Meatpacking is one of the most hazardous industries in the United States and has ranked highest in injury rate compared to any other industry for five consecutive years. Data was collected from the OSHA website, journals and other credible web sources that will analyze the occupational causes in the meatpacking industry and provide preventative measures to alleviate this problem. The research data collected investigates the most frequent and severe potential hazards in the meatpacking industry including knife cuts, falls, back injuries, exposure to toxic substances, tendinitis and exposure to infectious diseases.