Public speaking remains one of the top fears of people in the world. Prior studies indicate that news anchors normally look composed and self-confident when they are on camera because they seem comfortable with making public appearances and enjoying communicating to a large audience. Few scholars examined if news anchors would look less confident when they are off camera. There is also lack of literature on how the general public perceives the confidence and self-worth of news anchors. The purpose of this study is to fill this void by hypothesizing that (1) news anchors would look less confident when they are off camera compared with when they are on camera and (2) the general public tends to exaggerate confidence levels of news anchors because of the glamor and aura associated with the profession. The study will combine online survey with focus group interviews. A survey will be distributed to 500 students from a mid-sized Midwestern university to explore perceived self-assuredness of news anchors. Twenty news anchors from Television stations in Illinois and surrounding states will be invited to fill out a survey and participate in a focus group discussion on perceived and actual self-assuredness of those presenters when they are on and off camera. The numerical data will be analyzed using statistical software SPSS to see if these hypotheses will be supported or not.