

Let's Cook!

Back by popular demand!

Once again, Dietetics students are ready to share their cooking expertise! Create some fabulous meals that are tempting to the taste buds and figure friendly! Whether you like chicken, beef, fish or vegetarian options, they will have the perfect selection for you! Sign up for all four!



I had a great time at the cooking classes! It was fun to see WIU students in action and I am still using some of the new recipes and techniques learned. It was also fun to meet employees from other departments that were taking the classes. Best of all - I had a great meal that someone else planned and prepped!! I'm definitely interested in attending the next round of classes.

*-Kim Stuaan
Office of the Registrar*

Register Now!

Each session is limited to 20 ~ register now while space is available! All classes will be held in Knoblauch 230 from 5:00pm—6:30pm.

Beef meal	Monday, September 28
Fish meal	Wednesday, October 14
Chicken meal	Monday, October 26
Vegetarian meal	Wednesday, November 4

To reserve your place in the kitchen, contact:
Sharon Chenoweth ♦ 298-1971 ♦ s-chenoweth@wiu.edu