

Western Illinois University

Biennial Review

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**WESTERN
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I. Executive Summary:

A. Introduction:

The Drug-Free Schools and Campuses Regulations requires that an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees as a condition of receiving funds or financial assistance under any federal program. Western Illinois University has created the following biennial report to address the alcohol and other drug programs available on campus in addition to their effectiveness, as well as to provide information regarding the current policies and enforcement of those policies. A hard copy of the biennial review can be found within the Office of the Vice President of Student Services, in addition to Beu Health Center and the Alcohol and Other Drug Resource Center. A hard copy of the report is available upon written request through contacting the Clinical Supervisor of the Alcohol and Other Drug Resource Center. All policies and/or additional reports discussed within the biennial review can be found by following the hyperlink on the electronic copy, or by requesting a hard copy of the report in which they will be included as appendices.

B. Scope of Review:

The review examined alcohol and other drug policies on campus, distribution of those policies and enforcement of policies for the academic years 2012-2013 and 2013-2014. It also reviewed the resources available on campus to prevent alcohol and other drug problems on campus, as well as services available to treat alcohol and other drug problems for students and university staff. Information was gathered by Biennial Review contributors from multiple campus departments including but not limited to the Alcohol and Other Drug Resource Center, Beu Health Center, Department of Athletics, Health Education, Office of Public Safety, Office of Student Activities and Student Judicial Programs. Data has been collected in a variety of ways to assess the current alcohol and other drug programs on campus, and to evaluate the effectiveness of programs on campus.

C. General Conclusions:

Western Illinois University appears to be in compliance with the Drug Free Schools and Campuses Regulations. Western Illinois University continues to find strength in its state licensed Alcohol and Other Drug Resource Center which provides both intervention and prevention services. Western Illinois University continues to offer alternative activities through multiple departments and collaboration with these departments and the Alcohol and Other Drug Resource Center appears to be increasing. Western Illinois University continues to increase evaluation of programming to determine whether or not prevention efforts are effective. We utilized the NIAAA Tiers of Effectiveness in our past Biennial Review to determine the type of programs available on campus and to assess whether or not there is room for improvement, making an effort to increase programs with evidence of effectiveness. Western Illinois University Alcohol and Other Drugs Resource Center implemented a Study Smart event in Fall 2013. In addition to this, the city ordinance polices that were adapted and implementation of

educational sessions by campus/community committees prevented Wheeler Street Block party from occurring in the Spring of 2014.

Western Illinois University continues to work towards prevention of alcohol and other drug problems on campus. Despite our strengths, there continues to be room for improvement.

Western Illinois University has received administrative support in addressing alcohol and other drug use issues on campus. Higher Values in Higher Education 2008-2018 strategic plan as well as the updated 2012-2022 strategic plan has specifically addressed alcohol and other drug risk reduction as a strategic goal for this university. In addition to this, Student Services has outlined goals highlighting the support and expansion of late night programming as well as continue efforts on and off-campus with AOD related issues. As part of this goal, efforts will be made at the AOD Resource Center to continue to implement or collaborate with other departments in offering alternative events for students. Upon completion of the Biennial Review, it was determined that the current alcohol and other drug policies for students and staff may need further review to determine whether or not they are up to date.

Overall, Western Illinois University continues to be in compliance with the Drug Free Schools and Campuses Act and continues to work towards addressing misuse of alcohol and other illegal substances a priority.

II. University Alcohol Policies

A. Introduction:

Policy on Drug and Alcohol Abuse

This policy is issued in compliance with the resolution concerning drug and alcohol abuse by faculty, staff, and students adopted by the Illinois Board of Higher Education on May 5, 1987, the Drug-Free Workplace Act of 1988 (PL 100-690), and the Drug-Free Schools and Communities Act Amendments of 1989 (PL 101-226). The purpose of the policy is to inform faculty, administrative staff, Civil Service employees, and students about sources of information regarding the adverse effects of drug and alcohol abuse, to advise them of the counseling and rehabilitation services that are available, and to notify them of the disciplinary actions that may be taken by the University. Copies of this policy and related University guidelines are in the Faculty Handbook and Civil Service Handbook.

Work Environment

In compliance with the requirements of the federal Drug-Free Workplace Act of 1988 and the federal Drug-Free Schools and Communities Act Amendments of 1989, it is the policy of Western Illinois University that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance (as defined in Schedules I through V of Section 202 of the Controlled Substances Act, 21 U.S.C. 812) by employees in the workplace is prohibited. Violations of this prohibition by employees may result in the application of sanctions, including possible required participation in an approved drug abuse assistance or rehabilitation program,

referral for prosecution, and up to and including termination of employment under applicable Board of Trustees policies, university policies, statutes, employment contracts, or collective bargaining agreements.

The illegal use of controlled substances can seriously injure the health of employees, adversely impair the performance of their duties, and endanger the safety and well-being of fellow employees, students, and others. Any employee who appears to be under the influence of drugs and/or alcohol while on the job may be temporarily relieved of work responsibilities. When the employee returns for work, the supervisor will review and discuss with the employee the circumstances which caused the supervisor to direct that the employee be temporarily relieved of his/her work responsibilities. Possible outcomes of this discussion and review may include a recommendation that the employee seek counseling and/or the initiation of disciplinary action in accordance with applicable University policies and procedures.

Employees directly engaged in work under a federal grant or contract are required, as a condition of employment under the grant or contract, to:

1. Abide by the terms of this policy.
2. Notify their supervisors of any criminal drug statute conviction for a violation occurring in the workplace no later than five (5) calendar days after such conviction. Such convictions may result in the application of sanctions, as described above. The University will notify the granting or contracting federal agency within 10 calendar days of receiving notice of criminal drug statute conviction of any employee working on a federal grant or contract when said conviction involves a drug offense occurring in the workplace. A copy of this statement will be given to all employees assigned to work under a federal grant or contract.

Use and Possession of Alcoholic Beverages

Students and their guests who are of legal age, as defined by Illinois statute, may possess or consume alcoholic beverages on University property only in certain designated locations which have been specified in accordance with the University's Residence Hall Handbook and Student Code of Conduct. Except for those University Union staff who have been properly licensed and authorized to sell and serve alcoholic beverages as specified by University policy, University faculty, administrative staff, Civil Service employees, students, and/or their guests may not affect the commercial delivery of alcoholic beverages for sale on University property.

Alcoholic beverages may be sold, served, and consumed at activities sponsored by off-campus groups in accordance with "Policies Governing the Sale and Provision of Alcoholic Beverages".

The possession of alcoholic beverages in open containers by any person is prohibited on University-owned or University-controlled property, except as specified by University policy.

The unlawful possession, use or distribution of alcoholic beverages by students and employees on institutional property or at any of its activities is prohibited.

Prohibited Drugs

Faculty, administrative staff, Civil Service employees, and/or students shall not manufacture, possess, use, deliver, sell, or distribute any substance prohibited by the Illinois Cannabis Control Act or the Illinois Controlled Substance Act, any other State statute, or any Federal statute, except as authorized by law, the Board of Trustees policies, and the policies of Western Illinois University.

The unlawful possession, use or distribution of illicit drugs by students and employees on institutional property or at any of its activities is prohibited.

Counseling and Support Services

Consistent with its mission as a public institution of higher education, Western Illinois University is committed to providing education about the effects of drugs and alcohol and assistance for victims of drug and alcohol abuse. In each of the residence halls, the University offers educational programs on substance abuse and provides referral services for students with drug and alcohol abuse problems. The University Counseling Center and Beu Health Center offer counseling to students with drug and alcohol abuse problems and to students with alcoholic parents. Health Sciences, Counseling Center, and Beu Health Center staff members also offer educational information and programs in classroom settings, for student living units, and for other student organizations.

The University encourages employees who know or believe they have a problem with the abuse of alcoholic beverages or the illegal use of controlled substances to seek professional advice and assistance. One source of assistance is the University's Employee Assistance Program (EAP).

If job performance is adversely affected by abuse of controlled substances, an employee may be referred to the EAP. Participation in the EAP is confidential and is encouraged by the University; however, it will not preclude normal disciplinary action or relieve an employee of responsibility for performing assigned duties in a safe and efficient manner.

Disciplinary Actions

Students who violate University policies concerning drugs and alcohol will be referred to the University Judicial System for disciplinary action in accordance with the Student Code of Conduct. In addition, student employees who violate University policies concerning drugs and alcohol may be subject to termination of employment.

Faculty, administrative staff, and Civil Service employees who violate University policies concerning drugs and alcohol may be subject to disciplinary action including termination of employment.

Faculty, administrative staff, Civil Service employees, and students are advised that violators of State or Federal law are also subject to criminal prosecution by State and/or Federal authorities.

B. Alcohol Policies and Implementation:

The table below provides links for additional information on Western Illinois University alcohol and other drug policies. All policies are included in print form of the Biennial Review (See Appendix A).

WIU Policy on Drug and Alcohol Abuse (8/10/1995)	http://www.wiu.edu/policies/drugalcohol.php
Drug Free Workplace Policy Statement (5/4/1989)	http://www.wiu.edu/policies/drugfree.php
Smoking/Tobacco Use Policy	http://www.wiu.edu/student_services/student_development_office/handbook/noSmokingPolicy.php
Student Right-to-Know and Campus Security Act, and Drug-Free School and Communities Act Information (Approved prior 1998)	http://www.wiu.edu/policies/rtknow.php
Civil Service Handbook, Appendix K - Drug and Alcohol Abuse Policy (July, 1990)	http://www.wiu.edu/hr/handbook/appendix_k.php
BOT Alcoholic Beverage Policy (11/16/2001)	http://www.wiu.edu/board_of_trustees/regulations/alcohol.php
Sale and Provision of Alcoholic Beverages, University Union Policy Manual (Revised August 2013)	http://www.wiu.edu/student_services/university_union/pdf/UUPolicyManual.pdf
Policy on Tailgate Area (Approved 09/06/2011)	http://www.wiu.edu/vpas/administrative_procedures_handbook/tailgate.php
Code of Student Conduct (2013-2014)	http://www.wiu.edu/student_services/student_judicial_programs/codeofconduct.php
Hazing Policy (Approved prior 1998)	http://www.wiu.edu/policies/hazing.php
Alcohol and Other Drug Policy and Resource Guide (Annual Notification updated Aug, 2011)	http://www.wiu.edu/student_services/vpss/pdf/drugbrochure.pdf
Western Courier – Policies Concerning Alcohol Advertising	http://www.wiu.edu/policies/courier.php

(Approved 8/12/1991)	
Social Events Policy for Sororities and Fraternities (Revised Spring 2010)	http://www.wiu.edu/student_services/greek_life/forms_reports_and_policies/pdf/SocialEventPolicy.pdf
Residence Hall Policies and Procedures Handbook 2012-2013 Leatherneck Living Guide 2013-2014	http://www.wiu.edu/student_services/housing/living/pdf/handbookHall.pdf http://www.wiu.edu/student_services/housing/living_on_campus/pdf/Leatherneck-Living-Guide-2014-15.pdf
Graduate and Family Housing Handbook	http://www.wiu.edu/student_services/housing/graduate_family_housing/GFH_Handbook.pdf
Student Employment Handbook	http://www.wiu.edu/student_services/student_employment/handbook/
Student Athletic Handbook (2012-2013 & 2013-2014)	http://www.nmnathletics.com/fls/12000/academics/Athletic%20Student%20Planner.pdf?DB_OEM_ID=12000 http://www.goleathernecks.com/documents/2014/6/4/2538476.pdf?id=2943

III. University Compliance with Federal Regulations:

A. Policy Distribution

Annual AOD Notification

http://www.wiu.edu/student_services/vpss/pdf/drugbrochure.pdf

WIU's AOD policy is provided in print format to students through the Student Handbook, published as part of an annual calendar. In addition to the printed version all registered students receive an electronic notice through the existing Tele-STARS system. A copy of this notice can be found in the hard copy of this document (See Appendix B). The notice is sent out electronically after the tenth day of classes, which is the final day of registration this way WIU ensures all students received a copy of the policy.

All faculty/staff receive notice upon initial hire as part of new employee orientation materials. After the tenth day of classes during the Fall and Spring semesters, all faculty/staff also receives notice of the policy through the existing Tele-STARS system.

B. Legal Sanctions

Students who violate the Code of Student Conduct including alcohol and drug violations are subject to disciplinary proceedings by the University. Students found in violation of these policies receive sanctions ranging from censure to removal from the University community dependent upon the nature of the offense and previous disciplinary history. Usually participation in an alcohol or a drug education program is a requirement of the sanction. The University may contact the parents of students under the age of 21 who are noted as financially

dependent when the student has been found in violation of University policies on alcohol or drugs. Students may also face civil or criminal charges from local law enforcement agencies for alcohol violations on and off campus.

C. Health Risks Associated with Illicit Drug Use and Alcohol Use

Health risks associated with illicit drug use and alcohol use can be found by following the link, http://www.wiu.edu/student_services/vpss/pdf/drugbrochure.pdf. A copy of this can also be found attached to the hard copy of this report.

IV. Funding Sources:

Substance Abuse Prevention Education Grant

The Substance Abuse Prevention Education Grant is used to support alcohol and other drug programs and initiatives. It is funded through fines levied to students for alcohol and other drug policy violations. Requests for funding are reviewed by the Substance Abuse Prevention Education grant committee, appointed by the Vice President of Student Services. The fund request form is found on-line at (See Appendix C):

http://www.wiu.edu/student_services/aod/pdf/SAPEGrantProposalForm.pdf

Programs funded during this report period include:

Event:	Description:
<p>Six Pack Program August 18, 2012</p> <p>Tier III</p>	<p>Students from fraternities and sororities handed out six packs of soda to new students throughout move-in weekend with information on making smart choices when it comes to alcohol and other potential substance use. This was a great way to get students out meeting students while sending a positive message about healthy choices and being a positive member of the Western Illinois University campus community.</p>
<p>Rocky After Dark, First Night Fun August 18, 2012</p> <p>Tier III</p>	<p>Rocky After Dar, First Night Fun is an opening day carnival to welcome new students to campus and start the year off with an entertaining event. The carnival includes rides, food, games, and music. The event provides fun activities for the new student and an alternative to the potential for alcohol use that often occurs at off-campus housing. It also provides an opportunity for students to meet one another, let go of the stresses of the first day in a new place and it has become a great tradition here at Western Illinois University. Education on alcohol is also provided.</p>
<p>B.A.C. Rootbeer Olympics August 23, 2012</p>	<p>The B.A.C. Rootbeer Olympics was hosted by the Alcohol and Other Drug Resource Center and the B.A.C. (Battle Alcohol Consequences) Squad Peer Education Group. The event was aimed at educating students on responsible decision making in</p>

<p>Tier III</p>	<p>regards to alcohol use, as well as educating them on the consequences associated with alcohol consumption. Students were encouraged to complete an obstacle course with use of the fatal vision goggles and were provided education at different stations along the way. The Office of Public Safety was present to educate students on the potential legal consequences associated with alcohol and other drug use. Upon completion of the obstacle course, each student was encouraged to answer a question and enter a raffle for prizes.</p>
<p>Healthy Summer 2012 October 3, 2012</p> <p>Tier IV</p>	<p>Healthy Summer 2012 was hosted by the Spencer Student Recreation Center and Fitness Services. The event celebrated WIU campus's hard work in making healthy choices over the summer for the Healthy Summer 2012 program. The event highlighted the benefits of exercise and making healthier food choices. It provided education on how the use of alcohol and other drugs especially Adderall and alcohol can negatively impact a student's exercise goals and overall health.</p>
<p>Outdoor Movie (21 Jump Street) October 10, 2012</p> <p>Tier III</p>	<p>The purpose of the outdoor movie event was to encourage an alcohol free alternative event while watching the popular feature film, as well as to educate the audience about the risks of alcohol and safe drinking guidelines. The AODRC staff and/or the BAC Squad was present to educate students on the risks of alcohol. The education consisted of popcorn bags with attached messages about the risks of alcohol, standard drink sizes, BAC levels and safe drinking guidelines. The AODRC and BAC Squad created alcohol informative previews to show before the feature film in lieu of traditional movie previews. These "previews" consisted of Poll Everywhere questions, which is an interactive survey where the audience members can anonymously text their responses to a number and their responses will show up on the screen. One of the main purposes of using the Poll Everywhere system was to educate the audience about social norms; specifically, educating the audience about the discrepancy between perceived student alcohol use versus actual student alcohol use.</p>
<p>Horn Field Campus Project Climb to Success October 23, 2012 April 25, 2013</p>	<p>The goal of collaboration with Horn Field Campus was to reduce the substance use of Western Illinois University's AODRC clients, in addition to increasing awareness of alternatives to substance use. Having AODRC clients experience the high ropes course or climb provides exposure to alternatives to substance use but also provides a challenge to our clients. Even small challenges such as a climbing wall or a high ropes course can result in growth, self-reliance, increased self-esteem and</p>

<p>Tier I</p>	<p>ultimately better choices in the interest of self-care. Once per semester eligible students involved in Early Intervention and/or Level I Treatment participate.</p>
<p>Rock-N-Roller Skate November 9, 2012</p>	<p>Rock-N-Roller Skate was a Friday evening activity in which the Spencer Recreation Center transformed into a Rock-N-Roller Skate Arena. The event was entirely free of charge and students used rented skates for free at the facility. Students are encouraged to dress up in their best rock-n-roll costumes and come out with groups, dates, or floor mates. Most importantly, though, students are offered a non-alcoholic evening here on campus.</p> <p>In addition to these objectives, the Campus Recreation staff wants students to leave the Spencer SRC with a better understanding of the consequences of using drugs and alcohol, and the benefits of staying substance free. Alcohol and Other Drugs will be at the event and will have information, activities, and games (limbo, baggo, impaired vision goggles, etc.) throughout the evening to educate students on ways to achieve their own healthy lifestyles.</p>
<p>Tier III</p> <p>Take Back the Night October 18, 2012</p>	<p>Research shows the link between alcohol and sexual assault as the majority of acquaintance rapes involve alcohol, up to 72% of assaults on college campuses, and even higher involving teens. (This statistic was included in the Proclamation that was read at the rally and printed in the Program Booklet).Resource table displayed campus and community offices and organizations that provide violence prevention efforts and support services to victims and survivors. One of the tables was the AOD Resource Center which provided resources and information related to the link between alcohol and sexual assault.</p> <p>At 6:30pm in the Sherman Hall circle drive there were resource table displays by campus and community offices and organizations that provided violence prevention efforts and support services to victims and survivors. Amongst the tables, were the University Counseling Center and AOD Resource Center providing resources and information related to the link between alcohol and sexual assaults. The rally began at 7 p.m. on the steps of Sherman Hall with a reading of the proclamation, which was signed by WIU President Jack Thomas and Macomb Mayor Michael Inman, followed by featured</p>
<p>Tier IV</p>	

	<p>speaker Interpersonal Violence Prevention Coordinator Sean Dixon, performers, a survivor speak-out, and additional remarks were made by campus and community resource providers, including a staff member who highlighted the services and resources available at the UCC and AOD Resource Center.</p>
<p>Happy Hour December 8, 2012</p>	<p>The student workers and professional staff of WIU's intramural program hosted a Happy Hour event at the Spencer Student Recreation Center before a WIU Men's basketball home game. As an alternative to drinking and partying on a Saturday evening, this event was created to be fun filled for all students and employees to attend free of charge. During this event several different activities were held such as: a hot shot competition, a free throw knockout, a three point shootout, and three on three games. To raise alcohol and substance abuse awareness fatal vision goggles were used in the second round of the hot shot and free throw knock out competitions. These games helped demonstrate to students how seriously alcohol can affect your body. AOD was also present at the Happy Hour event and provided education on alternatives to drinking and using drugs. Along with these activities staff held a trivia event in which all the questions were about facts to do with drinking and drug use. Throughout the Happy Hour event, students were be able to answer questions and a winner was announced at the end and given a prize.</p>
<p>Tier III</p>	
<p>Midnight Mardi Gras February 9, 2013</p>	<p>Campus Recreation hosted a Midnight Mardi Gras event. The event was a late night dance party held at the Spencer Student Recreation center to celebrate Mardi Gras. During the event Campus Recreation provided several activities in addition to dancing. Some of those events were mask decorating, making mock tails, costume competitions, a photo booth and traditional mardi gras activities. At 11:45 PM there was a balloon drop which contained tickets for prizes in addition to the costume and dance competitions.</p> <p>Campus Recreation also emphasized alcohol awareness through several educational activities. One of which was in conjunction with the mock tails, they quizzed students to see how much they actually knew about the amount of alcohol in standard drinks. They also handed out recipe cards for the mock tails with campus resources printed on one side and upload the recipes to their website after the event. The Alcohol and Other Drugs Resource Center was at the event and had information, activities, and games (limbo, baggo, impaired vision goggles, etc.) throughout the evening educating students</p>

Tier III	on ways to achieve their own healthy lifestyles.
Kick Butts Day March 28, 2013	<p>Kick Butts Day event was hosted by Beu Health Education with collaboration from multiple offices and organizations on campus. This event educated students on the toxic content of tobacco, consequences of tobacco use, the tobacco industry’s marketing efforts for 18-24 year olds, and tobacco cessation resources on and off campus. A table fair was held in the University Union to provide students with the above education. Additionally, there was a display of cigarette butts that had been collected throughout campus to provide a visual image of the environmental impact of cigarette butts along with verbal and written education on the environmental impact of cigarette butts.</p> <p>Lastly, at this event a proclamation was signed by WIU President, Dr. Thomas; Vice President of Student Services, Dr. Gary Biller; Macomb Mayor, Mike Inman; and Student Government Association President, Caleb Markey.</p>
Tier III	<p>Destress Before the Test May 3, 2013</p> <p>De-Stress Before the Test was new program that Campus Recreation implement during the Spring 2013 semester in response to the high levels of stress that occur before finals week and the common practice of drinking to relieve stress. Through the collective effort of Campus Recreation, Beu Health Education, and AOD Resource Center they provided diverse activities for students to participate in such as a water pong tournament, yoga class, arts and crafts, and other competitions.</p> <p>The event also had a strong educational component to it. Beu Health Education created displays that discussed the side effects of stress, proper ways of managing it, as well as studying tips. The Yoga instructor (Dawn Piper) taught students proper relaxation techniques that they can practice on their own. And the AOD Resource Center promoted alcohol awareness through the water pong tournament, fatal vision goggle competition, and digital displays using an iPad.</p> <p>This program was an initiative by Campus Recreation to help students succeed and be successful through finals week.</p>
Tier III	<p>Six Pack Program August 17, 2013</p> <p>Students from fraternities and sororities hand out six packs of soda to new students throughout move-in weekend with information on making smart choices when it comes to alcohol and other potential substance use. This is a great way to get</p>

<p>Tier III</p>	<p>students out meeting students while sending a positive message about healthy choices and being a positive member of the Western Illinois University campus community.</p>
<p>Rocky After Dark, First Night Fun August 17, 2013</p> <p>Tier III</p>	<p>Rocky After Dar, First Night Fun is an opening day carnival to welcome new students to campus and start the year off with an entertaining event. The carnival includes rides, food, games, and music. The event provides fun activities for the new student and an alternative to the potential for alcohol use that often occurs at off-campus housing. It also provides an opportunity for students to meet one another, let go of the stresses of the first day in a new place and it has become a great tradition here at Western Illinois University. Education on alcohol is also provided.</p>
<p>BAC Rootbeer Olympics August 22, 2013</p> <p>Tier III</p>	<p>The B.A.C. Rootbeer Olympics was hosted by the Alcohol and Other Drug Resource Center and the B.A.C. (Battle Alcohol Consequences) Squad Peer Education Group. The event was aimed at educating students on responsible decision making in regards to alcohol use, as well as educating them on the consequences associated with alcohol consumption. Students were encouraged to stop by different stations in which education was provided. Stations included information on standard drink sizes, blood alcohol content (bac) and impact of bac levels on functioning, as well as ways to lower risks should they choose to consume alcohol. The Office of Public Safety was present to educate students on the potential legal consequences associated with alcohol and other drug use. Upon completion of each station, students were encouraged to answer a question and enter a raffle for prizes.</p>
<p>Rock-N-Roller Skate November 8, 2013</p>	<p>Rock-N-Roller Skate was a Friday evening activity in which the Spencer Recreation Center (SRC) transformed into a Rock-N-Roller Skate Arena. The event was entirely free of charge and students used rented skates for free at the facility. Students are encouraged to dress up in their best rock-n-roll costumes and come to the event with their friends and hall mates. Throughout the evening, prizes were awarded to the best-dressed students. Most importantly, this event offers students a non-alcoholic evening on campus.</p> <p>In addition to these goals and objectives of the event, the Campus Recreation staff wanted people to leave the SRC with a better understanding of the consequences of using drugs and alcohol, as well as the rewards and positive health reasons for staying substance-free. Alcohol and Other Drugs Resource</p>

<p>Tier III</p>	<p>Center was at the event and had information, activities, and games (baggo, fatal vision goggles, etc.) throughout the evening to educate students on ways to achieve their own healthy lifestyles.</p>
<p>Horn Field Campus Project Climb to Success October 9, 2013 April 22, 2014</p> <p>Tier I</p>	<p>The goal of collaboration with Horn Field Campus was to reduce the substance use of Western Illinois University's AODRC clients, in addition to increasing awareness of alternatives to substance use. Having AODRC clients experience the high ropes course or climb provides exposure to alternatives to substance use but also provides a challenge to our clients. Even small challenges such as a climbing wall or a high ropes course can result in growth, self-reliance, increased self-esteem and ultimately better choices in the interest of self-care. Once per semester eligible students involved in Early Intervention and/or Level I Treatment participate.</p>
<p>Take Back the Night October 17, 2013</p> <p>Tier IV</p>	<p>Research shows the link between alcohol and sexual assault as the majority of acquaintance rapes involve alcohol, up to 72% of assaults on college campuses, and even higher involving teens. (This statistic was included in the Proclamation that was read at the rally and printed in the Program Booklet). Resource table displays by campus and community offices and organizations provided information on violence prevention efforts and support services to victims and survivors. One of the tables was the AOD Resource Center which provided resources and information related to the link between alcohol and sexual assault.</p> <p>The rally began at 7 p.m. on the steps of Sherman Hall with a reading of the proclamation, which was signed by WIU President Jack Thomas and Macomb Mayor Michael Inman, followed by featured speaker WIU Alumna Kerri True-Funk Director of Rape Advocacy, Counseling, & Education Services, performers, a survivor speak-out, and additional remarks were made by campus and community resource providers, including a representative of University Counseling Center and WIRC-CAA Victim Services.</p>
<p>Study Smart December 8, 2013 May 4, 2014</p> <p>Tier III</p>	<p>This event was held in the Malpass Library on Sunday night before finals. This activity targeted Western Illinois University students' health during finals week. Specifically this event provided education about the misuse of prescription stimulant drugs like Adderall when studying and offered healthy alternatives to boost study habits. Possible legal consequences for possession were also discussed at this event.</p>

<p>Dance Marathon February 1, 2014</p> <p>Tier IV</p>	<p>The Dance Marathon event was a fundraising event for 2 Children’s Miracle Network Hospitals in the greater St. Louis area. It was hosted by Dance Marathon Committee. Besides being a fundraiser, this event was an opportunity for students to have fun, socialize, and received education in an alcohol and drug free environment. Students were able to hear from children they were helping raise money for to help them develop a better understanding and feel a connection to the cause. Students also received education on alcohol from the AOD Resource Center through the implementation of a resource table and the use of educational bags as well as fatal vision goggles.</p>
<p>Midnight Mardi Gras February 28, 2014</p> <p>Tier III/IV</p>	<p>Campus Recreation hosted a Midnight Mardi Gras event. The event was a late night dance party held at the Spencer Student Recreation center to celebrate Mardi Gras. During the event Campus Recreation provided several activities in addition to dancing. Some of those events were mask decorating, making mock tails, costume competitions, battleship competition, a scavenger hunt, and traditional mardi gras activities. Prizes were given out to the winners of all the competitions.</p> <p>Campus Recreation also emphasized alcohol awareness through several educational activities. One of which was in conjunction with the mock tails, they handed out recipe cards for the mock tails with campus resources printed on one side and upload the recipes to their website after the event. The Alcohol and Other Drugs Resource Center was at the event and had information, activities, and games (baggo, impaired vision goggles, etc.) throughout the evening educating students on ways to achieve their own healthy lifestyles.</p>
<p>Jacki Robinson WiffleBall Tournament April 15, 2014</p>	<p>The Jackie Robinson Tournament is a new event added during the Spring 2014 semester to the various events held at Campus Recreation. This tournament is special because it was held on the national “Jackie Robinson Day” that is celebrated nationwide to celebrate the day that Jackie Robinson had his debut in Major League Baseball. This was a free event for students to participate in and only have to turn in a registration form to our office to participate in.</p> <p>In addition to the honoring of Jackie Robinson, we also provided education on performance enhancing drugs that are so prevalent in sports today. We felt that because this tournament correlated with baseball that it would be a great fit</p>

<p>Tier III/IV</p>	<p>for education and awareness on performance enhancing drugs. The event was open to all students. It was a great activity for students to do while receiving education on performance enhancing drugs.</p>
<p>Stress Management: Laughter Therapy and Aps for Wellness-Speaker Event April 22, 2014</p>	<p>The focus of the program, a laughter therapy presentation, provided a unique technique for stress management and substance abuse prevention. Beu Health Education and Students T.A.L.K. along with other offices on campus brought this program to campus for all students.</p> <p>Students often deal with stress by choosing to drink or do drugs so the laughter therapy strategy can be utilized to teach an effective way to deal with stress rather than the use of substances. Susan Cunningham, a certified laughter yoga leader from Galesburg, IL, gave the presentation. Ms. Cunningham serves on the Drug Free Coalition of the Galesburg Youth Commission.</p> <p>The second component of the event included a variety of prevention resources and services for students, including the University Counseling Center, Campus Recreation, and the Career Development Center. Students T.A.L.K. peer educators demonstrated a variety of free wellness apps that students can download (stress, sleep, fitness, nutrition) and the Alcohol and Other Drug Resource Center demonstrated an app that calculates blood alcohol concentration (BAC). Using technology as an interactive learning technique is a good way of engaging students. The apps were demonstrated with a projector on the wall. The program concluded with healthy snacks and incentives for students (stress balls, cell phone holders).</p>
<p>Sex, Drugs, Alcohol, and Everything In-Between-Speaker event April 23, 2014</p> <p>Tier IV</p>	<p>Sex, Drugs, Alcohol, and Everything In-Between was a speaker event hosted by the Casa Latina Cultural Center. This powerful presentation with speaker Julia Garcia, explored the TRUE college life. Through her fearless and highly engaging approach, she takes you through her real life experiences and excessive partying that ultimately led to her sexual assault, the death of her best friend, and the infamous night that could have taken her whole college experience away. Through her passion for empowerment, she brought her story to light, so others can learn from her mistakes.</p>

EUDL (Enforcement of Underage Drinking Laws) Grant

The Alcohol and Other Drug Resource Center has been given grant funding from Spring 2009 to Spring of 2013 for the enforcement of underage drinking laws. Funds provided by Illinois Higher Education Center and Illinois Department of Human Services have been utilized to increase the number of law enforcement details as well as increase awareness of the legal consequences of underage drinking in the student population as evidenced by the saturation of media moments, educational materials and presentations.

***Tier 2**

V. Beu Health Center

Beu Health Center is an accredited full service medical clinic offering quality outpatient health care, student health insurance and health and wellness education to registered Western Illinois University students. At Beu Health Center, students' individual needs are attended to in a confidential and caring manner.

A. Health Education

Outreach programs, as well as individual consultations regarding specific health issues, are available to WIU students. Professional staff and student health educators provide a wide variety of workshops, presentations and services to promote individual and community health. There are no fees for services.

1. Tobacco Prevention Education and Cessation:

Tobacco Prevention Education/Marketing & Promotion & Special Events

Funding through the Live Free Tobacco Free! grant ended in 2010 however many of the goals and strategies have remained in place. These goals are to address the impact of tobacco use, second hand smoke, e-cigarettes, and hookah through tobacco education, to increase tobacco cessation referrals to Beu Health Center and the Illinois Quitline. Campus awareness events providing tobacco education have included the Great American Smoke out, Love Your Body Day, Kick Butts Day, Relay for Life, Minority Health Fair, Environmental Summit, and Health and Fitness Fair. Venues for tobacco education and resource sharing have included classroom presentations, First Year Experience, Resident Assistant training, Greek housing, University Counseling Center, Campus Recreation and faculty/staff outreach through the Employee Wellness committee. Tobacco Prevention also included media promotion for tobacco education through Stall Talk (health and wellness flyer), Student Health 101 on-line magazine, WIU Broadcasting (Channel 3), Telestars messages, Western Hall marquee, table tents, social media (Facebook and Twitter), and McDonough County Voice (local newspaper).

Other Events:

- Research and Service learning projects:
 - Student tobacco research for Undergraduate Research Day

- Kick Butts Day events: Cigarette butt pick up event (Residence hall students) to educate community on the environmental impact of cigarette butts
- Environmental Summit=annual event: Display on the environmental impact of cigarette butts

***Tier III**

Tobacco Cessation

All patients seen at Beu Health Center for Evaluation/Management are screened for Tobacco use. Patients seeking to quit or reduce tobacco use are referred for free cessation counseling. Beu Health Center offers a program that helps patients understand the smoking addiction and recovery process. Patients learn how to assess their reasons for tobacco use and motivations for quitting. Education offered during individual sessions assists the student in looking at reasons for use, barriers to quitting, and a plan for cessation and maintenance.

A collaboration with the Department of Health Sciences classes provides extra-credit opportunity for students to “Quit for a Day”. This project involves students doing short term cessation counseling so that they can explore the cessation process.

***Tier I**

2. **Peer Education:**

Bacchus Network

WIU is an affiliate of the BACCHUS Network™, a university and community based network focusing on comprehensive health and safety initiatives. The BACCHUS mission is to “actively promote student and young adult based, campus and community-wide leadership on healthy and safe lifestyle decisions concerning alcohol abuse, tobacco use, illegal drug use, unhealthy sexual practices and other high-risk behaviors.”

***Tier I/Tier III/Tier IV**

Student’s TALK Peer Educators

Utilizing the BACCHUS Network resources, student peer educators receive intensive training on such topics as communication, listening skills, responding and referral/intervention skills, time management, stress management, community and campus resources, role modeling and ethics. Upon successful completion of training, students may become Certified Peer Educators. Peer Educators provide presentations in the residence halls, Greek housing and classrooms and are involved in various health awareness campaigns on campus, including alcohol and other drugs. Each semester 15-20 students are engaged in Student’s TALK.

***Tier I/Tier III/Tier IV**

B. Alcohol and Other Drug Resource Center

The AOD Resource Center addresses the alcohol use at WIU by providing direct service in assessment, education, and treatment as well as developing and participating in Outreach and Prevention activities on and off-campus.

1. Prevention Services:

The Alcohol and Other Drug Resource Center Prevention and Outreach Program continues to expand its services to the Western Illinois University campus community, in addition to becoming known and utilized in the Macomb community as a whole. The Prevention and Outreach Program provides on campus educational presentations and throughout the Fall 2012 through Spring 2014 it created and facilitated Alcohol and Other Drug Resource Center sponsored events including but not limited to the BAC Rootbeer Olympics, Safe Tailgate, Keep the Fuzz Out of Your Buzz Family Weekend Tailgate, Outdoor Movie, and Study Smart. The Step Up Bystander Intervention Training program was initiated in Fall 2011 and continued through Spring of 2013. It was postponed during the academic year 2013-2014 due to the transition of a new prevention coordinator, but has been made a priority to implement again during the academic year 2014-2015. A new expansion for the Prevention and Outreach Program in the Fall of 2013, was the WIU Student Health 101 on-line magazine. AOD topics are discussed throughout the magazine in various months either through the customized WIU pages or the Student Health 101 published pages. Readership for this magazine has ranged from 700 to 2,000+ per month. The current edition of the magazine can be viewed at this link <http://readsh101.com/wiu.html> . The Alcohol and Other Drug Resource Center Annual Prevention Report speaks to the many efforts completed and can be found as an attachment to the hard copy of this report (See Appendix D).

A. Online Assessment Tools:

E-Chug

Electronic Check Up and Go (e-Chug) developed by San Diego State University, is an online alcohol and intervention tool provided free of charge by Beu Health Center to the campus community since 2004. The link <https://interwork.sdsu.edu/echug2/?id=WIU> is provided at the Beu Health Center web site and other campus sites including the University Counseling Center (UCC) and Alcohol and Other Drug (AOD) Resource Center. This tool is used by the AOD Resource Center and UCC in conjunction with brief motivational interviewing to assist students in assessing their alcohol consumption.

***Tier I/Tier III**

E-Toke

The electronic THC Online Knowledge Experience (e-TOKE) developed by San Diego State University is a marijuana-specific brief assessment and feedback tool designed to reduce marijuana use among college students. This assessment is provided free of charge to the

campus community through the Beu Health Center. The link <http://interwork.sdsu.edu/etoke/index.php?id=WIU> is hosted at the Beu Health Services web site, as well as to the University Counseling Center and AOD Resource Center web sites. It is also promoted during various presentations and events across campus.

***Tier I/Tier III**

B. Other Prevention Initiatives:

21st Birthday Card

The 21st Birthday Card Program is aimed at reducing the risk of alcohol poisoning and mortality associated with high-risk drinking on the 21st birthday. This program is done by the Vice-President for Student Services (VPSS) in conjunction with the AOD Resource Center. Students are sent an electronic 21st birthday card on their 21st birthday, signed by Vice President of Student Services. The student receives information regarding Blood Alcohol Content and a coupon for a free climb at Horn Field Lodge. Students who open their card receive a chance to win a weekly prize, a five dollar credit to their Rocky Dollars account provided by University Housing and Dining Services. The electronic 21st birthday card was implemented Spring 2012 replacing the previous paper format. University Housing and Dining Services is no longer able to fund the weekly prize and the program was stopped in the Fall of 2014. The options to start up this program again will be explored.

***Tier III/IV**

Step Up Bystander Intervention Training

Western Illinois University Alcohol and Other Drug Resource Center with the BAC Squad Peer Educators introduced the Step Up Program, a prosocial behavior and bystander intervention training program with an additional educational component on alcohol Fall 2011. This program was developed by the University of Arizona C.A.T.S. Life Skills Program to promote helping behaviors amongst students.

The goals of Step UP! are to:

- Raise awareness of helping behaviors
- Increase motivation to help
- Develop skills and confidence when responding to problems or concerns
- Ensure the safety and well-being of self and others

The Step Up Program continued to be offered during the Fall 2012 and Spring 2013 semesters. However, it was postponed during the Fall 2013 and Spring 2014 due to the transition of the new prevention coordinator, but is a priority for reimplementing during the 2014-2015 academic year. There were a total of 61 students trained through the Step Up program in the 2012-2013 academic year.

***Tier I/Tier III**

C. Peer Education:

BAC (Battle Alcohol Consequences) Squad (AOD specific Peer Education Group)

The Alcohol and Other Drug Resource Center initiated recruitment for an alcohol and other drug specific peer education group, the BAC (Battle Alcohol Consequences) Squad, Fall 2009. The mission of the BAC Squad is to educate students, faculty and the greater community as a whole on healthy and responsible decision making in regards to alcohol and other drug consumption, to create and support alternatives to alcohol and other drug use on and off campus and to promote positive behavior changes. Peer educators are trained through use of Western Online which allows additional time for experiential learning and planning alternative events during weekly scheduled meetings. A modified version of the Bacchus CPE Kit is utilized for training on different topics, with additional training on alcohol and other drug prevention and intervention. BAC Squad members provide presentations on campus, as well as participate and plan alternative activities.

***Tier I/Tier III/Tier IV**

D. Total Prevention Services:

	Fall 2012	Spring 2013	Fall 2013	Spring 2014
Prevention Activities	32	21	49	34

2. Intervention Services:

Alcohol and Other Drugs (AOD) Resource Center

The AOD Resource Center is a state licensed facility for Early Intervention education and Level I Outpatient treatment with dual-diagnosis capability. AOD Resource Center also provides Secretary of State Services such as DUI Evaluations, Updates, Investigative Reports, and Driver's Risk Education.

***Tier I**

The following table provides information on the extent of services provided:

	Fall 2012	Spring 2013	Fall 2013	Spring 2014
Direct Service hours Total (Individual and Group)	568	548	571.75	674.75
DUI services (Includes SOSIR)	11	25	24	33
Number of people enrolled in DUI Risk Education	16	15	16	16

VI. Student Development and Orientation:

1. Student Development Office

Student Development Office (SDO) assists students through their transitional periods focusing on academic and personal development. SDO's developmental approach emphasizes personal responsibility and helping students learn to help themselves.

2. Student Orientation and Registration (SOAR)

Information regarding alcohol and other drugs is incorporated throughout the SOAR program. Both students and families/guests receive a Health and Safety Brochure. Families/guests have the opportunity to attend a session from the Beu Health Center, which includes information about its services, including the Alcohol and Other Drug Resource Center. The students have specific times throughout the program to sit and have "hot topic" conversations with the Orientation Leaders. Such topics include alcohol, drugs, etc.

3. Orientation Week Event

The Alcohol and Other Drug Resource Center and the BAC (Battle Alcohol Consequences) Squad funded by the Substance Abuse Prevention Education grant and Beu Health Center hosts an annual event titled the "BAC Rootbeer Olympics" during the first week of classes in August. AODRC staff, BAC Squad members and Office of Public Safety officers educate students on standard drink sizes, BAC levels, and protective factors for drinking, as well as legal consequences associated with alcohol and other drug use. Students receive incentives for participating and root beer floats and popcorn are provided.

***Tier III**

VII. University Housing and Dining Services:

Hall Staff Training

UHDS staff, including Resident Assistants, Hall Directors, Complex Directors and support staff attend annual retreat/training sessions prior to the beginning of each school year. Topics included in training include alcohol and other drug education, enforcement of policy violations and crises management.

Targeted Prevention Programming

Educational and alternative programming is provided on an ongoing basis within University Housing. Programmers include Certified Peer Educators, Resident Assistants, Hall staff and Guest speakers. Topics include risk reduction, awareness, social norms and legal consequences.

***Tier III**

Club Wetzel

Wetzel Hall is known for its program entitled *Club Wetzel*. This mock party environment helps students understand the effects of alcohol and drug use as well as the consequences of their actions. Many students attend this event each fall semester. Even though Wetzel Hall closed at the end of Spring 2009 semester the Inter-Hall Council has picked up the program and continued to offer it at a new venue.

***Tier III**

VIII. Greek Life

The core purpose of each fraternity and sorority is to create better men and women through leadership, service, scholarship, and social opportunities. Although each chapter is unique, every organization promotes similar values and ideals. Western Illinois University is proud of its strong Greek tradition. We offer 20 national fraternities and 9 national sororities for students to choose from. Members of our organizations are heavily involved in campus and community organizations as well as in all-Greek committees like Greek Week, Rho Lambda and Order of Omega.

Mission Statement

Greek Life Programs in the Office of Student Activities at Western Illinois University, in support of a diverse and thriving fraternity and sorority community, will provide opportunities and resources to assist in the learning and development of students as members of self-governing and values based organizations while promoting positive and active citizenship, informed decisions and empowerment to make meaningful contributions to university and local community.

Core Values (1 of 5: Created Spring 2013)

Accountability:

In our community we believe we share a set of common values. We work together as peers and as a community to support each other and hold each other accountable according to University standards, council standards, and each chapter's standards and values.

Learning Outcomes (1 of 7: Created Spring 2013)

Accountability Learning Outcome:

The members of WIU Greek community will be able to recognize what accountability means to themselves, their chapter, council, and the greater community and apply it into their daily actions.

IFC/PHC Risk Manager Roundtable

All fraternities/sororities are to be in compliance with their international policies for the distribution of alcohol. Before hosting an event, at the start of each semester, the President,

Risk Manager, and Social Chair(s) of each chapter will attend the Greek Life Risk Management Round-table. If a chapter does not participate they will not be allowed to host an event with alcohol until they complete the necessary training with the Greek Life Risk Management Committee.

***Tier II/Tier IV**

Six-Pack Program

All new freshmen are provided with a 6-pack of soda products on move-in day. Information about the facts and myths of alcohol are included. Greek Life members distribute the education.

***Tier III**

GAMMA (Greeks Advocating a Mature Management of Alcohol)

Western Illinois University Greek Life is in the planning process to establish a Peer Education group based on GAMMA. GAMMA is a national student organization with over 750 chapters on campuses across the United States that provides education and activities designed to increase awareness of substance abuse issues in addition to focusing on the development and promotion of positive lifestyles and healthy choices. GAMMA encourages informed, independent decision making with respect to state laws and campus policies, and advocates healthy lifestyles. The mission of GAMMA at WIU will be to promote safety, responsibility, and healthy choices.

GUARD (Greeks Uniting to Advocate Responsible Decisions)

During the 2013-2014 academic year, GAMMA evolved into GUARD. This was due to GAMMA focusing mostly on alcohol and our students wanting to work with multiple issues in regards to behavior. A student group met bi-weekly and created three committees (personal health, social health, and disaster preparedness) to focus educational workshops around.

***Tier I/Tier III/Tier IV**

IX. Athletics:

Intercollegiate Athletics

The Athletics Department produces a yearly Student Athlete Handbook, which includes a Drug and Alcohol Policy, Drug Testing Protocol and Alcohol Abuse Policy. The department conducts educational programs through the Life Skills program, usually every other year. All new student athletes were provided with alcohol education provided by the Alcohol and Other Drug (AOD) Resource Center Fall 2012 and Fall of 2013. This presentation included social norms information through use of the Poll Everywhere technology and basic alcohol education. During the Spring of 2014 Baseball and Volleyball players were required to attend two presentations from the AOD Resource Center: One being on basic alcohol education, social norms information, alcohol's impact on an athlete, and alcohol poisoning, while the other provided an overview on DUIs to include the costs and risks of getting a DUI at the various BAC levels.

***Tier I/Tier III**

Drug Testing

WIU athletics is involved in two types of drug testing programs, the WIU program and the NCAA drug testing program. The WIU drug testing program occurs 1-2times per semester or 3-4times each academic year and the NCAA program happens yearly. The WIU program involves testing a student athlete from most sports, whereas the NCAA usually tests Football, Baseball and possibly one other sport one to two times during the year. See the table below for testing statistics.

	Number of student athletes tested	Positive tests with AOD referrals
Fall 2012	49	1 Positive Test/ No AOD Referral
Spring 2013	59	3 Positive Tests/ 3 AOD Referrals
Fall 2013	58	1 Positive Test/ No AOD Referral
Spring 2014	63	3 Positive Tests/ 3 AID Referrals

During the Fall 2013 semester, athletics department updated their drug and alcohol testing policy. The updated policy can be found in appendix E. Due to the recent implementation, it is difficult to determine the success of the new policy at this point in time. However, the athletics department has received positive feedback from their coaches and staff on the policy.

***Tier III**

X. Other Alternate Activities:

Late Night Programming

The Office of Student Activities, University Union, University Housing and Dining, and Student Recreation Center provide numerous late night alcohol-free activities with collaboration and assistance from the Alcohol and Other Drug Resource Center as appropriate. Activities that are provided are listed below and are scheduled on multiple days of the week in the evening as an alternative to alcohol use. VPSS provided additional funds to support various events.

***Tier IV**

Please see below for a list of the activities provided during Fall of 2012- Spring of 2014 report period:

Office of Student Activities Late Night Events	Date	Time
Fall 2012-Spring 2013		

Rocky After Dark Carnival	August 18, 2012	8-11 PM
UUB Zone	August 5, 2012	3pm-6pm
Family Weekend-Evolution Concert	September 8, 2012	1:30pm
Homecoming Variety Show	September 18, 2012	6pm
Homecoming Yell Like Hell	September 20, 2012	7pm
Chantae Cann	September 26, 2012	7pm
Big Pink Kick-Off	September 27, 2012	8-11pm
All Time Low Concert	September 29, 2012	8pm
Nate Flynn	October 4, 2012	7pm
The Evasons-Mind Readers, Part of Dad's Weekend	October 19, 2012	8pm
One White Face- Holary Corna	October 25, 2012	7pm
Steve Hofstetter	November 5, 2012	8pm
UUB Bingo	November 8, 2012	8-10pm
Rocky-N-Roller Skate (Rec Center)	November 9, 2012	9-11pm
Lazer Tag	November 30, 2012	7-10pm
Happy Hour (Rec Center)	December 8, 2012	
UUB Zone	January 24, 2013	1-5pm
Clyde Toledano	February 2, 2013	7pm
Bo Burnham Comedian	February 2, 2013	8pm
Midnight Mardi Gras (Rec Center)	February 9, 2013	Late night event

Paul Varghese	February 14, 2013	7pm
Preston Pugmire	February 15, 2013	7pm
Levi The Poet	February 27, 2013	8pm
Keegan Love	March 6, 2013	8pm
Jetty Rae	March 27, 2013	8pm
Drew Thomas	March 28, 2013	7pm
Peter Boie	March 28, 2013	8pm
Preacher Moss	March 29, 2013	7pm
Mind Games by Paul Ramsay	April 3, 2013	8pm
Erin Davies	April 4, 2013	8pm
The J-Spot: A Sex Educator Tells All w/Jay Friedman	April 15, 2013	7pm
Outdoor Movie	April 17, 2013	8-10pm
Chris James- Comedian	April 18, 2013	8pm
John Davy & Erin Rae	April 19, 2013	8-9pm
WIU's Got Talent	April 19, 2013	9-11pm
Katie Wirsing	April 24, 2013	8pm
WESTFEST	April 26, 2013	4-10pm
Solo Circus	April 30, 2013	8pm
Rocky After Dark: De-stress Before the Test (Rec Center)	May 3, 2013	9-11:30pm
Office of Student Activities Late Night Events		

Fall 2013-Spring 2014	Date	Time
Rocky After Dark Carnival	August 17, 2013	8-11 PM
Jay Mattioli	August 31, 2013	8PM
Inge Auerbacher	September 12, 2013	7PM
Big Pink Kick-Off w/Campus Rec	September 12, 2013	7PM
Fallen Soldiers Training Program (Rec Center)	September 16, 2013	
Casey Weston	September 18, 2013	7pm
"This Is The End" Movie Event	September 25, 2013	8pm
Gina Brillon & Vadimir Caamano	September 26, 2013	7pm
Charles Peachock	September 27, 2013	8pm
Family Day w/.38 Special	September 28, 2013	1pm
Homecoming Variety Show w/Jay Black	October 8, 2013	7-8:30PM
Homecoming Yell Like Hell	October 10 , 2013	7-9PM
Fallen Soldiers Training Program (Rec Center)	October 28, 2013	
The Conjuring, Movie Event	October 30, 2013	7pm
Comedy with NBC Diversity Tour: Arvin Mitchell & Rob Haze	October 20, 2010	7-8:30PM
Fallen Soldiers 5K Run/Walt (Rec Center)	November 2, 2013	
Rocky After Dark	November 8, 2013	9pm
Rocky-N-Roller Skate (Rec Center)	November 8, 2013	9pm-12am
Open Mic Night	November 13, 2013	7pm
Love & Theft Concert	November 14, 2013	7pm

Wild Wild West Fest	November 15, 2013	8pm
World Cup Indoor Soccer Tournament (Rec Center)	November 15 & 16, 2013	
Cool Running's Movie Event	January 29, 2014	7pm
Dance Marathon	February 1, 2014	12pm-12am
CoMeTry	February 5, 2014	7pm
Jest Murder Mystery	February 17, 2014	5pm
A Place at the Table	February 19, 2014	7pm
Toy Story Marathon- Movie Event	February 28, 2014	6pm
Rocky After Dark: Midnight Mardi Gras (Rec Center)	February 28, 2014	9pm-12am
Gary Owen	March 22, 2014	9-10:30pm
Catching Fire- Movie Event	March 26, 2014	7pm
The Guilt Trip movie, part of Mom's Weekend	March 29, 2014	9pm
Eric Mina-Comedy Hypnotist	March 31, 2014	7:30-8:30pm
Spidey, Mentalist	March 31, 2014	7-7:30pm
LOL Comedy- Erin Jackson & Nore Davis	April 1, 2014	7pm
DJ Battle	April 2, 2014	6pm
Slam Poetry- Neil Hilborn & Caroline Rothstein	April 3, 2014	8pm
Rocky After Dark: WESTFEST	April 4, 2014	8pm
Guy/Girl Code (Chris Distefano & Jessimae Peluso)	April 9, 2014	7pm

Jacki Robinson Wiffleball Tournament (Rec Center)	April 15, 2014	
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WIU Trivia Bowl

One of the objectives of the Trivia Bowl is to provide alternative forms of recreation and activity instead of the usual visitation to drinking establishments. Trivia Bowl will aim to inform participants of the alternatives to and consequences of drug and alcohol usage.

***Tier IV**

XI. Academics:

A. First Year Experience:

The First Year Experience (FYE)

FYE is a comprehensive approach to ensure first year students make a successful transition to college. Through participation in the First Year Experience, the university has the following primary goals for students:

- Goal 1: Demonstrate the acquisition of skills for academic achievement.
- Goal 2: Be aware of resources and policies, including how to access them and what they are, in order to succeed and use them when appropriate for success.
- Goal 3: Continue building supportive academic, emotional, and social networks.
- Goal 4: Engage in and demonstrate respectful and appropriate interactions within your communities.
- Goal 5: Explore your values, experiences, and beliefs to begin developing a sense of self.
- Goal 6: Demonstrate a desire and interest in continuing your education.

The First Year Experience was reviewed and reformatted with finalization of a new program occurring in the Spring of 2013. The actual implementation didn't occur until Fall of 2013. The FYE still has two courses, but now instead of having one course in the fall and once in the spring, there are two FYE courses in the fall with one being University 100.

University 100 is designed to help the students make a successful transition to the university and help students learn to live well focusing on the various dimensions of the wellness wheel to include emotional, physical, social/civic, and intellectual. Within these focuses there are topics on AOD issues. In appendix F there is a description of the FYE program.

***Tier IV**

B. Course Listings:

Curriculum:

The following courses are available at the undergraduate and graduate levels. They include courses related to alcohol and substance abuse and associated risk factors, treatment, and social development. Western Illinois University is in the early stages of developing a Certified Alcohol and Addictions Counselor (CACDC) track within the Psychology department.

Undergraduate Courses:

African American Studies

251 Social Problems of Black Americans. (3) A sociological investigation of such problems as crime and delinquency, racism, mental illness, drug use, alcoholism, and poverty. *Prerequisite: sophomore standing or consent of instructor.*

Dietetics, Fashion Merchandising, and Hospitality

150 (formerly FCS 204) Introduction to Hospitality Management. (2) A review of the history, growth, and development of hospitality services including an exploration of career opportunities in contemporary hospitality operation.

256 (formerly FCS 462) Bar and Beverage Management. (3) Principles of beverage science, mixology; bar and beverage management including controlling personnel, purchasing, inventory, and equipment; and legal issues related to clientele. *Prerequisites: FCS 150 and 21 years of age. Field trips will be required.*

Health Sciences

120 Personal Health Promotion. (2) (General Education/Human Well-Being) Designed to enhance students' physical, intellectual, emotional, social, and spiritual health which will enable them to pursue their college and life goals more effectively.

123 Drug Use and Abuse. (2) (General Education/Human Well-Being) A comprehensive and in-depth study of the use and abuse of drugs in our society.

210 Student Health Education. (2, repeatable to 6) This course provides in-depth training to selected students in critical areas of personal health. Trained student health educators present programs for residence halls, Greek organizations and recognized student groups, and serve as role models for positive lifestyle choices. *Prerequisite: permission of instructor.*

442 Drug Education in the Home, School, and Community. (3) Concepts of drug education with emphasis placed on preparing the student in content, resources, procedures, and philosophy of home, school, and community drug education. *Prerequisites: HE 123 (or its equivalent) and senior standing, or permission of instructor.*

450 Health Promotion Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the health promotion professional. *Prerequisite: senior standing or permission of instructor.*

450 School Health Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the school health professional. *Prerequisite: senior standing or permission of instructor.*

Nursing

433 Community Mental Health Nursing. (3 s.h.) Explores population-specific mental health issues including access, treatment modalities, and follow-up, and drug and alcohol abuse in the context of community health nursing. A clinical component course.

Psychology

100 Introductory Psychology. (3) (General Education/Social Sciences) An introduction to psychology including methods, theory, and data regarding the study of behavior. Topics include biological, social, learning, personality, motivation, and abnormal behavior.

250 Human Social Behavior. (3) (General Education/Social Sciences) An introduction to the influences of social factors on behavior. Topics include helping, aggression, interpersonal attraction, attitudes, prejudice, and behavior in groups. *Prerequisite: Psy 100 or permission of instructor.*

251 Personality and Adjustment. (3) (General Education/Social Sciences) An introduction to the study of personality and its relation to human behavioral adjustment emphasizing such topics as relating to others, stress management, needs, values, and self-esteem. *Prerequisite: Psy 100 or permission of instructor.*

427 Health Psychology. (3) Examines how psychological theory and research have been used to study the behavioral, psychological, and social factors that affect physical health. Topics include how social scientists study coping with stress, pain, illness management, and prevention of unhealthy behaviors. *Prerequisites: Psy 251 and 223, or permission of instructor.*

444 Biopsychology of Drugs and Addiction. (3) A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use.

Social Work

331 Social Work and Addictions. (3) An introduction to addictions and their effects on individuals, families, and society. Current theories, treatments, and social work roles and functions will be studied. *Prerequisite: junior standing or consent of instructor.*

University Courses

100 Personal Growth in Higher Education. (1) This course provides first-year students with an introduction to social, intellectual, personal, and physical wellness as they relate to college-level success. *Credit cannot be given for both Univ 100 and CSP 110. Prerequisite: Freshman standing with fewer than 24 s.h. earned, or permission of University Course Coordinator*

Graduate Studies Programs:

College Student Personnel

533 Special Problems in College Student Personnel. (1–3, repeatable to 6) Designed to provide a group of students an opportunity for further professional growth and to apply problem-solving approaches in dealing with a specific educational problem.

560 Student Characteristics and College Impact. (3) Characteristics of college students, focusing on the needs of the diverse student populations on today's college campuses, will be examined. The impact of college on students, including factors related to retention and attrition and the differential impacts of college on various student populations, will also be explored.

Counselor Education

551 Counseling for Addictions. (3) Principles and practices of addiction prevention and counseling with special application to the functions of counselors.

Psychology

596 Approaches to Substance Abuse Diagnosis and Treatment. (1) Students will become aware of the multiple theoretical viewpoints available to understand the human substance abuse, as well as the variety of treatment approaches available for addressing these difficulties. Emphases will be placed upon maintaining appropriate scientific skepticism regarding current cultural and professional viewpoints, as well as appreciating the importance of understanding the challenges inherent in the dually diagnosed. *Prerequisites: Permission of the instructor.*

XII. Campus and Community Coalitions

Community and University Partnership (CUPP)

CUPP includes representatives from several Western Illinois University student organizations, local law enforcement agencies and city officials, community organizations and University administrators. CUPP meets regularly to address issues affecting both WIU and the City of Macomb, including alcohol and other drugs.

***Tier II**

EUDL Coalition

The EUDL Coalition has continued to meet on a regular basis since its inception in 2010. Beginning in the Fall of 2012, the Coalition will meet at least annually, with other meetings called as needed. Members will attend the College Town Summit hosted by the Illinois Liquor Control Commission each Fall. The Coalition will then meet to address new ideas or concerns presented. As most of the Coalition members are also on the Community University Partnership Program committee, the new initiatives for underage drinking can be addressed in that venue. With the passing of new city ordinances, some of the problems associated with college parties can now be addressed more effectively by law enforcement.

***Tier II**

Wheeler Street Block Party Committee

During the 2011-2012 academic year, a group of WIU administrators, Macomb City Council members, and students met to develop ideas and ways to deter large student gathers in response to the off-campus, non-sanctioned, Wheeler Street Block Party. This joint intervention was successful in containing this event to several large house parties. Wheeler Street Block Party occurred no more than 3 times. Increased enforcement details, which included combined Macomb Police Department and Student Judicial Program teams, monitored the party environment and notified hosts when the party was approaching the 150 attendees limit. The hosts complied with limiting the parties at that point to avoid violation of the new city ordinances. Wheeler Street Block Party has become a non-event (did not occur in the spring of 2014).

The full Macomb Mass Gathering policy can be found online by following the link :
<http://www.cityofmacomb.com/pdf/Municipal%20Code%202012.pdf>

***Tier II**

XIII. Alcohol and Other Drug Assessments and Evaluations:

Core Survey

Western Illinois University has participated in the Core Institute's Alcohol and Other Drug Survey for several years. The CORE Survey measures alcohol and other drug use on campus and provides information to assist with the development of policies and future prevention initiatives. The CORE Survey was administered in Spring 2014 with approximately 734 students completing the survey. Results are continuing to be analyzed by SIU Carbondale's Core Survey office and the Executive Summary is pending.

E-Chug/E-Toke Assessments

WIU has utilized the E-Chug and E-Toke online assessment tools for the past eight years. On demand reports provide information regarding alcohol and marijuana use among our students. Data has a biased selection towards those persons exhibiting high-risk behavior as it is used as part of the AOD Resource Center assessment.

Alcohol and Other Drug Resource Center Satisfaction Survey Results

The Alcohol and Other Drug Resource Center revised their client satisfaction surveys in Summer 2009 to attempt to better address program effectiveness. Clients receiving services at the Alcohol and Other Drug Resource Center are now asked to complete a pre service survey which addresses substance use patterns and readiness to change. Upon completion of services, they are asked to complete a Satisfaction Survey which includes the previous readiness to change questions to assess whether or not the AODRC impacts a client's desire to change their negative substance use behaviors.

Overall, clients appear to be satisfied with services received. Access to Satisfaction Survey results can be found attached to the hard copy of this report (See Appendix G).

BAT Testing

During the Fall of 2012 semester, the Office of Public Safety (OPS) hosted its annual Breath Alcohol Testing event in Chandler Park. OPS collaborated with the Alcohol and Other Drug Resource Center and the BAC Squad to assist in data collection and analysis as well as to assist in providing education as appropriate throughout testing. The time spent at this event was reduced due to the weather. Therefore, there was not as much information collected or students educated as there had been in the past. This event was also not continued the following year.

***Tier IV**

XIV. Office of Public Safety:

Fatal Vision Goggle Demonstration

The Office of Public Safety provides demonstrations using Fatal Vision Goggles at least 3 times per year, and upon request. Three fatal vision goggle presentations were completed between Fall, 2012 and Spring, 2014. Officers assisted with the Rootbeer Olympics and an all hall program utilizing the goggles and the golf cart to demonstrate the concept of impairment and the risks of driving while impaired.

***Tier IV**

Alcohol and Other Drugs Presentation

The Office of Public Safety developed a PowerPoint presentation entitled "Alcohol and Other Drugs" that is presented in the Residence Halls at least 3 times a year, or more upon request. Twenty-six programs related to alcohol and/or other drugs awareness were completed between Fall, 2012 and Spring, 2014, in addition to 30 personal safety presentations.

OPS also presents programs related to sexual assault, acquaintance rape, and other sex offenses prevention and response, domestic violence, hate crimes, and fire safety. Officers have also presented to groups on topics including: decision making, employee safety, identification of drugs and drug paraphernalia (for head staff and resident assistants), knowing your rights, interacting with the police, theft prevention, campus safety, new and international student orientation, First Year Experience, diversity, and vandalism and personal responsibility.

***Tier IV**

Western EMS

Western EMS is a professional, volunteer, non-transport Basic Life Support (BLS) Service. Members provide direct patient care to the Western Illinois University population and visitors to the campus. Western EMS personnel must complete rigorous training, continuing education,

and evaluation programs to be eligible for membership. Members are selected on the basis of experience, leadership, dedication, service and professional performance. Please see the table for information regarding alcohol related incidents for Fall, 2012 and Fall, 2013.

	Fall 2012	Fall 2013
Ambulance transport-ETOH Chief Complaint	21	21
Alcohol Related Calls	86	58
EMS Alcohol Evaluations	21	32

DUI Simulation

Western EMS hosts a mock DUI each spring semester in April. Please follow the link for additional information: http://www.wiu.edu/vpas/public_safety/wems/mockdui.php. The intent of this demonstration is to show the dangers of driving under the influence of alcohol or other drugs. The event is open to the public and is geared towards high school and university students.

***Tier II**

Escort Services

Western Illinois University's Office of Public Safety provides an escort system so students don't have to walk alone. Western's Student Patrol members are available to provide escorts on campus during the evening to early morning hours. Student Patrol can be reached by calling OPS at 309/298-1949.

***Tier III**

RAD Classes

Topics covered include avoiding victimization, patterns of date rape encounter, basic principles of defense, full-speed hands-on exercise and dynamic simulation training. RAD Classes are offered one time per semester.

***Tier IV**

XV. Enforcement Data:

Public Safety

Total liquor law arrests and liquor law referrals

	Fall, 2012-Spring, 2013	Fall, 2013-Spring, 2014

OPS Alcohol Arrests	260	218
OPS Drug Arrests	156	150
OPS Alcohol Judicial Referrals*	279	198
OPS Drug Judicial Referrals*	266	226
Total Alcohol Judicial Referrals*	744	666
Total Drug Judicial Referrals*	392	419

*Alcohol and drug arrests consist of state and city charges for the various alcohol and drug offenses. Alcohol and drug judicial referrals consist of information provided by Student Judicial Programs of the total number of referrals resolved. The total number of referrals includes referrals that result from all the police agencies in the area (OPS, Macomb Police Department, McDonough County Sheriff's Department, Illinois State Police, and WIU's University Housing and Dining Services. The numbers for Fall, 2013-Spring, 2014 are up to date as of 6/10/14.

***Tier III**

For further detailed information on the Office of Public Safety the Annual Security Report, covering the years 2009-2013, can be found in appendix H of this report.

XVI: Summary:

The Illinois Higher Education Center for alcohol, other drug and violence prevention (IHEC) was reviewed in the Biennial Review (2010) and feedback was taken into consideration in adapting the current report, as well as to adapt current prevention practices. The Director of Beu Health Center and the Prevention Coordinator of the Alcohol and Other Drug Resource Center met to further evaluate Western Illinois University's current alcohol and other drug abuse prevention efforts to evaluate both strengths and weaknesses. The report was then sent to all contributing parties to determine if there were additional suggestions made to incorporate. The following is a summary of what was found.

Strengths:

Western Illinois University administration continues to appear committed to reducing risks associated with alcohol and other drug use on campus. This continues to be part of the university strategic plan for 2012-2022 as well as Student Services' goals.

The Alcohol and Other Drug Resource Center continues to be a resource for alcohol and other drug intervention and successfully completed its Department of Human Services Division of Alcoholism and Substance Abuse licensure inspection in 2014. The Alcohol and Other Drug Resource Center initiated the BAC (Battle Alcohol Consequences) Squad Peer Education group as part of its prevention strategies in Spring 2010. This group continues to provide peer to peer education on campus and attends as well as creates alcohol/drug free alternative events. In an effort to educate students on the ill effects of illicitly using prescription stimulants as study aids,

the Alcohol and Other Drug Resource Center implemented a Study Smart program in the Fall of 2013. This program has continued to educate 100+ students each semester, every time it has been offered. In addition, there has been an increase in alternative late night programming as well as SAPE Grant sponsored events.

In the previous Biennial Review, efforts were made by campus/community committees to adapt city ordinance policies to create a safer environment for both Western Illinois University students and the Macomb community. It should be noted, that due to these efforts the Wheeler Street Block party is no longer an event. The ordinances have been identified previously in the report under the Wheeler Street Block Party subheading.

During the Fall of 2013, the drug and alcohol testing policy for the athletics department was reviewed and updated.

A review and reformatting of the First Year Experience was done in the Spring of 2013. With this reformatting, University 100 was implemented in the Fall of 2013. This course is designed to help the students make a successful transition to the university and help them learn to live well as a student, which includes discussion on alcohol and other drugs topics.

Weaknesses:

Funding continues to be an issue due to the State of Illinois' financial situation.

Complete implementation of program assessment continues to be an issue to determine whether or not the alcohol and other drug programs on campus are effective. However, the Alcohol and Other Drug Resource Center has implemented some program evaluation.

The AOD annual notification process has improved since the implementation of the Biennial Review process, however, WIU needs to continue to work on reaching best practices with this process.

Recommendations for Revising AOD Programs

Recommendation 1: Conduct a more in-depth Alcohol/Drug Policy Review

Alcohol and Other Drug policies must be reviewed on a regular basis to ensure they are both reasonable and enforceable. The current Drug and Alcohol Abuse Policy was approved by the President 8/10/1995. These policies are reviewed as part of the university policies. Other student policies on alcohol and other drugs exist in the University's Residence Hall Handbook and Code of Student Conduct. The Faculty Handbook and the Civil Service Handbook pertain to employee policies. The University has other policies related to drug and alcohol in the Official University Policy Manual (i.e., tailgating, sales). It is recommended that all policies pertaining to alcohol and other drugs be reviewed in more detail to ensure they are current, reflect best practices and are consistently enforced.

Recommendation 2: Assess Existing Programs for Evidence of Effectiveness

The programs and services related to alcohol and other drugs at Western Illinois University are more than those offered by the AOD Resource Center or the Employee Assistance Program. A comprehensive program inventory should be conducted to identify and characterize existing programs based on NIAAA Tiers of Effectiveness. Programs should be included that are not specifically designed as AOD programs, but address a risk reduction (i.e. late night and alternative activities, etc). These programs can then be evaluated to determine their effectiveness, and how they may fit into a comprehensive risk reduction plan based on the 2007 College Campus Alcohol and Other Drug Survey Special Report for WIU. As many of these programs seek resources through the Substance Abuse Prevention Education Grant, a proposal will be made to adapt the current SAPE grant to encourage use of the NIAAA tiers of effectiveness when requesting funding for programs, encouraging programs to use evidenced based strategies, as well as encouraging programs to incorporate evaluation methods. Gaps in programs and services will identify where additional resources should be sought.

Recommendation 3: Continue to Implement Late Night and Alternative Activities for Students

There has been an increase in the number of late night and alternative activities for students, but this number needs to continue to grow. Boredom or not having other things to do is a reason commonly expressed by students for their alcohol usage. A way to offset this would be to offer fun, interactive, alcohol and drug free late night events. In the past, the AOD Resource Center has been asked to provide education at some of these events and they will continue to offer this as an option to those who want to create a late night event. In addition to the students having fun, they would also be receiving alcohol education when the AOD Resource Center is present.