

# Western Illinois University

## Biennial Review

Academic Years:  
2018-2019;  
2019-2020

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WESTERN  
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**I. Executive Summary:**

**A. Introduction:**

The Drug-Free Schools and Campuses Regulations requires that an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees as a condition of receiving funds or financial assistance under any federal program. Western Illinois University has created the following biennial report to address the alcohol and other drug programs available on campus in addition to their effectiveness, as well as to provide information regarding the current policies and enforcement of those policies. A hard copy of the biennial review can be found within the Office of the Vice President of Student Services, in addition to the Alcohol and Other Drug Resource Center. A hard copy of the report is available upon written request through contacting the Clinical Supervisor of the Alcohol and Other Drug Resource Center. All policies and/or additional reports discussed within the biennial review can be found by following the hyperlink on the electronic copy, or by requesting a hard copy of the report in which they will be included as appendices.

**B. Scope of Review:**

The review examined alcohol and other drug policies on campus, distribution of those policies and enforcement of policies for the academic years 2018-2019 and 2019-2020. It also reviewed the resources available on campus to prevent alcohol and other drug problems on campus, as well as services available to treat alcohol and other drug problems for students and university staff. Information was gathered by Biennial Review contributors from multiple campus departments including but not limited to the Alcohol and Other Drug Resource Center, Beu Health Center, Department of Athletics, Beu Health Education, Office of Public Safety, Office of

Student Engagement, Student Development and Success Center, and Student Judicial Programs. Data has been collected in a variety of ways to assess the current alcohol and other drug programs on campus. Summary of information collected from programs offered on campus can be found below.

### **C. General Conclusions:**

Western Illinois University continues to comply with the Drug Free Schools and Campuses Regulations. The institution continues to find strength in its state licensed Alcohol and Other Drug Resource Center which provides both intervention and prevention services. In addition, Western Illinois University continues to offer alternative activities through multiple departments and continues to evaluate programming to determine whether prevention efforts are effective. We utilized the NIAAA Tiers of Effectiveness in our past Biennial Review to determine the type of programs available on campus and to assess whether there is room for improvement, making an effort to increase programs with evidence of effectiveness.

Western Illinois University has continually received administrative support in addressing alcohol and other drug use issues on campus. Higher Values in Higher Education 2008-2018 strategic plan has specifically addressed alcohol and other drug risk reduction as a strategic goal for this university. The updated 2012-2022 strategic plan and 2016-2026 strategic plan supplement identify personal growth through health and wellness as an area of focus, which includes alcohol and other drug topics. The First Year Experience (FYE), which includes both academic and student services components, incorporates alcohol and other drugs education in the classroom and residence halls. Additionally, Student Services has outlined goals highlighting the support and expansion of late night programming as well as continued efforts on and off-campus with AOD related issues. As part of this goal, efforts will be made at the AOD Resource Center to continue to implement or collaborate with other departments in offering alternative events for students.

Western Illinois University continues to work towards prevention of alcohol and other drug problems on campus. Despite our strengths, there continues to be room for improvement. Upon completion of the Biennial Review, it was determined that the current alcohol and other drug policies for students and staff may need further review to determine if they are up to date.

Overall, Western Illinois University continues to comply with the Drug Free Schools and Campuses Act and continues to work towards addressing misuse of alcohol and other illegal substances.

## **II. University Alcohol Policies Notification Process**

### **A. Policy Distribution**

#### **Annual AOD Notification**

[http://www.wiu.edu/student\\_services/vpss/pdf/Brochure%202020-2021.pdf](http://www.wiu.edu/student_services/vpss/pdf/Brochure%202020-2021.pdf)

WIU's Alcohol and Other Drug policy is provided in print format to students through the Student Handbook and published as part of an annual calendar. In addition to the printed version, all

registered students receive an electronic notice through the existing Tele-STARS system. A copy of this notice can be found in the hard copy of this document (See Appendix C). The notice is sent electronically after the tenth day of classes, which is the final day of registration, ensuring all students receive a copy of the policy.

All faculty/staff receive notice upon initial hire as part of new employee orientation materials. After the tenth day of classes during the Fall and Spring semesters, all faculty/staff receive notice of the policy through the existing Tele-STARS system.

**B. Alcohol Policies and Implementation:**

1. The table below provides links for additional information on Western Illinois University alcohol and other drug policies. All policies are included in print form of the Biennial Review (See **Appendix A**).

WIU Policy on Drug and Alcohol Abuse (8/10/1995)	<a href="http://www.wiu.edu/policies/drugalcohol.php">http://www.wiu.edu/policies/drugalcohol.php</a>
Drug Free Workplace Policy Statement (5/4/1989)	<a href="http://www.wiu.edu/policies/drugfree.php">http://www.wiu.edu/policies/drugfree.php</a>
Smoking/Tobacco Use Policy (11/12/2012)	<a href="http://wiu.edu/policies/smokingtobaccouse.php">http://wiu.edu/policies/smokingtobaccouse.php</a>
Smoke-Free Campus Policy (6/12/2015, updated 1/11/2016)	<a href="http://wiu.edu/vpas/policies/smokefree.php">http://wiu.edu/vpas/policies/smokefree.php</a>
Student Right-to-Know and Campus Security Act, and Drug-Free School and Communities Act Information (Approved prior 1998)	<a href="http://www.wiu.edu/policies/rtknow.php">http://www.wiu.edu/policies/rtknow.php</a>
Civil Service Handbook, appendix K - Drug and Alcohol Abuse Policy (July, 1990)	<a href="http://www.wiu.edu/hr/handbook/appendix_k.php">http://www.wiu.edu/hr/handbook/appendix_k.php</a>
BOT Alcoholic Beverage Policy (11/16/2001)	<a href="http://www.wiu.edu/board_of_trustees/regulations/alcohol.php">http://www.wiu.edu/board_of_trustees/regulations/alcohol.php</a>
Policy on Tailgate Area (Approved 09/06/2011)	<a href="http://www.wiu.edu/vpas/administrative_procedures_handbook/tailgate.php">http://www.wiu.edu/vpas/administrative_procedures_handbook/tailgate.php</a>
Hazing Policy (Approved prior 1998)	<a href="http://www.wiu.edu/policies/hazing.php">http://www.wiu.edu/policies/hazing.php</a>
Western Courier – Policies Concerning Alcohol Advertising (Approved 8/12/1991)	<a href="http://www.wiu.edu/policies/courier.php">http://www.wiu.edu/policies/courier.php</a>

Sale and Provision of Alcoholic Beverages, University Union Policy Manual (Revised December 2018)	<a href="http://www.wiu.edu/student_services/university_union/pdf/UU_PolicyManual.pdf">http://www.wiu.edu/student_services/university_union/pdf/UU_PolicyManual.pdf</a>
Student Employment Handbook	<a href="http://www.wiu.edu/student_employment/handbook/index.php">http://www.wiu.edu/student_employment/handbook/index.php</a>
Code of Student Conduct (Revised 9/23/19)	<a href="http://www.wiu.edu/student_services/srri/codeofconduct.php">http://www.wiu.edu/student_services/srri/codeofconduct.php</a>
Social Events Policy for Sororities and Fraternities (Revised Spring 2020 )	<a href="https://wiu.campuslabs.com/engage/submitter/form/step/1?guid=98378ce6-1793-4795-88b9-e8b63e855447">https://wiu.campuslabs.com/engage/submitter/form/step/1?guid=98378ce6-1793-4795-88b9-e8b63e855447</a>
Residence Hall Policies and Procedures Handbook Leatherneck Living Guide (2020-2021)	<a href="http://www.wiu.edu/student_services/housing/living_on_campus/pdf/ResidenceHallHandbook2020.pdf">http://www.wiu.edu/student_services/housing/living_on_campus/pdf/ResidenceHallHandbook2020.pdf</a>
Graduate and Family Housing Handbook	<a href="http://www.wiu.edu/student_services/housing/graduate_family_housing/GFH_Handbook.pdf">http://www.wiu.edu/student_services/housing/graduate_family_housing/GFH_Handbook.pdf</a>
WIU Athletics Department Drug & Alcohol Education & Testing Program (Rev. 1/1/2014)	<a href="http://www.goleathernecks.com/documents/2016/3/2//DP_1.pdf?id=4044">http://www.goleathernecks.com/documents/2016/3/2//DP_1.pdf?id=4044</a>
Intramural Sports Policy on Alcohol, tobacco, and Drugs (2018- 2019)	<a href="http://www.wiu.edu/student_services/campus_recreation/intramurals/pdf/Handbook.pdf">http://www.wiu.edu/student_services/campus_recreation/intramurals/pdf/Handbook.pdf</a>

2. In addition to the alcohol and drug policies at Western Illinois University (WIU), the City of Macomb has many Municipal Codes that pertain to alcohol and/or other drugs. The Mass Gatherings policy is important to note as this policy has assisted in preventing the continuation and growth of a large, off-campus, non-sanctioned, block party that had started a few years ago.

The full Macomb Mass Gathering policy can be found online by following the link: <http://www.cityofmacomb.com/pdf/Municipal%20Code%202012.pdf> (The Mass Gathering Policy will be in print form in **Appendix B**)

### C. Legal Sanctions

Western Illinois University holds students accountable to the behavioral standards outlined in the Code of Student Conduct. Students alleged to have violated alcohol, cannabis, or other controlled substance laws and policies on or off-campus are subject to student conduct process review conducted and sanctions imposed by the University. Students found in violation of alcohol, cannabis, or other controlled substance laws/policies face sanctions ranging from censure to removal from the University community. The severity of sanction is influenced by the nature of a violation as well as a student's conduct history and academic record. The Code of Student Conduct also specifies that any conduct violation which may have been influenced by a student's



use of drugs or alcoholic beverages will not in any way limit the responsibility of a student for the consequences of their actions. Customarily, alcohol, cannabis, or other controlled substance policy violations result in a comprehensive sanction including a change to one’s student conduct status, a fine, and completion of an alcohol or other drugs assessment or evaluation/intervention program. Under the Parental Notification Policy, the University reserves the right to contact the parents of students under the age of 21 who have been found in violation of University policies on alcohol, cannabis, or other controlled substances. In addition to student conduct process repercussions, students may also face sanctions through civil or criminal processes. Associated laws can be found attached to the hard copy of this report in **Appendix C**.

**D. Health Risks Associated with Illicit Drug Use and Alcohol Use**

Health risks associated with illicit drug use and alcohol use can be found by following the link, [http://www.wiu.edu/student\\_services/vpss/pdf/Brochure%202020-2021.pdf](http://www.wiu.edu/student_services/vpss/pdf/Brochure%202020-2021.pdf). A copy of this can also be found attached to the hard copy of this report in **Appendix C**.

**III. Funding Sources:**

**Substance Abuse Prevention Education Grant**

The Substance Abuse Prevention Education Grant is used to support alcohol and other drug programs and initiatives. It is funded through fines levied to students for alcohol and other drug policy violations. Requests for funding are reviewed by the Substance Abuse Prevention Education grant committee. The fund request form is found on-line at (**See Appendix D**): [http://www.wiu.edu/student\\_services/aod/SAPEGGrantProposalForm.pdf](http://www.wiu.edu/student_services/aod/SAPEGGrantProposalForm.pdf)

Programs funded during this report period include:

Event:	Description:
<p><b>Think B4U Drink October 23, 2018 &amp; October 29, 2019</b></p> <p><b>IND-18</b></p>	<p>Think B4U Drink was hosted by the Alcohol and Other Drug Resource Center. The event was aimed at educating students on safe alcohol consumption around Halloween time. Students were be encouraged to stop by a variety of stations in which alcohol consumption, safe sex information, STI information, consent education, drinking and driving displays/activities, as well as the legal consequences of drinking and driving will be provided. Stations will include information on standard drink sizes, blood alcohol content, the impact of BAC levels on functioning, how to lower your risk if you decide to consume alcohol, the legal consequences associated with alcohol consumption, medical ramifications, consent, STI testing/information, and safe sex practices.</p>

<p><b>Study Smart</b> <b>December 5, 2018 &amp; May 1, 2019</b></p> <p><b>IND-18</b></p>	<p>Study Smart was hosted by the Alcohol and Other Drug Resource Center with the collaboration of Student Judicial, OPS and the University Counseling Center. This event informs students of healthy study habits the week before finals begin. Students will be given the opportunity to work with AOD staff to figure out their exam schedule as well as receive information regarding healthy study behaviors and services around campus. The information includes sleep and study tips and information about the dangers of using stimulants.</p>
<p><b>Mindful Madness</b> <b>February 27, 2020</b></p> <p><b>IND-18</b></p>	<p>Mindful Madness was hosted by the Student development and Success Center in collaboration with the Alcohol and Other Drugs Resource Center, Casa Latina Cultural Center, Gwendolyn Brooks Cultural Center, LGBTQA Resource Center, Women’s Center, University Counseling Center, Student Health Advisory Committee (SHAC), Campus Recreation and Student Nurse Association. Each organization/office will provide materials for students to participate in de-stressing activities. Some examples of activities are DIY lava lamps (SHAC), DIY stress balls (AOD), button making/coloring (all MCC centers), and yoga/meditation sessions (Campus Rec). An education station will be provided for students to see how alcohol and drugs impact their mental health and alternative activities students can do rather than trying to cope with substances.</p>
<p><b>Get Yourself Tested (GYT)</b> <b>April 3, 2019 &amp; April 1, 2020</b></p> <p><b>IND-18</b></p>	<p>GYT was hosted by Beu Health Center with collaboration from Alcohol and Other Drug Resource Center (AOD) and Beu Health Education. This event was aimed at educating students on how alcohol and sexually transmitted infections (STIs) correlate with one another, knowledge about different types of STIs, and raising awareness about knowing your status by offering free STI testing. Specifically, the alcohol education component focused on the effects of alcohol on judgement, ability to give consent under the influence, and other basic alcohol information.</p>

**IV. Beu Health Center**

Beu Health Center is an accredited full service medical clinic offering quality outpatient health care, student health insurance and health and wellness education to registered Western Illinois University students. At Beu Health Center, students' individual needs are attended to in a confidential and caring manner.

\*IND 24

**A. Alcohol and Other Drug (AOD) Resource Center**

The AOD Resource Center addresses alcohol and other drug use at Western Illinois University (WIU) by providing direct service in assessment, education, and treatment as well as developing and participating in outreach and prevention activities on and off-campus.

### **1. Prevention Services:**

The AOD Resource Center Prevention and Outreach Program continues to expand its services to the Western Illinois University (WIU) campus community, in addition to becoming known and utilized in the Macomb community as a whole. The Prevention and Outreach Program provides on campus educational presentations throughout Fall 2018 - Spring 2020. It created and facilitated Alcohol and Other Drug Resource Center sponsored events including but not limited to the Think B4U Drink, Mindful Madness and Study Smart. The Step Up Bystander Intervention Training program was initiated in Fall 2011 and has continued to be a great training that occurs at least one time per semester. The Alcohol and Other Drug Resource Center Annual Prevention Report speaks to the many efforts completed and can be found as an attachment to the hard copy of this report (**See Appendix E**).

#### **A. Online Assessment Tools:**

##### **E-Chug**

Electronic Check Up and Go (e-Chug) developed by San Diego State University, is an online alcohol and intervention tool provided free of charge by Beu Health Center to the campus community since 2004. The link <https://interwork.sdsu.edu/echug2/?id=WIU> is provided at the Beu Health Center web site and other campus sites including the University Counseling Center (UCC) and Alcohol and Other Drug (AOD) Resource Center. This tool is used by the AOD Resource Center and UCC in conjunction with brief motivational interviewing to assist students in assessing their alcohol consumption. Some instructors have also integrated it into their curriculum.

**\*IND 21**

##### **E-Toke**

The electronic THC Online Knowledge Experience (e-TOKE) developed by San Diego State University is a marijuana-specific brief assessment and feedback tool designed to reduce marijuana use among college students. It also provides some education on alcohol. This assessment is provided free of charge to the campus community through the Beu Health Center. The link <http://interwork.sdsu.edu/etoke/index.php?id=WIU> is hosted at the Beu Health Services website, as well as to the University Counseling Center and AOD Resource Center web sites. It is also promoted during various presentations and events across campus.

**\*IND 21; NIAAA Tier I/Tier III**

#### **B. Other Prevention Initiatives:**

##### **Step Up Bystander Intervention Training**

Western Illinois University Alcohol and Other Drug Resource Center introduced the Step Up Program, a prosocial behavior and bystander intervention-training program with an additional educational component on alcohol in Fall of 2011. This program was developed by the University of Arizona C.A.T.S. Life Skills Program to promote helping behaviors amongst students.

The goals of Step UP! are to:

- Raise awareness of helping behaviors
- Increase motivation to help
- Develop skills and confidence when responding to problems or concerns
- Ensure the safety and well-being of self and others

The Step Up Program has been offered at least one time each semester during the 2018-2019 and 2019-2020 academic years.

**\*IND 18, ENV 6**

**C. Total Prevention Services:**

	Fall 2018	Spring 2019	Fall 2019	Spring 2020* <i>COVID-19</i>
Prevention Activities	41	18		
Total Participants	2440	944		

**2. Intervention Services:**

**Alcohol and Other Drugs (AOD) Resource Center**

The AOD Resource Center, now a part of the University Counseling Center, is a state licensed facility for Early Intervention education and Level I Outpatient treatment with dual-diagnosis capability. AOD Resource Center also provides Secretary of State services such as DUI Evaluations, Updates, Investigative Reports, and Driver’s Risk Education.

**\*IND 9, 15, 16, 23**

The following table provides information on the extent of services provided:

	Fall 2018	Spring 2019	Fall 2019	Spring 2020* <i>COVID-19</i>

Direct Service hours	151.75	247.5	107.5	75.75
Total (Individual and Group)	231.75	277.5	107.5	75.75
DUI services (#) (Includes SOSIR)	10	9	5	1
Number of people enrolled in DUI Risk Education	8	5	0	1

Note that direct service is recorded as hours while DUI services are recorded in number of clients per original request.

## V. Student Development and Orientation:

### 1. Student Development and Success Center

The Student Development and Success Center is committed to providing a student centered, co-curricular environment that supports the academic mission of the University and embraces the belief that learning is not confined solely within traditional classroom boundaries. The Student Development and Success Center provided resources such as Health Education, Disability Resources, Student Rights and Responsibilities and Student Development. The telestars email is now called “Get Inclusive” which is a sexual assault and harrasment training including information regarding alcohol and sexual assault. Get Inclusive training has moved from the Student Development and Orientation office to the office of Equal Opportunity and Access which can be found in **Appendix F** in the hard copy report.

#### Health Education

Outreach programs, as well as individual consultations regarding specific health issues, are available to WIU students. Professional staff and student health educators provide a wide variety of workshops, presentations and services to promote individual and community health and wellness. There are no fees for services.

#### 1. Tobacco Cessation:

All patients seen at Beu Health Center for evaluation and management are screened for tobacco use. Patients seeking to quit or reduce tobacco use are referred for free cessation counseling. Health Education offers a program that helps patients understand the smoking addiction and recovery process. Patients learn how to assess their reasons for tobacco use and motivations for quitting. Education offered during individual sessions assists the student in looking at reasons for use, barriers to quitting, and a plan for cessation and maintenance.

**\* Similar to IND 9 & 15 except it is tobacco focused; NIAAA Tier III**

## **2. Peer Education:**

### **SHAC (Student Health Advisory Committee) Peer Mentors**

Student peer mentors receive intensive training on such topics as communication, listening skills, responding and referral/intervention skills, bystander intervention, time management, stress management, community and campus resources, role modeling and ethics. Upon successful completion of training, students provide health and wellness education in many forms across campus. Peer mentors provide presentations in the residence halls, Greek housing and classrooms. Students are involved in various health awareness campaigns on campus, including alcohol and other drugs. Each semester 10-15 students are engaged in SHAC.

**\*IND 14, 18; NIAAA Tier I/Tier III/Tier IV**

## **3. DIY Boxes:**

DIY Boxes are a new initiative created in the spring of 2018. The intent of the boxes are to provide quality information on a variety of topics, including Alcohol and STIs, to student leaders such as Resident Assistants and student organization leaders. The student leaders can then facilitate the prepared program to a small group of students in a comfortable and safe environment. Information is kept up to date as changes occur.

**\*IND 14**

## **2. Student Orientation and Registration (SOAR)**

Information regarding alcohol and other drugs is incorporated throughout the SOAR program. Families/guests have the opportunity to attend a session from the Beu Health Center, which includes information about its services, including the Alcohol and Other Drug Resource Center. The students have specific times throughout the program to sit and have "hot topic" conversations with the Orientation Leaders. Such topics include alcohol, drugs, etc.

Starting in 2018, also during SOAR, students and guests attend an information session on several important topics, including Title IX, sexual assault, alcohol consumption, and others. The focus of this session is on campus protocols and student decision making. Students leave with information on how campus staff respond to incidents involving alcohol consumption. In 2018, over 1500 students and guests attended this session through SOAR. In 2019, over 700 students and guests attended this session through SOAR. Students continue to have small group times with their Orientation Leaders and have the opportunity to ask questions and gain the student perspective on these topics.

During Welcome Week 2018, a new session was added on Saturday. All first year students were to attend the session, led by staff in EOA, UHDS, and Student Judicial Programs. Topics went a little deeper than the session at SOAR and students were reminded of the potential impacts of their decisions as well as university protocols. Around 400 students attended.

*COVID Restrictions*

Due to stay-at home orders in Illinois, all scheduled in-person programs were moved to a virtual format. Twelve programs took place late May-June 2020. Due to time limitations, these programs included presentations/information that was deemed critical for students to know in order to make decisions about coming to WIU. Therefore, alcohol/other drug related information was not specifically shared during this time.

However, through the month of July 2020, over 44 virtual programs representing various offices on campus - one of the offices was Student Development & Success Center and Beu Health Center. They hosted 4 virtual programs LIVE via Zoom for interested students. During this program, various resources and services were highlighted including alcohol and other drug resources.

Additionally, a full online virtual orientation experience was created for students via our Learning Management System-Western Online. Students could log into western online 24/7 and learn more about the various offices and resources available to them on campus. Beu Health Center had a specific page with navigation links to more information about alcohol and other drugs.

**\*IND 18; NIAAA Tier III**

#### **VI. University Housing and Dining Services:**

##### **Hall Staff Training**

UHDS staff, including Resident Assistants, Hall Directors, Complex Directors and support staff attend annual retreat/training sessions prior to the beginning of each school year (in August). Topics in the training include alcohol and other drug education, enforcement of policy violations, and crises management.

##### **Targeted Prevention Programming**

Educational and alternative programming is provided on an ongoing basis within University Housing. Programmers include Certified Peer Educators, Resident Assistants, Hall staff and Guest speakers. Topics include risk reduction, awareness, social norms and legal consequences. Specific programming targeted to all first year students in the first six weeks of the semester was Club Wetzel, an alcohol education program that is a traditional program for us. It was hosted in September 2018 and also in September 2019.

**\*IND 1, 14, 18, ENV 2; NIAA Tier III**

##### **Club Wetzel**

Wetzel Hall was known for its program entitled *Club Wetzel*. This mock party environment helps students understand the effects of alcohol and drug use as well as the consequences of their actions. Many students attend this event each fall semester. Even though Wetzel Hall closed at the end of Spring 2009 semester the Inter-Hall Council and FYE program has picked up the event and continue to offer this program in different formats and locations.

**\*IND18, ENV 2**

## **VII. Greek Life**

The core purpose of each fraternity and sorority is to create better men and women through leadership, service, scholarship, and social opportunities. Although each chapter is unique, every organization promotes similar values and ideals. Western Illinois University is proud of its strong Greek tradition. We offer 15 national fraternities, 11, national sororities, and one co-ed national fraternity for students to choose from. Members of our organizations are heavily involved in campus and community organizations as well as in all-Greek committees like Greek Week, Rho Lambda Order of Omega, Gamma Sigma Alpha, Social Event Management Policy/Risk Management Committee, and the Fraternity & Sorority Life Accountability Board.

### **Mission Statement**

Fraternity & Sorority Life in the Office of Student Activities at Western Illinois University, in support of a diverse and thriving fraternity and sorority community, will provide opportunities and resources to assist in the learning and development of students as members of self-governing and values based organizations while promoting positive and active citizenship, informed decisions and empowerment to make meaningful contributions to university and local community.

### **Core Values (1 of 5: Created Spring 2013)**

Accountability:

In our community, we believe we share a set of common values. We work together as peers and as a community to support each other and hold each other accountable according to University standards, council standards, and each chapter's standards and values.

### **Learning Outcomes (1 of 7: Created Spring 2013)**

Accountability Learning Outcome:

The members of WIU Greek community will be able to recognize what accountability means to themselves, their chapter, council, and the greater community and apply it into their daily actions.

### **IFC/PHC Risk Manager Roundtable**

All fraternities/sororities are to be in compliance with their international policies for the distribution of alcohol. Before hosting an event, at the start of each semester, the President, Risk Manager, and Social Chair(s) of each chapter will attend the FSL Risk Management Round-table. If a chapter does not participate and/or complete the FSL Social Event Management Policy Training, they will not be allowed to host an event with alcohol until they complete the necessary steps with the Fraternity & Sorority Life Risk Management Committee.

### **ENV- 9; NIAAA Tier II/Tier IV**

### **Policies**



Each individual council and organization has a policy that prohibits the use of alcohol during recruitment events. The Fraternity & Sorority Life Programs Handbook also has a Social Event Management Policy. This handbook can be found in the hard copy of this report in **Appendix G**.

**Programs**

- Alcohol Presentation Program are presented each semester that are centered around social media use which included how students post online regarding alcohol usage. Laws applicable to online postings also discussed.
- Hazing Prevention Week: Week consisted of educational and social programs that highlight the dangers associated with hazing, including the forced consumption of alcohol.
- Hazing Prevention Programs are presented each semester. Each FSL student must complete an annual online hazing prevention course and each member must also sign an anti-hazing form to join the FSL Community.

**\*IND 14, 18**

**VIII. Athletics:**

The Athletic Department produces a yearly Student Athlete Handbook, which includes a Drug and Alcohol Policy, Drug Testing Protocol and Alcohol Abuse Policy. At the beginning of each academic year, every student-athlete is educated on the Athletic Department’s Alcohol and Drug Policy and its expectations. The student-athletes are educated on what drugs are banned by the NCAA for that particular year. In most cases, it is the same banned drug’s year after year. The department advises student-athletes to communicate with their coaches and athletic trainers on all medicines, supplements or prescriptions they may be taking.

**\*IND 1, 14, 18; NIAAA Tier I/Tier III**

**Drug Testing**

WIU athletics is involved in two types of drug testing programs, the WIU program and the NCAA drug-testing program. The WIU drug-testing program occurs 1-2 times per semester or 3-4 times each academic year and the NCAA program happens annually. The WIU program involves randomly testing student athletes from all sports, whereas the NCAA usually tests Football, Baseball and possibly one other sport one to two times during the year. See the table below for testing statistics for fiscal years 2018 and 2019.

	Number of student athletes tested	Positive tests with AOD referrals
WIU Fall 2018	52	1 positive/1 AOD referral
WIU Spring 2019	52	0 positive tests

NCAA Fall 2019	25	0 positive tests
NCAA Spring 2020	11	1 positive test/No AOD referral
WIU Fall 2019	54	4 positive tests/4 AOD referrals
WIU Spring 2020	0	N/A - Due to COVID

**\*Tier III**

**IX. Other Alternate Activities:**

**Late Night Programming**

The Office of Student Engagement and Student Recreation Center provides numerous late night/alternative alcohol-free activities with collaboration and assistance from the Alcohol and Other Drug Resource Center as appropriate. Activities that are provided are listed below and are scheduled on multiple days of the week in the evening as an alternative to alcohol use. Funding is provided by student fees to support various events.

Please see below for a list of the activities provided during Fall of 2018 - Spring of 2020 report period by the Office of Student Actives.

Due to *COVID-19 restrictions* starting in mid-March, most programming was canceled and some virtual events were provided.

<b>Fall 2018-Spring 2019</b>	<b>Date</b>	<b>Description</b>
Rocky After Dark: First Night	August	Carnival on football field for new students
David Hall Hypnotist	August	Opening weekend entertainment
Paint U	August	Opening weekend entertainment
Outdoor Movie	August	Opening weekend entertainment

Casino Night	September	Opening 1 <sup>st</sup> month entertainment
Taste of Macomb	September	Opening Month program with Res Life
Bingo (Fall and Spring)	2 each semester	FREE w/prizes
Various Movies (10 throughout academic year)	4 in Fall/6 in Spring	FREE to students
UUB Game Night	October	Various board games with prizes
Family Day BBQ	October	Collaboration between UUB and School of Agriculture
Dueling Pianos	October	Fun musical experience
Life Size Game Night	October	Chess, Jenga, Connect Four, Angry Birds
Rec Center Squat Challenge	October	Rec Center
Health and Wellness Fair	October	Rec Center
“Western’s Strongest Leatherneck” Competition	October	Rec Center
Fallen Soldiers 5K Walk/Run	October	Rec Center
Relaxation Night Event	November	Chair massages and soothing music

Homecoming Variety Show	October	Student orgs perform variety acts
Homecoming Yell Like Hell	October	Student org cheer competition
Homecoming Spirit Game	October	Football game/pep rally
Rec Center Deadlift Challenge	December	Rec Center
Glow Roller-skating	January	Opening Week Activities
Speaker/Comedian	January	Collaboration with DRC
Escape Room	February	Fun team building
Valentine's Day event & Magician	February	Live entertainment and light snacks
Succulent Painting	February	Fun DIY Eent
Laser Tag	March	Inflatable in Ballroom
Speaker: Michael Sam	March	First openly gay professional fb player
Casino Night	March	Card games, Blackjack, Roulette, Craps with prizes
ADFPF Powerlifting Meet	March	Rec Center

Glow in the Dark Zumba	March	Rec Center
Glow Painting	March	Paint & Sip DIY event
Glow Bingo	April	Part of UUB Best Week Ever programming
Mini Golf	April	Collaboration with Park District
CorbinStock: joint program with Res. Life	April	Music festival with local talent
Concert: Morgan Evans and Dylan Scott	April	Country Artists
Burpees for Bucks Fundraiser	April	Rec Center
Drag Show: co-sponsor with Unity	May	Annual event
Exercise is Medicine	All Fall 18-Spring 19	Group fitness Classes offered with collaboration of the UCC
<b>Fall 2019-Spring 2020</b>	<b>Date</b>	<b>Description</b>
Rocky After Dark: First Night	August	Carnival on football field for new students
David Hall Hypnotist	August	Opening weekend entertainment
Casino Night: partnership with Residence Life	August	Opening week programming

Tacos and Tie Dye	August	Opening week programming
Bingo (Fall & Spring)	August/April	
Think Fast Game Show	September	Similar to Price is Right game
UUB Game Night	September	Various board games with prizes
Various Movies (10 throughout academic year)	5 in Fall/5 in Spring	FREE
Homecoming Variety Show	September	Student orgs perform variety acts
Homecoming Yell Like Hell	September	Student org cheer competition
Homecoming Spirit Game	September	Football game/pep rally
Fallen Soldiers 5K Walk/Run	September	Rec Center
Tie Dye tees	October	Free shirts for students to make/take
Life Size Game Night	November	Jenga, Chess, Connect Four, Angry Birds
Outdoor Movie: Scary Movie Night w/Hay Rides	November	FREE show
Glow in the Dark Roller Skating	January	Welcome Back Week Programming

RecFest	January	Rec Center
I (HEART) Female Orgasm	February	Collaboration with Women's Center
Harriet Screening and Q&A	February	Collaboration with GBCC and Women's Center
UUB Game Night	March	Board games, E-games, and Life Size games
Virtual DIY Events	April	
Virtual Scavenger Hunts	April	
Virtual Bingo	April	

**\*ENV 2; NIAAA Tier IV**

**X. Academics:**

**A. First Year Experience:**

**The First Year Experience (FYE) Program Synopsis:**

The goal of the FYE Program is to create an environment where first year students can develop the habits they need for success. We support student success through a community of faculty and staff who understand and respond to first year student needs in a timely and intentional manner. To do so, we must identify where students are at risk of not succeeding and/or retaining and provide necessary resources to address these risks. For our first year students, getting involved and forming meaningful connections to Western Illinois University is an indicator of retention.

**The WIU FYE Program will:**

**Goal 1:** Create an environment where first year students will experience academic, personal, and professional success.

**Goal 2-** Identify where first year students are at risk of not succeeding and/or retaining and identify or create necessary resources.

**Goal 3:** Provide first year students the opportunity to form meaningful connections to Western Illinois University.

**Goal 4a:** Create and make available support for first year students in the form of resources and policies;

**Goal 4b:** Educate first year students about created resources and policies, emphasizing their value and how to access;

**Goal 5:** Establish a community of faculty and staff who understand and respond to first year student needs in a timely and intentional manner.

The First Year Experience was reviewed and revised during the academic year 2018-2019, implementing in Fall 2019. The FYE program has two courses, UNIV 100 and a general education or pre-professional “Y” course, both of which are taken in the student’s first semester.

University 100 is a general education course designed to help the students make a successful transition to the university and help students learn to live well focusing on the various dimensions of wellness including emotional, physical, social/civic, and intellectual wellness.

### **Programs/Initiatives**

Each week in UNIV 100, one of the dimensions of wellness is focused upon in the course. The FYE program dedicates one week each semester to the course topic “Drugs, Alcohol, and Sexual Health,” which includes AOD Awareness and behaviors. It also covers a week of Campus Safety, where personal safety, violence, and conflict resolution are addressed and discuss alcohol and drug use in relation to campus safety. The UNIV 100 course instructors have the freedom to cover topics differently but they all cover the topic.

Some of the engaging ways instructors cover this topic include:

A. All FYE faculty, instructors, and peer mentors have access to resources for the course, including the following:

Student Resources Guide:

We have listed live links for “Beau Health Center” and “Alcohol and Other Drug Resource Center” under “Health and Wellness.”

In the FYE Teacher Resource Westernonline site, we also have a separate PowerPoint created using the materials provided on the [AOD WIU website](#). This is updated annually, to ensure accuracy.

*Books/Articles:*



- Under the Influence: Taking Alcohol Issues Into the College Classroom Burggraf Riley, J., Durbin, P., D’Ariano, M., Johnston, L. D., O’Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (2008).
- Johnston, L. D., O’Malley, P. M., Bachman, J. G., & Schulenberg, J. E. (2008). *Monitoring the future: National survey results on drug use, 1975 – 2007. Volume II: College Students and Adults Ages 19-45.* (NIH Publication No. 08-6418B). Bethesda, MD: National Institute on Drug Abuse.
- Wechsler, H., & Nelson, T. F. (2008). What we have learned from the Harvard School of Public Health college alcohol study: Focusing attention on college student alcohol consumption and the environmental conditions that promote it. *Journal of Studies on Alcohol and Drugs*, 481-490.

*Electronic Sources:*

- **SUBSTANCE ABUSE IN COLLEGE: Recognizing, Understanding and Combatting Alcohol & Drug Abuse on Campus**
- **College Student’s Guide to Avoiding Drug and Alcohol Abuse**
- **Interactive Games (making good choices)**
  - <http://www.usnews.com/education/best-colleges/articles/2015/08/18/interactive-games-help-address-drinking-sexual-assault-in-college>
  - <http://www.andrew.cmu.edu/course/53-610/profile.html>
- National Institute on Alcohol Abuse & Alcoholism
  - <http://www.collegedrinkingprevention.gov/>
- National Clearinghouse for Alcohol and Drug Information
  - <http://www.samhsa.gov/>

B. Having the AOD Resource Center present to the class. There are several different AOD programs that the instructors can request and the AOD has always been happy to make accommodations for these courses. *Please note that face-to-face presentations in the classroom have been suspended for Fall 2020, with the hope that we might resume in Spring 2021 due to Covid-19.* We are supplementing with an emphasis on the virtual resources available.

C. Instructors also may cover the information related to AOD in various engaging ways based on their understanding of the students in that particular course. UNIV 100 instructors are strongly encouraged to tailor the materials presented to the students in that section. As a result, we review assessment documents and if we determine that our students could use a service not currently presented, but in this case related to alcohol and drug use,

In **Appendix H**, there is a description of the FYE program.

**\*IND 14, 18; NIAAA Tier IV**

## B. Course Listings:

### Curriculum:

The following courses are available at the undergraduate and graduate levels. They include courses related to alcohol and substance abuse and associated risk factors, treatment, and social development. The Department of Psychology offers a psychology of substance abuse course sequence that students interested in addiction can take. This course sequence allows interested students to pursue academic coursework in preparation for Certification as an Alcohol and Drug Counselor (CADC) in Illinois.

### Undergraduate Courses:

#### African American Studies

**251 Social Problems of Black Americans. (3)** A sociological investigation of such problems as crime and delinquency, racism, mental illness, drug use, alcoholism, and poverty. *Prerequisite: sophomore standing or consent of instructor.*

#### Chemistry

**263 Introduction to Pharmacology. (3)** This course introduces the students to the basic concepts of pharmacology and the major categories of pharmacologic agents, and explores the myths and facts about vitamins, nutritional supplements, and common herbal medicines. *Prerequisites: either BIOL 101 or ZOOLOGY 200 or ZOOLOGY 330; and either CHEM 102 or CHEM 330.*

**264 Pharmacy Methods. (3)** This course is designed as an aid for students who plan a career in Pharmacy. The course describes methods used in Pharmacy, including receiving and processing prescriptions, drug calculations, dosage and formulations, Pharmacy law, and inventory control. *Prerequisite: CHEM 263 or permission of the instructor.*

**363 Rational Drug Design. (3)** The course emphasizes the process of drug development, identification of drug targets, and their introduction into clinical practice. Basic principles of target identification and validation, chemical libraries and screening, receptor mechanisms and receptor targeting, ligand-based drug design are discussed. *Prerequisite: CHEM 332*

**463 Advanced Pharmacology. (3)** This course introduces the students to the chemical aspects of drug-receptor interactions, pharmacokinetics, and pharmacodynamics of major categories of pharmacologic agents. Not open to students who have credit for PSY 444. *Prerequisites: CHEM 421 and either ZOOLOGY 331 or ZOOLOGY 430; or NURS 310 and permission of the instructor.*

**440 Elementary Forensic Techniques. (4)** Applications of chemical principles to analysis of crime scene physical evidence including serology, drugs, explosive residues, arson debris, papers and inks, paint, and DNA fingerprinting. State-of-the-art techniques and instrumentation are used. *Prerequisite: CHEM 221 or 330 or permission of instructor. 3 hrs.; lect.; 3 hrs. lab.*

**452 Forensic Toxicology.** (4) Designed primarily for Forensic Chemistry majors. Applications of pharmacological, toxicological, and instrumental methods used in forensic investigations of death, poisoning, and drug use. Cannot be applied toward the Chemistry minor. *Prerequisite: CHEM 332 and 341. 3 hrs. lect.; 3 hrs. lab*

### **Dietetics, Fashion Merchandising, and Hospitality**

**150 (formerly FCS 204) Introduction to Hospitality Management.** (2) A review of the history, growth, and development of hospitality services including an exploration of career opportunities in contemporary hospitality operation.

**256 (formerly FCS 462) Bar and Beverage Management.** (3) Principles of beverage science, mixology; bar and beverage management including controlling personnel, purchasing, inventory, and equipment; and legal issues related to clientele. *Prerequisites: FCS 150 and 21 years of age. Field trips will be required.*

### **Health Sciences**

**120 Personal Health Promotion.** (2) (General Education/Human Well-Being) Designed to enhance students' physical, intellectual, emotional, social, and spiritual health, which will enable them to pursue their college and life goals more effectively.

**123 Drug Use and Abuse.** (2) (General Education/Human Well-Being) A comprehensive and in-depth study of the use and abuse of drugs in our society.

**321 (Cross-listed with WS 321) Women's Health.** (3) Provides information about how women can improve their chances of achieving and maintaining high-level wellness. Among the topics included are: prevention, early detection and treatment of health problems commonly occurring among women, contraception, pregnancy and childbirth, using the medical care system, and mental health. *Open to male and female students. Not open to students with credit in HE 321. Prerequisite: junior standing*

**442 Drug Education in the Home, School, and Community.** (3) Concepts of drug education with emphasis placed on preparing the student in content, resources, procedures, and philosophy of home, school, and community drug education. *Prerequisites: HE 123 (or its equivalent) and senior standing, or permission of instructor.*

**450 Health Promotion Workshop.** (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the health promotion professional. *Prerequisite: senior standing or permission of instructor.*

**450 School Health Workshop.** (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the school health professional. *Prerequisite: senior standing or permission of instructor.*

### **Nursing**

**326 Pharmacology I. (3)** This course introduces the pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education. *Prerequisite: NURS 310.*

**327 Pharmacology II. (2)** This is the second course in a two course series and continues the discussion of pharmacotherapeutics, pharmacokinetics, and pharmacodynamics of agents used in patient care and education *Prerequisite: NURS 326.*

**328 (Formerly NURS 423) Mental Health Nursing. (3)** Students provide nursing care for clients from childhood through old age with acute and chronic needs related to mental health. Clinical experiences will occur in various settings. *Prerequisite or Corequisite: NURS 322.*

**405 Nursing and the Community. (4)** This course focuses on understanding and practicing public health and community health nursing, including epidemiology, client system, health behavior, health accommodation, stress and adaptation, and levels of prevention, immunizations, home care, clinics, and community agencies. A clinical component course. *Prerequisite: NURS 408.*

**410 Public Health Nursing. (3)** This course focuses on understanding population-based nursing care and public health nursing concepts including the role of public health nurses, levels of prevention, population based education, epidemiology, family-based care, immunizations, and specialty areas of population-based care. *Prerequisite: NURS 408. Corequisite: NURS 422.*

**433 Community Mental Health Nursing. (3)**Explores population-specific mental health issues including access, treatment modalities, and follow-up, and drug and alcohol abuse in the context of community health nursing. A clinical component course. *Prerequisite: NURS 328 or permission of program director.*

## Psychology

**100 Introductory Psychology. (3) (General Education/Social Sciences)** An introduction to psychology including methods, theory, and data regarding the study of behavior. Topics include biological, social, learning, personality, motivation, and abnormal behavior.

**250 Human Social Behavior. (3) (General Education/Social Sciences)** An introduction to the influences of social factors on behavior. Topics include helping, aggression, interpersonal attraction, attitudes, prejudice, and behavior in groups. *Prerequisite: PSY 100 or permission of instructor.*

**251 Personality and Adjustment. (3) (General Education/Social Sciences)** An introduction to the study of personality and its relation to human behavioral adjustment emphasizing such topics as relating to others, stress management, needs, values, and self-esteem. *Prerequisite: PSY 100 or permission of instructor.*

**334 Perspectives on Substance Abuse. (3)** This course is designed to provide students with a usable framework regarding the nature of substance abuse and dependence. Students will explore

various perspectives on substance use, as well as current issues in its diagnosis and treatment.  
*Prerequisites: PSY 100 and 251, or permission of instructor*

**335 Substance Abuse Assessment, Education and Case Management. (3)** This course is designed to provide an understanding of the roles of assessment, education, and case management in substance abuse treatment settings. *Prerequisite: PSY 334.*

**336 Ethics and Special Populations in Substance Abuse Treatment. (3)** This course is designed to familiarize students with relevant ethical and practice guidelines in substance abuse treatment, as well as with issues vital to effectively working with diverse populations.  
*Prerequisites: PSY 100 and 251.*

**427 Health Psychology. (3)** Examines how psychological theory and research have been used to study the behavioral, psychological, and social factors that affect physical health. Topics include how social scientists study coping with stress, pain, illness management, and prevention of unhealthy behaviors. *Prerequisites: PSY 251 and 223, or permission of instructor.*

**434 Substance Abuse Treatment Approaches and Techniques I. (3)** This course is designed to provide an introduction to basic therapy and counseling skills that are utilized in the treatment of substance abuse, as well as current brief therapy approaches. *Prerequisite: PSY 334.*

**435 Substance Abuse Treatment Approaches and Techniques II. (3)** This course is designed as an extension of Substance Abuse Treatment Approaches and Techniques I. Through more extensive examination of theory, research, and practice, students will be provided with information that guides the understanding and treatment of substance abuse problems.  
*Prerequisite: PSY 434.*

**436 Substance Abuse Practicum. (3)** This practicum will provide an opportunity for students to develop their individual and/or group substance abuse assessment and treatment skills through supervised work in a treatment center. *Prerequisites: PSY 336 and 435, or permission of instructor.*

**444 Biopsychology of Drugs and Addiction. (3)** A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use.

## **Social Work**

**331 Social Work and Addictions. (3)** An introduction to addictions and their effects on individuals, families, and society. Current theories, treatments, and social work roles and functions will be studied. *Prerequisite: junior standing or consent of instructor.*

## **Sociology**

**200 Contemporary Social Problems. (3) (General Education/Social Sciences)** An investigation of problems pertaining to group conflict, race relations, crime, family disorganization, and other significant aspects of contemporary society. *Prerequisite: SOC 100 or consent of instructor. IAI: S7 901*

**255 Deviant Behavior. (3)** An analysis of research findings and theories relating to a variety of forms of “deviant behavior.” *Prerequisite: SOC 100 or consent of instructor.*

**424 Sociology of Mental Health. (3)** A survey of the history, causes, treatment, and effects of mental illness in the U.S. with emphasis on sociological factors such as social class, race, definitional process, etc. *Prerequisites: SOC 100 and one additional Sociology course, or consent of instructor.*

### University Courses

**100 Personal Growth in Higher Education. (1)** This course provides first-year students with an introduction to social, intellectual, personal, and physical wellness as they relate to college-level success. *Credit cannot be given for both UNIV 100 and CSP 110. Prerequisite: Freshman standing with fewer than 24 s.h. earned, or permission of University Course Coordinator*

### Graduate Studies Programs:

#### Chemistry

**452G Forensic Toxicology and DNA Analysis. (4)** Designed primarily for Forensic Chemistry majors. Applications of pharmacological, toxicological, and instrumental methods used in forensic investigations of death, poisoning, and drug use. Cannot be applied toward a Chemistry minor. *Prerequisite: CHEM 332 and CHEM 341.*

#### College Student Personnel

**533 Special Problems in College Student Personnel. (1–3, repeatable to 6)** Designed to provide a group of students an opportunity for further professional growth and to apply problem-solving approaches in dealing with a specific educational problem. *Prerequisite: CSP major*

**550 Legal Issues for Professionals in College Student Personnel. (3)** A study of the complex problems of law and ethics as they influence the field of college student personnel and the student affairs professional’s role. *Prerequisite: CSP major*

**555 Counseling Theories and Practices for College Student Personnel. (4)** An examination of the major theories of counseling, the development of basic counseling skills central to, and for use in, college student personnel settings. *Prerequisite: CSP major.*

**560 Student Characteristics and College Impact. (3)** Characteristics of college students, focusing on the needs of the diverse student populations on today's college campuses, will be

examined. The impact of college on students, including factors related to retention and attrition and the differential impacts of college on various student populations, will also be explored. *Prerequisite: CSP major or permission of instructor.*

### **Counselor Education**

**551 Counseling for Addictions. (3)** Principles and practices of addiction prevention and counseling with special application to the functions of counselors.

### **Kinesiology**

**559 Sport Psychology. (3)** A survey of the theories and research related to sport psychology. Includes the study of individual differences, motivation, and social influence processes in sport settings.

### **Psychology**

**444G Biopsychology of Drugs and Addiction. (3)** A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use. *Prerequisite: PSY 343, or BIOL 103, or HE 123, or HE 442, or graduate standing, or permission of the instructor.*

**523 Social Bases of Behavior. (3)** Survey of empirical research and theories on the psychological processes related to interpersonal behavior, focusing on topics such as attitude change, social influence, and prosocial behavior.

**596 Approaches to Substance Abuse Diagnosis and Treatment. (1)** Students will become aware of the multiple theoretical viewpoints available to understand the human substance abuse, as well as the variety of treatment approaches available for addressing these difficulties. Emphases will be placed upon maintaining appropriate scientific skepticism regarding current cultural and professional viewpoints, as well as appreciating the importance of understanding the challenges inherent in the dually diagnosed. *Prerequisites: Permission of the instructor.*

## **XI. Campus and Community Coalitions**

### **Community and University Partnership (CUPP)**

CUPP includes representatives from several Western Illinois University student organizations, local law enforcement agencies and city officials, community organizations and University administrators. CUPP meets regularly to address issues affecting both Western Illinois University and the City of Macomb, including alcohol and other drugs.

\*NIAAA Tier II

## **XII. Alcohol and Other Drug Assessments and Evaluations:**

## **Core Survey**

Western Illinois University has participated in the Core Institute's Alcohol and Other Drug Survey since its inception in 1989. The CORE Survey measures alcohol and other drug use on campus and provides information to assist with the development of policies and future prevention initiatives. The CORE Survey was administered in Spring 2020 with approximately 540 students completing the survey. The 2020 Core Executive Summary can be found in **Appendix I**.

## **E-Chug/E-Toke Assessments**

WIU has utilized the E-Chug and E-Toke online assessment tools for the past ten years. On demand reports provide information regarding alcohol and marijuana use among our students. Data is collected in some classroom settings as well as student judicial situations and may not represent a random sample population.

**\*IND 21**

## **Alcohol and Other Drug Resource Center Satisfaction Survey Results**

The Alcohol and Other Drug Resource Center (AODRC) has a client satisfaction survey in place to better gauge program effectiveness. Clients receiving services at the AODRC are asked to complete a pre service survey, which addresses substance use patterns and readiness to change. Upon completion of services, they are asked to complete a Satisfaction Survey, which includes the previous readiness to change questions in order to assess whether the AODRC influences a client's desire to change their negative substance use behaviors.

Overall, clients appear to be satisfied with services received. Satisfaction Survey results are attached to the hard copy of this report (See **Appendix J**).

## **XIII. Office of Public Safety (OPS):**

### **Fatal Vision Goggle Demonstration**

OPS provides demonstrations using Fatal Vision Goggles upon request. Officers utilize the goggles and a golf cart to demonstrate the concept of impairment and the risks of driving while impaired. Officers assist with hall programs and collaborate with the Alcohol & Other Drug Resource Center to conduct these demonstrations.

**\*IND 1**

### **Alcohol and Other Drugs Presentations**

The Office of Public Safety developed a PowerPoint presentation entitled "Staying Safe on Campus and Beyond" that is presented during segments of the University 100 course, upon request. This mandatory course is for all incoming freshman & transfer students attending the university. Various officers within the department completed twenty-three programs. Topics covered during this program include personal safety, sexual assault laws/awareness, alcohol/drug policies/laws/safety tips/etc. Ten programs related to alcohol and/or other drugs awareness were done for students involved in Greek life, as well as for students residing on campus in residence halls. In addition, roughly 12 personal safety presentations were provided to a similar audience. Many of those personal safety presentations include discussion



on alcohol and substance abuse/safety, as with the University 100 presentations.

**\*IND 18**

**Western EMS**

Western EMS is a professional, volunteer, non-transport Basic Life Support (BLS) Service. Members provide direct patient care to the Western Illinois University population and visitors to the campus. Western EMS personnel must complete rigorous training, continuing education, and evaluation programs to be eligible for membership. Members are selected based on experience, leadership, dedication, service and professional performance. Please see the table for information regarding alcohol related incidents.

	Fall 2018	Spring 2019	Fall 2019	Spring 2020
Ambulance transport- ETOH Chief Complaint	8	5	4	0
EMS Alcohol Evaluations	13	10	10	3

\*WIU campus closed in March 2020 due to COVID-19, therefore affecting numbers.

**DUI Simulation**

Western EMS hosts a mock DUI each spring semester in April. Please follow the link for additional information: [http://www.wiu.edu/vpas/public\\_safety/wems/mockdui.php](http://www.wiu.edu/vpas/public_safety/wems/mockdui.php).

The intent of this demonstration is to show the dangers of driving under the influence of alcohol or other drugs. The event is open to the public and is geared towards high school and university students.

\*Spring 2020 was canceled due to COVID-19

**\*IND 1**

**Escort Services**

Western Illinois University's Office of Public Safety provides an escort system so students, staff, and visitors do not have to walk alone. WIU Student Patrol members are available to provide escorts on campus during the evening to early morning hours. Student Patrol can be reached by calling OPS at 309/298-1949. Patrol officers can also provide escorts (if available) during times Student Patrol are not available.

**\*ENV 20**

**RAD Classes**

The Rape Aggression Defense System (RAD) self-defense class for women is offered on campus. Three certified officers teach the free course to students, staff, community members, and visitors to campus. The topics covered include avoiding victimization, patterns of date rape encounter, basic principles of defense, full-speed hands-on exercise, and dynamic simulation

training. Alcohol education is presented throughout the class. RAD Classes are offered at least one time per semester.

**\*IND 14**

**XIV. Enforcement Data:**

**Public Safety**

Total liquor and drug law arrests and liquor and drug law referrals

	Fall 2018- Spring 2019	Fall 2019- Spring 2020
OPS Alcohol Charges (including DUIs)	58	16
OPS Drug Charges	25	23
OPS Alcohol Judicial Referrals	16	13
OPS Drug Judicial Referrals	79	37
Total Alcohol Judicial Referrals*	74	29
Total Drug Judicial Referrals*	104	60

\*WIU campus closed in March 2020 due to COVID-19, therefore affecting numbers.

The OPS alcohol and drug charges consist of the total state and city charges for the various alcohol and drug offenses. The OPS alcohol and drug judicial referral information consists of total student judicial referrals issued for various alcohol and drug offenses. Information was provided from each fiscal year (2018-2019) and (2019-2020).

**\*NIAAA Tier III**

For further detailed information on the Office of Public Safety the Annual Security Report, covering the years 2016-2017 & 2017-2018, can be found in **Appendix K** of this report.

**XV: Summary:**

The current report format and information was adapted after receiving feedback from the Illinois High Education Center for Alcohol, Other Drug and Violence Prevention (IHEC). The Director of Beu Health Center and the Prevention Coordinator of the Alcohol and Other Drug Resource Center met to evaluate strengths and weaknesses of Western Illinois University’s current alcohol and other drug abuse prevention efforts. The following is a summary of what was found.

**Strengths:**

Western Illinois University administration continues to be committed to reducing risks associated with alcohol and other drug use on campus. This continues to be part of the university strategic plan for 2012-2022 as well as Student Services’ goals.

The Alcohol and Other Drug Resource Center continues to be a resource for alcohol and other drug intervention. The AOD Resource Center successfully completed its Department of Human

Services Division of Alcoholism and Substance Abuse licensure inspection in January of 2018. In an effort to continue to educate Western students, the AOD Prevention team works hard to continue current prevention efforts and seeks new ideas and collaborations with departments across campus. This led to the creation of new events such as Think B4U Drink, where AOD partnered with OPS, Beu Health Center, and Western EMS to educate students on safe choices around Halloween.

Western Illinois University's First Year Experience (FYE) continues to provide opportunities to reach new university students. As part of FYE, the University 100 course is designed to help students make a successful transition to the university and help them learn to live well as a student, which includes discussion on alcohol and other drugs topics. Health Education participates in many of the University 100 classes during the alcohol and other drugs topic week at which time they present their Alcohol 101 presentation. The FYE program in conjunction with University Housing and Dining (UHDS) also sponsors events the first five weeks of the fall semester. Several of these events allow Health Education to educate students on alcohol and other drugs.

### **Weaknesses:**

Higher Education funding continues to be an issue in the State of Illinois. Furthermore, WIU has lost leaders due to attrition and restructuring. Some key positions have gone unfilled or filled on an interim basis leading to a lack of resources on campus.

Program assessment is imperative in order to determine if the alcohol and other drug programs on campus are effective. While the Alcohol and Other Drug Resource Center continues to implement program evaluation, new ways to encourage student evaluation should be sought.

### **Recommendations for Revising AOD Programs**

#### **Recommendation 1: Conduct a more in-depth Alcohol/Drug Policy Review**

Alcohol and Other Drug policies must be reviewed on a regular basis to ensure they are both reasonable and enforceable. Western Illinois University has numerous policies pertaining to alcohol and other drugs in many different handbooks and policy manuals. It is recommended that all policies pertaining to alcohol and other drugs be reviewed in more detail to ensure they are current, reflect best practices and are consistently enforced.

#### **Recommendation 2: Assess Existing Programs for Evidence of Effectiveness**

The alcohol and other drug prevention program encompasses all of Western Illinois University's campus. A comprehensive program inventory should be conducted to identify and characterize existing programs based on NIAAA Tiers of Effectiveness and College AIM Matrix. Programs that include risk reduction and alternative activities should be included. These programs can then be evaluated to determine their effectiveness and how they may fit into a comprehensive risk reduction plan.

#### **Recommendation 3: Continue to Implement Effective and Relevant Late Night and Alternative Activities for Students**

Western Illinois University should continue to offer effective and relevant late night and alternative activities for students. Budget concerns have caused funding for such activities to decrease over the last few years. It is imperative to offer students safe forms of engagement especially since WIU is located in a rural area without many options for entertainment. Due to COVID-19, we have been presented with new challenges when it comes to Late Night and Alternative Activities for students. To ensure the safety of our students, alternative activities should be created and held in virtual format.

**Recommendation 4: Continue to Search for Innovative Ways for Students to Evaluate AOD Programs**

Program assessment is imperative in order to determine if the alcohol and other drug programs are effective. The AOD Resource Center, now located in the University Counseling Center, should continue to search for new ways for students to evaluate the alcohol and other drug programs on campus. New assessments should, ideally, remove barriers hindering the process and encourage student participation.