

# Nutrition and Foodservice Management

Department of Dietetics, Fashion Merchandising and Hospitality, College of Education and Human Services



## Program of Study

The Department of Dietetics, Fashion Merchandising and Hospitality (DFMH) offers four undergraduate degree programs: dietetics, apparel and textile merchandising, hospitality management and nutrition and foodservice management. Students completing the nutrition and foodservice program earn a Bachelor of Science degree in nutrition and foodservice management. Graduates are prepared for many different careers, including management positions in the foodservice industry, nutrition programs and government agencies.

The vision of the department is for graduates to be innovative, competent and critical-thinking professionals who provide leadership and service within the workplace and in a diverse, ever-changing environment. The mission of the department is to prepare students with the technical, human and conceptual skills for careers in consumer services.

The nutrition and foodservice management program educates students about the role of nutrition and healthy eating for wellness, community nutrition, food product development and foodservice management. Hands-on learning experiences include lab work, practicum, field trips and an internship of 360 work hours (for 9 credit hours) after the completion of coursework.

Graduates are prepared for entry-level employment in management trainee and supervisory positions in restaurants, public institutions and state and local government nutrition-related programs. Career opportunities include foodservice managers in restaurants, hotels, school cafeterias, other establishments that prepare and serve food and public health programs.

## Faculty

Each faculty member has specialized education, as well as industry or research experience in his or her area of instruction. Faculty hold membership and leadership roles in state and national organizations. They have earned master's and doctoral degrees in their fields of expertise and have additional certifications, as well.

## Scholarships

The department offers more than \$10,000 in scholarships every year for eligible students in the major, based on grade point average, participation in extracurricular activities and leadership. Students should contact the academic advisor to find out about scholarship eligibility.

Additional information about scholarships is found on the departmental website at [wiu.edu/dfmh](http://wiu.edu/dfmh), through the University Scholarship Office at (309)298-2001, or on the scholarship office webpage at [wiu.edu/Scholarship](http://wiu.edu/Scholarship).

## Student Activities

Students have many choices in their selection of departmental organizations. Any student may be selected to join DFMH Ambassadors, a group of students representing the department at University functions, or Kappa Omicron Nu (KONu) honorary society, which is open to any student with a minimum of 45 overall semester hours and a 3.2 GPA at WIU. A chapter of the Hospitality Administration Association (HAA) is designed to introduce the student members to

different career opportunities in the hospitality industry. The Food and Culture Club is a University group organized by the DFMH faculty with the support of other areas on campus to recognize and celebrate cultural customs and food.

### Special Opportunities

Students in this program complete an internship of 360 work hours at the end of their coursework. The experiences are supervised and assist students in applying theory and skills in a work setting.

Students apply their knowledge of food theory in the corporate kitchen, a professional food service kitchen laboratory with an adjacent dining facility. Lunches are served twice weekly to the WIU and Macomb community. Students are responsible for various roles, including front of the house manager, production manager and production staff for the meal.

Study abroad programs also enhance the curriculum. Students earn college credits toward their major or minor.

A nutrition minor is also available in this area.

### Honors College Admission Requirements

To be eligible for the Centennial Honors College, entering freshmen must have an ACT composite score of at least 28 OR have a 26 or 27 composite ACT and be in the top 15 percent of their graduating class OR have an ACT composite score of at least 24 and be in the top 10 percent of their high school graduating class. A comparable SAT score is acceptable. Transfer and current WIU students who wish to join the Honors College (including the Quad Cities Honors Program) must have a 3.4 grade point average on a 4.0 scale based on 12 or more semester hours. Honors credit is given for honors coursework completed at other accredited institutions. To find out more, visit [wiu.edu/Honors](http://wiu.edu/Honors).

### After College

Students are prepared to assume a variety of careers, including positions in school cafeterias, nursing homes, hospitals and prisons. Graduates may also choose to pursue graduate studies in the field of nutrition and foodservice management.

### For More Information

Additional materials about the nutrition and foodservice management field of study may be found in the Occupational Outlook Handbook found online at [bls.gov](http://bls.gov), and on the Association of Nutrition and Foodservice Professional (ANFP) site at [www.anfponline.org](http://www.anfponline.org).

### Higher Values in Higher Education

Located in Macomb (population 20,000), with a campus in the Quad Cities (Moline, IL), Western offers a caring and supportive learning environment to more than 10,000 students in west-central Illinois. Western students have all the advantages of a large public university—strong faculty, state-of-the-art technology and facilities, and a wide range of academic and extracurricular opportunities—in an atmosphere free from distractions. Western offers a broad-based athletics program, sponsoring 19 NCAA Division I intercollegiate varsity sports. Football competes in the NCAA Division I Football Championship Subdivision through the Missouri Valley Football Conference; all other varsity sports compete at the Division I level through The Summit League. Western's presence in the Quad Cities spans more than 40 years, and that campus offers undergraduate and graduate programs to more than 1,400 students. The core values that are at the heart of the University are academic excellence, educational opportunity, personal growth and social responsibility.

Western's GradTrac and Cost Guarantee programs ensure that students can achieve their degrees within four years while paying a fixed rate for tuition, fees and room and board.

Western Illinois University is an Affirmative Action and Equal Opportunity employer with a strong commitment to diversity. In that spirit, we are particularly interested in receiving applications from a broad spectrum of people, including, but not limited to, minorities, women and individuals with disabilities. WIU has a non-discrimination policy that includes discrimination based on an individual's membership in the following classes: sex, race, color, sexual orientation, gender identity, gender expression, religion, age, marital status, national origin, disability, genetic information, veteran status, and any other classes protected by state or federal law.

[wiu.edu/dfmh](http://wiu.edu/dfmh)

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