



WESTERN ILLINOIS UNIVERSITY

# Physical Education

Department of Kinesiology, College of Education & Human Services

## Program of Study

All students pursuing a Bachelor of Science degree in Physical Education complete the Kinesiology department's common core of five classes (15 semester hours [SH]): Anatomy and Physiology I, Motor Behavior, Sport and Exercise Psychology, Physiology of Exercise, and Biomechanics. Physical Education majors also complete the following additional coursework for certification to teach grades K-12: activities courses (Swimming, Dance, Educational Gymnastics, Health-Related Fitness, Invasion Games, Target/Field Games, Contemporary Physical Activities, and Elementary Movement Fundamentals), Lifelong Leisure Activities, Introduction to Physical Education, Motor Development, Adapted Physical Education, Skill Analysis and Assessment in Physical Education, and Curriculum. Teaching experience is gained through completing three methods classes: Instructional Foundations, Elementary, and Secondary. Also, a field experience is completed in the final semester prior to 16 weeks of student teaching at both the elementary and secondary grade levels. In addition, students must complete coursework offered through the Department of Education and Interdisciplinary Studies that is required of all students seeking certification in a teaching field.

Western Illinois University's Teacher Education Program is accredited by the National Council for Accreditation of Teacher Education (NCATE), and the Physical Education program is accredited by the National Association for Sport and Physical Education (NASPE).

## Faculty

Courses are taught by faculty members who hold degrees earned from universities across the United States and who are actively engaged in scholarship activities such as writing books and book chapters, conducting research, and making scholarly presentations at professional conferences.

## Scholarships

The Department of Kinesiology annually awards 19 scholarships that are named for distinguished former faculty, chairpersons, associate deans, and alumni. Two McKee Scholarships and one Alumni Scholarship are awarded to incoming freshmen. The Yeast Scholarship is awarded to an incoming transfer student from an Illinois community college with a minimum 3.0 grade point average. The Brophy, Dittus, Garner, Hughes, McGuinness, and Sharp Scholarships are available to juniors and seniors, and the Mings Scholarship is awarded to a Kinesiology major who is also a Western athlete. Detailed information on scholarships is available from the department advising office, (309) 298-2176, or on the Web at [wiu.edu/Kinesiology](http://wiu.edu/Kinesiology) or [wiu.edu/Scholarship](http://wiu.edu/Scholarship).

## Honors in Kinesiology

To be eligible for the Centennial Honors College, entering freshmen must have an ACT composite score of at least 28 OR have a 26 or 27 composite ACT and be in the top 15% of their graduating class OR have an ACT composite score of at least 24 and be in the top 10% of their high school graduating class. Transfer students with at least 12 SH and up to 59 SH of undergraduate courses are admitted with a GPA of at least 3.3 OR 3.4 for 60 SH or more. To find out more, visit [wiu.edu/Honors](http://wiu.edu/Honors).

General honors seminars in the humanities, sciences, and social sciences provide students with the opportunity to explore key academic issues with distinguished faculty members. In the Kinesiology major, honors students take three required courses for honors credit and complete an honors thesis during their senior year under the direction of a department faculty member.

HIGHER VALUES IN HIGHER EDUCATION

### Student Activities

Students with an overall GPA of 3.0 and a major GPA of 3.2 are invited to join Phi Epsilon Sigma, the departmental honor society. In addition, all Physical Education students are encouraged to be members of the Association of Physical Educators in Kinesiology (APEK). A wide variety of student activities and organizations are also available to Western students. Learn more at <http://osa.wiu.edu>.

### Special Opportunities

The Department of Kinesiology offers small classes with accessible faculty in Brophy Hall, a modern and well-maintained facility located on the north edge of the campus. Several laboratory facilities provide opportunities for students to apply information presented in class to real-world situations. The Human Performance, Biomechanics, Perceptual Motor, Pedagogy, and Athletic Training Rehabilitation Labs contain state-of-the-art equipment. In addition, Brophy Hall has four electronic classrooms, a general-purpose computer lab, and wireless Internet access.

### After College

After graduation, students who meet mandated competencies are qualified to apply for teacher certification to teach physical education in grades K-12 upon successful completion of Illinois certification exams in their chosen subject content, general skills, and professional teaching competencies. Students are also qualified to seek employment in coaching in public and private schools and in outside agencies such as the YMCA.

### For More Information

Visitors are welcome. If you have questions, call the department office at (309) 298-1981, e-mail [kinesiology@wiu.edu](mailto:kinesiology@wiu.edu), contact the undergraduate adviser at [J-Standard@wiu.edu](mailto:J-Standard@wiu.edu) or (309) 298-2176, or visit [wiu.edu/Kinesiology](http://wiu.edu/Kinesiology).

### Higher Values in Higher Education

Located in Macomb (population 20,000), with a campus in the Quad Cities (Moline, IL), Western Illinois University offers a caring and supportive learning environment to more than 13,000 students in west-central Illinois. Western students have all the advantages of a large public university—strong faculty, state-of-the-art technology and facilities, and a wide range of academic and extracurricular opportunities—in an atmosphere free from distractions. Western Illinois University is a member of the NCAA and competes at the Division I level, sponsoring 20 intercollegiate sports in a broad-based athletics department. Western's presence in the Quad Cities spans more than 40 years, and that campus offers undergraduate and graduate programs to more than 1,500 students. The core values that are at the heart of the University are academic excellence, educational opportunity, personal growth, and social responsibility.

Western's GradTrac and Cost programs guarantee that students can achieve their degrees within four years while paying a fixed rate for tuition, fees, room, and board.

Western Illinois University is an Affirmative Action and Equal Opportunity employer with a strong commitment to diversity. In that spirit, we are particularly interested in receiving applications from a broad spectrum of people, including, but not limited to, minorities, women, and individuals with disabilities. WIU has a non-discrimination policy that includes sex, race, color, sexual orientation, gender identity and gender expression, religion, age, marital status, national origin, disability, or veteran status.

### Campus Visits

The Admissions Reception Center (Sherman Hall 115) is open most weekdays from 8:00 AM to 4:30 PM when the University is in session. Group information sessions are available at 10:00 AM and 1:00 PM, and campus tours are conducted at 11:00 AM and 2:00 PM daily. Individual appointments with an admissions counselor, advisers/faculty, or a financial aid adviser may be arranged during the week. The Admissions Reception Center is open from 9:30 AM to 1:00 PM most Saturdays when the University is in session. A group information session is available at 10:00 AM, and a campus tour is conducted at 11:00 AM. An individual appointment with an admissions counselor may be arranged. You may schedule your visit or tour online at [admissions.wiu.edu](http://admissions.wiu.edu) by selecting "Visit Campus." You may also schedule a visit, tour, or individual appointment by calling toll free (877) PICKWIU [742-5948] or (309) 298-3157, or by e-mailing [admissions@wiu.edu](mailto:admissions@wiu.edu).



[wiu.edu/Kinesiology](http://wiu.edu/Kinesiology)

### Department of Kinesiology

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