

QUICK REFERENCE GUIDE FOR **STUDENTS**



If you or a friend are...

- Thinking about hurting yourself, killing yourself (suicide) or harming another

Call:

✓ 9-1-1

✓ Suicide & Crisis Lifeline 9-8-8

✓ Office of Public Safety (OPS) (309) 298-1949

✓ McDonough District Hospital Emergency Room (309) 833-4101

988 SUICIDE & CRISIS
LIFELINE



If you or a friend have...

- Been the victim of a crime
- Been the victim of stalking, dating violence or sexual assault
- Experienced a hate crime, bias or discrimination

Contact:

✓ To file a criminal report: Office of Public Safety (309) 298-1949

✓ To file a complaint: Equal Opportunity and Access (309) 298-1977

✓ To receive confidential support: University Counseling Center (309) 298-2453

✓ For additional resources: Student Development and Success Center
(309) 298-1884



If you or a friend are...

- Feeling anxious, depressed or experiencing other mental health concerns
- Feeling overwhelmed about situational stressors that may impact your overall mental health and wellness, or your academic success

Contact:

✓ For free, confidential counseling: University Counseling Center (309) 298-2453

✓ For help with appropriate resources based on individual academic, financial, social function or emotional, behavioral or medical needs:

WIU Student Development and Success Center (309) 298-1884

✓ If you are concerned about a student and it is not an emergency situation, fill out a Leatherneck Care Referral

SCAN THIS
to submit a
Leatherneck Care
Referral

