41st ANNUAL

GEORGE HERMANN WESTERN ILLINOIS SENIOR OLYMPICS at Western Illinois University

The 40th Annual George Hermann Western Illinois Senior Olympics will be held on the campus of Western Illinois University on Friday, April 28 and Saturday, April 29, 2023. Participants must be 50 years of age and older and age divisions are set in five-year groups for both men and women. You will only be competing against those individuals in your age group.

The Games Committee must receive entry forms no later than Friday, April 7th, 2023 if a T-shirt or Polo Shirt is ordered. The final deadline for all entries is Friday, April 14th, 2023. ALL information should be enclosed. Please direct any questions to Tim Piper at 309-298-1820.

Please use this page to record the events that you have marked on your entry blank and keep this page for your information.

FRIDAY, APRIL 28, 2023

8:00 a.m.	Golf: 18-Hole Division - V	VIU Golf Course (Green	Fees and cart \$25.00) Rain date TBA		
8:30 a.m.	Golf: 9-Hole Division - V	VIU Golf Course (Green	Fees and cart \$25.00, good for 18 holes)		
10:30 a.m.	1 mile bike race				
11:00 a.m.	5K bike race (first half of 10K race will be timed for 5K awards)				
11:00 a.m.	10K bike race				
Noon	Horseshoes at Glenwood Park in Macomb				
1:00 p.m.	Miniature Golf at Ball Fore, 9575 U.S. 136, 3 miles west of Macomb (fee \$5 paid at Ball Fore)				
1:30 p.m3:30pm	Swimming at YMCA Pool : locate	ed at 400 East Calhoun S	t, Macomb (warm-up at 1:30 p.m.)		
	50 Yd. Freestyle	50 Yd.	. Back Stroke		
	25 Yd. Freestyle	25 Yd.	Back Stroke		
	50 Yd. Breast stroke	500 Yo	d. Freestyle		
3:30 p.m.	Bowling at Digger's College	ge City Bowl (fee \$7.00 p	paid at lanes, \$1.00 for shoes)		
6:00 p.m.	SOCIAL at YMCA of McDonou	gh County/Senior Center			
	NUMBER PLANNING T	O ATTEND SOCIAL	(must be pre-registered to attend)		
SATURDAY, APRI	L 29, 2023				
8:00 a.m.	_Free Throws at Student Recreati	on Center (doors open at	t 7:30 a.m.) 8:00		
a.mTable T	ennis (Singles) at Student Recreati	ion Center			
8:30 a.m.	Field Events at Hanson Field (US	SATF officials are pla	nning to be present to judge all thro	ws)	
8:30 a.m.	Discus	Shot Put			
9:00 a.m.	Hammer Throw	_Running Long Jump	Standing Long Jump	9:00	
a.mHigh	JumpSoftbal	1 Throw			
9:30 a.m.	Javelin-Tentative				
					
10:00 a.m.	Track Events at Hanson Field				
10:00 a.m.	1500 Meter Walk Race				
10:15 a.m.	100 Meters				
10:30 a.m.	800 Meters				
10:45 a.m.	200 Meters				
11:00 a.m.	400 Meters				
11:15 a.m.	50 Meters				
1:00 p.m.	Disc Golf – Sipolt Memori	al Disc Golf Course – 62	0 West Adams Street		
	9-holes	18-holes	Distance		

ENTRY FORM--GEORGE HERMANN WESTERN ILLINOIS SENIOR OLYMPICS April 28 - 29, 2023

Please check the events you wish to enter in the 2023 George Hermann Western Illinois Senior Olympics. Be sure to sign the Entry Form and waiver (on back) and enclose entry, entry fee, and T-shirt fees as they apply.

FRIDAY, APRIL 2	<mark>28, 2023</mark>				
8:00 a.m.	Golf: 18-Hole Division - WIU Golf Course (Green Fees and cart \$25.00)				
8:30 a.m.	Golf: 9-Hole Division - WIU Golf Course (Green Fees and cart \$25.00, good for 18 holes)				
10:30 a.m.	1 mile bike race				
11:00 a.m.	5K bike race (first half of 10K race will be timed for 5K awards)				
11:00 a.m.	10K bike race				
Noon	Horseshoes at Glenwood Park in Maco				
1:00 p.m.	Miniature Golf at Ball Fore, 9575 U.S. 136, 3 miles west of Macomb (fee \$5 paid at Ball Fore)				
1:30pm-3:30 p.m.	<u> </u>	st Calhoun St, Macomb (warm-up at 2:30 p.m.)			
	50 Yd. Freestyle	50 Yd. Back Stroke			
	25 Yd. Freestyle	25 Yd. Back Stroke			
	50 Yd. Breast stroke	500 Yd. Freestyle			
3:30 p.m.	Bowling at Digger's College City Bowl	(fee \$7.00 paid at lanes, \$1.00 for shoes)			
6:00 p.m.	SOCIAL at YMCA of McDonough County/Senior Center -Sponsored by Citizens National Bank				
		SOCIAL (must be pre-registered to attend)			
SATURDAY, APR	RIL 29, 2023				
8:00 a.m.	Free Throws at Student Recreation Cent	er (doors open at 7:30 a.m.)			
8:00 a.m.	Table Tennis (Singles) at Student Recreation Center				
8:30 a.m.	Field Events at Hanson Field (USATF officials are planning to be present to judge all throws)				
8:30 a.m.	Shot	Put			
9:00 a.m.	Hammer ThrowRunning L	ong JumpStanding Long Jump	9:00		
a.mHig	h JumpSoftball Throw				
9:30 a.m.	Javelin-Tentative				
10:00 a.m.	Track Events at Hanson Field				
10:00 a.m.	1500 Meter Walk Race				
10:15 a.m.	100 Meters				
10:30 a.m.	800 Meters				
10:45 a.m.	200 Meters				
11:00 a.m.	400 Meters				
11:15 a.m.	50 Meters				
•	Disc Golf – Sipolt Memorial Disc Golf Cou				
9-hole	18-hole Distance Please print t	ne tonowing imormation:			
NAME:	SI	,	s of 12/31/2020)		
ADDRESS:		`	5		
CITY:	STZIP CODE	TELEPHONE:			
E-MAIL ADDRESS	:				
PLEASE RETURN		EES ENCLOSED			
		atry Fee (one event) \$5.00			
		F (2			
WE		shirt \$ 20 am Dala Shirt \$25			
	Size - Circle	e S M L XL XXL*			
Shirt Deadline: Frida Deadline: Received I	ay, <u>April 7th</u> (* T-shirt size (i	f XXL) add \$1.50)	Entry		