Western discourse has created binary oppositions between the body and mind. In this dichotomy, the mind is privileged and associated with men, whereas the body is disparaged and linked to women (Kolmar & Bartkowski, 2010). Consequently Western discourse not only separates the body from the mind, but also constructs the body as being inferior to the mind. I refer to Sherry Ortner’s article, *Is Female to Males as Nature is to Culture*, in my research as a basis for understanding the division of the cultural world into the gendered dichotomies, male-culture and female-nature. The purpose of this research is to scrutinize these associations with the body, and assess how these ideas were established and continue to exist in modern society. I began my research by searching the Women’s Studies Journal *Signs* for articles referencing Sherry Ortner’s article. Through this research I discovered a book, *Nature, Culture and Gender*, written by Carol P. Mac Cormack and Marilyn Strathern which critiques Sherry Ortner’s article. By conducting this research, I have discovered that in practice there are fewer actual discrepancies between the female and male body. Transnationally, women are seen as no closer to nature than men, alternatively this knowledge is an artifact of culture and human thought. This research indicates there are fewer actual differences between women and men, therefore challenging Western discourse to reevaluate the denigration and associations with the female body.