

Athletic Training

Department of Kinesiology, College of Education & Human Services



Program of Study

All students pursuing a Bachelor of Science degree in Athletic Training complete the Kinesiology department's common core of five classes (15 semester hours [SH]): Anatomy and Physiology I, Motor Behavior, Sport and Exercise Psychology, Physiology of Exercise, and Biomechanics. Athletic Training majors also complete the following additional coursework: Anatomy and Physiology II; Weight Training; Power Training; Medical Terminology; Introduction to Athletic Training; Prevention and Care of Athletic Injuries; Lower Extremity; Upper Extremity; Therapeutic Modalities; Therapeutic Exercise; Advanced Rehabilitation Techniques; Head, Neck, Spine, and Abdomen; Pharmacological Issues in Athletic Training; Medical Conditions and Pathologies in Athletic Training; Administration; Palpatory Anatomy; Manual Muscle Testing; and Senior Seminar. Students complete five clinical education/field experience classes within intercollegiate athletics, interscholastic athletics, outpatient rehabilitation settings, physician office, and the emergency department to demonstrate application of the National Athletic Trainers' Association Competencies and Clinical Proficiencies. Athletic Training majors also complete a 12-week internship at a site of their choosing during their last semester before graduation.

The clinical experience begins during the first semester through a Student Mentor Program. Upper-level students assist new students in developing athletic training skills, which allow them to gain valuable academic and clinical experiences.

The Athletic Training Program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Completion of this program of study qualifies students to sit for the Board of Certification (BOC) examination to become entry-level Certified Athletic Trainers.

Faculty

Courses are taught by faculty members who hold degrees earned from universities across the United States and who are actively engaged in scholarship activities such as writing books and book chapters, conducting research, and making scholarly presentations at professional conferences. In addition, six Certified Athletic Trainers, three of whom hold full faculty positions, and nine graduate assistants serve as course instructors, clinical instructors, and supervisors. The Department of Athletics provides 10 Certified Athletic Trainers to oversee 20 intercollegiate athletic teams and to supervise student clinical experiences.

Scholarships

The Department of Kinesiology annually awards 20 scholarships to Kinesiology majors that are named for distinguished former faculty, chairpersons, associate deans, and alumni. Two McKee Scholarships and one Alumni Scholarship are awarded to incoming freshmen. The Yeast Scholarship is awarded to an incoming transfer student from an Illinois community college with a minimum 3.0 grade point average (GPA). The Brophy, Dittus, Garner, Hughes, McGuinness, Westendorf, and Sharp Scholarships are available to juniors and seniors, and the Mings Scholarship is awarded to a Kinesiology major who is also a Western athlete. Detailed information on scholarships is available from the department advising office, (309) 298-2176, or on the Web at wiu.edu/Kinesiology or wiu.edu/Scholarship.

Honors in Kinesiology

To be eligible for the Centennial Honors College, entering freshmen must have an ACT composite score of at least 28 OR have a 26 or 27 composite ACT and be in the top 15% of their graduating class OR have an ACT composite score of at least 24 and be in the top 10% of their high school graduating

class. A comparable SAT score is acceptable. Transfer and current WIU students who wish to join the Honors College (including the Quad Cities Honors Program) must have a 3.4 GPA on a 4.0 scale based on 12 SH or more. Honors credit is given for honors coursework completed at other accredited institutions. To find out more, visit wiu.edu/Honors.

General honors seminars in the humanities, sciences, and social sciences provide students with the opportunity to explore key academic issues with distinguished faculty members. Within the Kinesiology major, honors students take three required courses for honors credit and complete an honors thesis during their senior year under the direction of a department faculty member.

Student Activities

Athletic Training students are encouraged to be members of the Athletic Training Student Association (ATSA) through which they can further their scholarship, leadership, service, and professional skills. Students demonstrating academic excellence are invited to join Phi Epsilon Sigma, the departmental honor society. In addition, a wide variety of student activities and organizations are also available to Western students (learn more at wiu.edu/osa).

Special Opportunities

The Department of Kinesiology is located on the north edge of campus in Brophy Hall. The facility contains a dedicated athletic training laboratory, gymnasium, pool, dance studio, fitness room, weight room, athletic training facilities, and laboratory spaces, plus five electronic classrooms and two computer labs. The average class size in Athletic Training courses is 14 students.

After Graduation

After graduation, students are eligible for national certification; graduate assistantships; or employment with high schools, universities, professional athletic teams, sports medicine clinics, corporate health programs, industrial healthcare programs, and hospitals.

For More Information

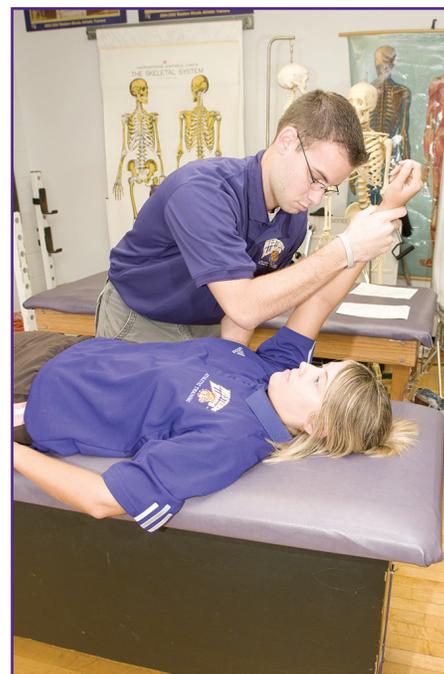
Visitors are welcome. If you have questions please contact the Dr. Renee Polubinsky, the Athletic Training Program Director, at RL-Polubinsky@wiu.edu or via e-mail at kinesiology@wiu.edu or by phone at (309) 298-1981. You can also visit our website at wiu.edu/Kinesiology.

University Libraries

University Libraries consists of the Leslie F. Malpass Library, which is the main branch, and four other branches: the Physical Sciences Library, the Music Library, the Curriculum Library, and the Quad Cities Library. We offer students access to a variety of resources in print and online. Research assistance is available in person at the Reference Desk and via instant messaging. Check out our website for hours, events, and services available: wiu.edu/libraries.

Campus Visits

The Admissions Reception Center (Sherman Hall 115) is open most weekdays from 8 a.m. to 4:30 p.m. when the University is in session. Group information sessions are available on Mondays and Fridays at 10 a.m. and 1 p.m., and individual appointments can be made on Tuesday, Wednesday, and Thursday. Campus tours are conducted at 11 a.m. and 2 p.m., Monday through Friday. Appointments with advisers, faculty, or a financial aid adviser may be arranged separately during the week. The Admissions Reception Center is open from 9 a.m. to 1 p.m. most Saturdays when the University is in session. A group information session is available at 10 a.m., and a campus tour is conducted at 11 a.m. You may schedule your visit or tour online at wiu.edu/admissions by selecting "Visit Campus." You may also schedule a visit, tour, or individual appointment by calling toll free (877) PICKWIU (742-5948) or (309) 298-3157, or by e-mailing admissions@wiu.edu.



wiu.edu/Kinesiology

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