Podium Presentation
Breastfeeding VS Bottle Feeding: The Choice is yours
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There are many advantages and disadvantages of both breast feeding and bottle feeding. However, the choice of which method would best benefit the child is left up to the discretion of the parent. Therefore, there is no right or wrong approach to feeding the child; both methods successfully get the job done. Data was collected by using research from the University of Maryland Medical Center, Jodi E. Smart’s “journal of obstetric, gynecologic, and neonatal nursing” as well as other articles and journals that debate the pros and cons of both bottle feeding and Breastfeeding to see what factors were most influential on parent’s decision. The data indicates that Nutrition and costs are major influences on the decision to breastfeed or bottle-feed an infant. However, there are other factors to take into consideration like a mother’s health and daily habits. The purpose of this study is not to argue which method is better for the child, but to inform the general public on the issues that need to be considered before one decides to breastfeed, bottle feed or do a combination of the two.