Correctional staff are any employees working in a jail or prison. Examples of correctional staff include many different occupations, such as, security officers, nurses, and wardens. Correctional staff are exposed to a higher risk and suffer from mental and physical health conditions. There are numerous contributing factors that cause these health issues. The staff works in a stressful environment and is repeatedly exposed to trauma. In addition, at any time, they are placed face to face with felons. The CDC indicated that jails and prisons are unpredictable settings that focus more on security than infections. Employees can be exposed to blood borne diseases. Data was collected using the CDC website, literature articles, and the Department of Corrections statistics. The purpose of this study is to inform and expose the public of the health risks faced by employees in correctional facilities.