Minority Health Month: Coming Together for a Healthier You

Every Tuesday and Thursday in April
Minority Health Month Information Table
11:30 a.m. - 1:30 p.m. - Union Concourse

Every Wednesday in April
Walk in Stress Management Clinic
Students can try the Resilience Chair, as well as Ernkarl's, a stress management software program measuring heart rhythms.
1:00 - 3:00 p.m. - Counseling Center Resource Room, Memorial Hall

April 1 - 28
Food Drive
Look for boxes at various locations throughout campus. Donations will be given to Macomb Leavens and Fishes Food Pantry.

Wednesday, April 2
Minority Health Fair
10:00 a.m. - 2:00 p.m. - Multicultural Center
Health and Overcoming Multiple Sclerosis
Mr. Claron Harris
3:00 p.m. - Multicultural Center Board Room

Thursday, April 3
Restrepo
Documentary chronicling experiences of a platoon of U.S. soldiers in Afghanistan.
3:00 p.m. - Sandburg Theatre (Union basement)
Sponsored by SWC Health, Health Sciences, and Veterans Resource Office.

Tuesday, April 8
What Is Equity? Panel Discussion
Moderator: Dr. Mei Wu, Health Sciences
Lynette Cole, McComb County Health Dept.; Joanne Graham, Health Sciences; Andrew MacCloug and Christie Duck, McComb District Hospital; Debra Scott, SWC Health; Sandy Ward, CEO - Wesley Village
4:00 p.m. - 5:00 p.m. - Multicultural Center

Wednesday, April 9
Refining Disability
Dr. Amanda Kraus
7:30 p.m. - 1st Floor Multicultural Center
Sponsored by Students for Disability Awareness, Student Therapy Association, Sandburg's Disability Resource Center, Department of Recreation, Park and Tourism Administration, University Counseling Center, Veterans Resource Office, and the visiting lecture committee.

Thursday, April 10
“Caring” Guys: Understanding Conversion Therapy
Dr. Britt Sorensen
Documentary. Conversion therapy is used by people in an attempt to change others from gay to straight.
12:30 p.m. - Sandburg Lounge (Union basement)

Friday, April 11
Relay for Life
Joanna Graham, Health Sciences
4:00 p.m. - 10:00 p.m. - Union Quad, near Hansen Field

World Cup Soccer Tournament
Sponsored by CTR for International Studies and Campus Recreation
4:00 p.m. - 7:00 p.m. - Vince Grady Field

Saturday, April 12
World Cup Soccer Tournament
11:00 a.m. - 3:00 p.m. - Vince Grady Field

Wednesday, April 16
Bitter Seeds
Documentary. True story of genetically modified seeds on famers in India.
2:00 p.m. - Sandburg Theatre (Union basement)

Nativo Americans in the Arctic
Dr. Hal Marchand (EOS-Health Sciences)
3:00 p.m. - Multicultural Center Room 201

Friday, April 18
Curry Chicken - Cooking Demonstration and Testing
Rila Kad (DIII), Dr. Bhameeta Walla (Economics)
Time and Location TBA

Thursday, April 24
Cultural Cafe - Brazil
Center for International Studies
12:30 p.m.
Grand Ballroom (1st floor of the Union)
Fat, Sick and Nearly Dead
Documentary follows a man's 60-day journey to gain health through juicing and exercise.
3:00 p.m. - Lincoln Room (1st floor of the Union)

Tuesday, April 29
Local Farmers' Panel
Jean Davenport - Macomb Food Co-op
Dr. John Miller - Communications
3:00 p.m. - 4:00 p.m. - Multicultural Center

Wednesday, April 30
Keynote Presentation: A Native American First Nations Inter-National Perspective on Indigenous Health Time
Dr. Rose-Arma McDonald, Mohawk Turtle Clan
5:00 p.m. - Stipes 121
Contact person: Dr. Hal Marchand (EOS-Health Sciences)

For more information, please visit: