

Problem Solving Model

1

Identify the Problem

What is the context?

What is the background of the problem?

What are the symptoms of the problem?

2

Determine the Contributing Factors

What are the individual issues at play?

What interpersonal issues may impact?

What environmental factors contribute?

Can I *actually* control any of these factors?

3

Determine What Strategies You'll Use

How will this influence the contributing factors?

What is the likelihood this will bring about the desired change?

What resources will I need?

Who do I need to contact?

4

Implement the New Strategy & Assess

Is the new strategy creating the desired change?

Do I need to re-evaluate my approach?

Who/what has the strategy impacted?



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