, (2002). *Approved clinical instructor workshops*. Presentation delivered to community athletic trainers, Milwaukee, WI, May 17-18.

Interviews

1. Interview with *Today's TMJ4* reporter Kimberly Kane regarding injuries common to professional football players. October 2003.
2. Interview with *Today's TMJ 4* reporter Ann Ballantine regarding performance enhancing substances in professional athletes. May 1999.