

Western Illinois University: Biennial Review

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Document Created By:
Cara Cerullo, LCSW/CADC
Prevention Coordinator
Alcohol and Other Drug Resource Center
208 Seal Hall
Macomb, IL 61455
Phone: 309-298-2457
Fax: 309-298-2420



**WESTERN
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Biennial Review Contributors:

<p>Jessica Butcher Assistant to Vice President of Student Services Western Illinois University 1 University Circle Macomb, IL 61455 Phone: 309-298-1814</p>	<p>Mary Margaret Harris, Director Beu Health Center Western Illinois University 1 University Circle Macomb, IL 61455 Phone: (309) 298-1888 Fax: (309) 298-4011</p>
<p>Thomas Clark Interim Director Office of Public Safety Western Illinois University Mowbray Hall 1 University Circle Macomb, IL 61455 Phone: (309) 298-1949 Fax: (309) 298-2884</p>	<p>Nick Katz Assistant Director of Student Activities Greek Life Western Illinois University 1 University Circle Macomb, IL 61455 Phone: (309) 298-3232</p>
<p>Chad Cerullo MS,ATC,LAT,CES Head Athletic Trainer Western Illinois University 1 University Circle Macomb, IL 61455 Phone: (309) 298-2340 Cell: (309) 313-4775 Fax: (309) 298-1960</p>	<p>Jessica Mueller Assistant Director of Student Judicial Programs Western Illinois University 1 University Circle Macomb, IL Phone: (309) 298-2436</p>
<p>Vivian J. Coeur, M.S.Ed., LCPC Clinical Supervisor Beu Health Center/AOD Resource Center Western Illinois University 1 University Circle Macomb, IL 61455 Phone: (309)298-2457 Fax: (309) 298-2420</p>	<p>Kristen L. G. Petrie, City Attorney City of Macomb 232 East Jackson Street P.O. Box 377 Macomb, IL 61455 Phone: (309) 833-4373Tracy</p>
<p>Diane Cumbie Assistant Director for Programming Office of Student Activities Western Illinois University Macomb, IL 61455 Phone: (309) 298-3232 Fax: (309)298-2879</p>	<p>Tracy Scott Director of Student Development and Orientation Western Illinois University 1 University Circle Macomb, IL 61455 Phone: (309) 298-1884</p>
<p>JoAnn Hairston-Jones, M.A., CHES Health Education Coordinator Beu Health Center Western Illinois University 1 University Circle Macomb, IL 61455 Phone: (309) 298-3225 Fax: (309) 298-2420</p>	<p>Dustin Van Sloten Assistant Director-Sport Programs Western Illinois University Spencer Student Recreation Center 206 Macomb, IL 61455-1390 Phone: (309) 298-1228</p>

Western Illinois University: Biennial Report

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I. Executive Summary:

A. Introduction:

The Drug-Free Schools and Campuses Regulations requires that an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees as a condition of receiving funds or financial assistance under any federal program. Western Illinois University has created the following biennial report to address the alcohol and other drug programs available on campus in addition to their effectiveness, as well as to provide information regarding the current policies and enforcement of those policies. A hard copy of the biennial review can be found within the Office of the Vice President of Student Services, in addition to Beu Health Center and the Alcohol and Other Drug Resource Center. A hard copy of the report is available upon written request through contacting the Clinical Supervisor of the Alcohol and Other Drug Resource Center. All policies and/or additional reports discussed within the biennial review can be found by following the hyperlink on the electronic copy, or by requesting a hard copy of the report in which they will be included as appendices.

B. Scope of Review:

The review will address the current alcohol and other drug policies on campus, distribution of those policies and enforcement of policies. It will also address the resources available on campus to prevent alcohol and other drug problems on campus, as well as services available to treat alcohol and other drug problems for students and university staff. Information was gathered by Biennial Review contributors from multiple campus departments including but not limited to the Alcohol and Other Drug Resource Center, Beu Health Center, Department of Athletics, Health Education, Office of Public Safety, Office of Student Activities and Student Judicial Programs. Data has been collected in a variety of ways to assess the current alcohol and other drug programs on campus, and to evaluate the effectiveness of programs on campus.

C. General Conclusions:

Western Illinois University appears to be in compliance with the Drug Free Schools and Campuses Regulations. Western Illinois University continues to find strength in its state licensed Alcohol and Other Drug Resource Center which provides both intervention and prevention services. Western Illinois University continues to offer alternative activities through multiple departments and collaboration with these departments and the Alcohol and Other Drug Resource Center appears to be increasing. Western Illinois University continues to increase evaluation of programming to determine whether or not prevention efforts are effective. We utilized the NIAAA Tiers of Effectiveness in our past Biennial Review to determine the type of programs available on campus and to assess whether or not there is room for improvement, making an effort to increase programs with evidence of effectiveness. Western Illinois University Alcohol and Other Drug Resource Center added Step Up, a bystander intervention training program, as an evidenced based prevention effort Fall 2011. In addition to this, campus community committees worked together to adapt city ordinance policies to create a safer environment for both Western Illinois University students, as well as the Macomb community.

Western Illinois University continues to work towards prevention of alcohol and other drug problems on campus. Despite our strengths, there continues to be room for improvement.

Western Illinois University has received administrative support in addressing alcohol and other drug use issues on campus. Higher Values in Higher Education 2008-2018 has specifically addressed alcohol and other drug risk reduction as a strategic goal for this university. As part of this goal, an alcohol and other drug risk reduction plan will be created by Beu Health Center staff. Upon completion of the Biennial Review, it was determined that the current alcohol and other drug policies for students and staff may need further review to determine whether or not they are up to date. Western Illinois University Beu Health Center is in the process of reviewing other state university policies to determine benefits of those.

Overall, Western Illinois University continues to be in compliance with the Drug Free Schools and Campuses Act and continues to work towards addressing misuse of alcohol and other illegal substances a priority.

II. University Alcohol Policies

A. Introduction:

Policy on Drug and Alcohol Abuse

This policy is issued in compliance with the resolution concerning drug and alcohol abuse by faculty, staff, and students adopted by the Illinois Board of Higher Education on May 5, 1987, the Drug-Free Workplace Act of 1988 (PL 100-690), and the Drug-Free Schools and Communities Act Amendments of 1989 (PL 101-226). The purpose of the policy is to inform faculty, administrative staff, Civil Service employees, and students about sources of information regarding the adverse effects of drug and alcohol abuse, to advise them of the counseling and rehabilitation services that are available, and to notify them of the disciplinary actions that may be taken by the University. Copies of this policy and related University guidelines are in the Faculty Handbook and Civil Service Handbook.

Work Environment

In compliance with the requirements of the federal Drug-Free Workplace Act of 1988 and the federal Drug-Free Schools and Communities Act Amendments of 1989, it is the policy of Western Illinois University that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance (as defined in Schedules I through V of Section 202 of the Controlled Substances Act, 21 U.S.C. 812) by employees in the workplace is prohibited. Violations of this prohibition by employees may result in the application of sanctions, including possible required participation in an approved drug abuse assistance or rehabilitation program, referral for prosecution, and up to and including termination of employment under applicable Board of Trustees policies, university policies, statutes, employment contracts, or collective bargaining agreements.

The illegal use of controlled substances can seriously injure the health of employees, adversely impair the performance of their duties, and endanger the safety and well-being of fellow employees, students, and others. Any employee who appears to be under the influence of drugs and/or alcohol while on the job may be temporarily relieved of work responsibilities. When the employee returns for work, the supervisor will review and discuss with the employee the circumstances which caused the supervisor to direct that the employee be temporarily relieved of his/her work responsibilities. Possible outcomes of this discussion and review may include a recommendation that the employee seek counseling and/or the initiation of disciplinary action in accordance with applicable University policies and procedures.

Employees directly engaged in work under a federal grant or contract are required, as a condition of employment under the grant or contract, to:

1. Abide by the terms of this policy.
2. Notify their supervisors of any criminal drug statute conviction for a violation occurring in the workplace no later than five (5) calendar days after such conviction. Such convictions may result in the application of sanctions, as described above. The University will notify the granting or contracting federal agency within 10 calendar days of receiving notice of criminal drug statute conviction of any employee working on a federal grant or contract when said conviction involves a drug offense occurring in the workplace. A copy of this statement will be given to all employees assigned to work under a federal grant or contract.

Use and Possession of Alcoholic Beverages

Students and their guests who are of legal age, as defined by Illinois statute, may possess or consume alcoholic beverages on University property only in certain designated locations which have been specified in accordance with the University's Residence Hall Handbook and Student Code of Conduct. Except for those University Union staff who have been properly licensed and authorized to sell and serve alcoholic beverages as specified by University policy, University faculty, administrative staff, Civil Service employees, students, and/or their guests may not effect the commercial delivery of alcoholic beverages for sale on University property.

Alcoholic beverages may be sold, served, and consumed at activities sponsored by off campus groups in accordance with "Policies Governing the Sale and Provision of Alcoholic Beverages on Western Illinois University Property" which appears in this manual.

The possession of alcoholic beverages in open containers by any person is prohibited on University owned or controlled property, except as specified by University policy. The unlawful possession, use or distribution of alcoholic beverages by students and employees on institutional property or at any of its activities is prohibited.

Prohibited Drugs

Faculty, administrative staff, Civil Service employees, and/or students shall not manufacture, possess, use, deliver, sell, or distribute any substance prohibited by the Illinois Cannabis Control Act or the Illinois Controlled Substance Act, any other State statute, or any Federal statute, except as authorized by law, the Board of Trustees Regulations, and the policies of Western Illinois University.

The unlawful possession, use or distribution of illicit drugs by students and employees on institutional property or at any of its activities is prohibited.

Counseling and Support Services

Consistent with its mission as a public institution of higher education, Western Illinois University is committed to providing education about the effects of drugs and alcohol and assistance for victims of drug and alcohol abuse. In each of the residence halls, the University offers educational programs on substance abuse and provides referral services for students with drug and alcohol abuse problems. The University Counseling Center and Beu Health Center offer counseling to students with drug and alcohol abuse problems and to students with alcoholic parents. Health Sciences, Counseling Center, and Beu Health Center staff members also offer educational information and programs in classroom settings, for student living units, and for other student organizations.

The University encourages employees who know or believe they have a problem with the abuse of alcoholic beverages or the illegal use of controlled substances to seek professional advice and assistance. One source of assistance is the University's Employee Assistance Program (EAP). If job performance is adversely affected by abuse of controlled substances, an employee may be referred to the EAP. Participation in the EAP is confidential and is encouraged by the University; however, it will not preclude normal disciplinary action or relieve an employee of responsibility for performing assigned duties in a safe and efficient manner.

Disciplinary Actions

Students who violate University policies concerning drugs and alcohol may be referred to the University Judicial System for disciplinary action in accordance with the Student Code of Conduct. In addition, student employees who violate University policies concerning drugs and alcohol may be subject to termination of employment.

Faculty, administrative staff, and Civil Service employees who violate University policies concerning drugs and alcohol may be subject to disciplinary action including termination of employment.

Faculty, administrative staff, Civil Service employees, and students are advised that violators of State or Federal law are also subject to criminal prosecution by State and/or Federal authorities.

B. Alcohol Policies and Implementation:

The table below provides links for additional information on Western Illinois University alcohol and other drug policies. All policies are included in print form of the Biennial Review (See Appendix A).

WIU Policy on Drug and Alcohol Abuse (8/10/1995)	http://www.wiu.edu/policies/drugalcohol.php
Drug Free Workplace Policy Statement (5/4/1989)	http://www.wiu.edu/policies/drugfree.php
Clean Air/No-Smoking Policy (Approved 11/13/2007)	http://www.wiu.edu/student_services/student_development_and_orientation/handbook/noSmokingPolicy.php
Student Right-to-Know and Campus Security Act, and Drug-Free School and Communities Act Information (Approved prior 1998)	http://www.wiu.edu/policies/rtknow.php
Civil Service Handbook, Appendix K - Drug and Alcohol Abuse Policy (July, 1990)	http://www.wiu.edu/hr/handbook/appendix_k.php
BOT Alcoholic Beverage Policy (11/16/2001)	http://www.wiu.edu/board_of_trustees/regulations/alcohol.php
Sale and Provision of Alcoholic Beverages, University Union Policy Manual (Revised January 2010)	http://www.student.services.wiu.edu/uu/pdf/uupolicym anual.pdf
Policy on Tailgate Area (Approved 09/06/2011)	http://www.wiu.edu/vpas/administrative_procedures_h andbook/tailgate.php
Code of Student Conduct	http://www.wiu.edu/student_services/student_judicial_programs/codeofconduct.php
Hazing Policy (Approved prior 1998)	http://www.wiu.edu/policies/hazing.php
Alcohol and Other Drug Policy and Resource Guide (Annual Notification updated Aug, 2011)	http://www.wiu.edu/student_services/vpss/pdf/drugbrochure.pdf
Western Courier – Policies Concerning Alcohol Advertising (Approved 8/12/1991)	http://www.wiu.edu/policies/courier.php
Social Events Policy for Sororities	http://www.wiu.edu/student_services/greek_life/forms

and Fraternities (Revised Spring 2010)	reports and policies/pdf/SocialEventPolicy.pdf
Residence Hall Handbook	http://www.student.services.wiu.edu/uahds/pdf/handbook.pdf
Graduate and Family Housing Handbook	http://www.wiu.edu/student_services/housing/living/handbook-gfh.pdf
Student Employment Handbook	http://www.wiu.edu/student_services/student_employment/handbook/
Student Athletic Handbook (2011-2012)	http://www.nmnathletics.com/fls/12000/academics/Athletic%20Student%20Planner.pdf?DB_OEM_ID=12000

III. University Compliance with Federal Regulations:

A. Policy Distribution

Annual AOD Notification

http://www.wiu.edu/student_services/vpss/pdf/drugbrochure.pdf

As reported in the previous Biennial Review, annual notification was seen as a potential area of weakness. Therefore the process has been improved and is provided in print format to students through the Student Handbook, published as part of an annual calendar. Students also receive electronic notice through the existing Tele-STARS system. This can be found in the hard copy of this document (See Appendix B).

Faculty/staff receive notice upon initial hire as part of new employee orientation materials. Staff also receives notice of the policy through the existing Tele-STARS system at the beginning of each semester.

B. Legal Sanctions

Students who violate the Code of Student Conduct including alcohol and drug violations are subject to disciplinary proceedings by the University. Students found in violation of these policies receive sanctions ranging from censure to removal from the University community dependent upon the nature of the offense and previous disciplinary history. Usually participation in an alcohol or a drug education program is a requirement of the sanction. The University may contact the parents of students under the age of 21 who are noted as financially dependent when the student has been found in violation of University policies on alcohol or drugs. Students may also face civil or criminal charges from local law enforcement agencies for alcohol violations on and off campus.

C. Health Risks Associated with Illicit Drug Use and Alcohol Use

Health risks associated with illicit drug use and alcohol use can be found by following the link, http://www.wiu.edu/student_services/vpss/pdf/drugbrochure.pdf. A copy of this can also be found attached to the hard copy of this report.

IV. Funding Sources:

Substance Abuse Prevention Education Grant

The Substance Abuse Prevention Education Grant is used to support alcohol and other programs and initiatives. It is funded through fines levied to students for alcohol and other drug policy violations. Requests for funding are reviewed by the Substance Abuse Prevention Education grant committee, appointed by the Vice President of Student Services. The fund request form is found on-line at (See Appendix

C): http://www.wiu.edu/student_services/aod/pdf/SAPEGrantProposalForm.pdf

Programs funded during this report period include:

Event:	Description:
<p>Six Pack Program August 21, 2010</p> <p>Tier III</p>	<p>Students from fraternities and sororities handed out six packs of soda to new students throughout move-in weekend with information on making smart choices when it comes to alcohol and other potential substance use. This was a great way to get students out meeting students while sending a positive message about healthy choices and being a positive member of the Western Illinois University campus community.</p>
<p>B.A.C. Rootbeer Olympics August 26, 2010</p> <p>Tier III</p>	<p>The B.A.C. Rootbeer Olympics was hosted by the Alcohol and Other Drug Resource Center and the B.A.C. (Battle Alcohol Consequences) Squad Peer Education Group. The event was aimed at educating students on responsible decision making in regards to alcohol use, as well as educating them on the consequences associated with alcohol consumption. Students were encouraged to complete an obstacle course with use of the fatal vision goggles and were provided education at different stations along the way. The Office of Public Safety was present to educate students on the potential legal consequences associated with alcohol and other drug use. Upon completion of the obstacle course, each student was encouraged to answer a question and enter a raffle for prizes.</p>
<p>“Party Smart” Tailgate October 16, 2010</p>	<p>Western Illinois University Alcohol and Other Drug Resource Center and BAC (Battle Alcohol Consequences) Squad Peer Education group hosted an event entitled the “Party Smart” Tailgate. The purpose of the “Party Smart” tailgate was to encourage an alcohol free alternative event to the traditional</p>

<p>Tier III</p>	<p>tailgate. AODRC staff and the BAC Squad were present to educate students and community members on lower risk drinking guidelines. The AODRC and BAC Squad provided "Fun Bags" for participation/education to engage students and community members. The BAC Squad included a list of upcoming alternative events to encourage non-drinking related activities and the Rialto Cinemas donated incentives to participate in a non-drinking related activity. The BAC Squad added a Go West schedule and a list of alternate transportation for Macomb Community.</p>
<p>Horn Field Campus Project Climb to Success October 11, 2010 April 18, 2011</p> <p>Tier I</p>	<p>The goal of collaboration with Horn Field Campus was to reduce the substance use of Western Illinois University's AODRC clients, in addition to increasing awareness of alternatives to substance use. Having AODRC clients experience the high ropes course or climb provides exposure to alternatives to substance use but also provides a challenge to our clients. Even small challenges such as a climbing wall or a high ropes course can result in growth, self-reliance, increased self-esteem and ultimately better choices in the interest of self-care. Once per semester eligible students involved in Early Intervention and/or Level I Treatment participate.</p>
<p>Rock-N-Roller Skate October 16, 2010</p> <p>Tier III</p>	<p>Rock-N-Roller Skate was a Friday evening activity in which the Spencer Recreation Center transformed into a Rock-N-Roller Skate Arena. The event was entirely free of charge and students used rented skates for free at the facility. Students are encouraged to dress up like their favorite band or artist, and come out with groups, dates, or floor mates. Most importantly, though, students are offered a non-alcoholic evening here on campus.</p> <p>In addition to these goals and objectives of the event, the Campus Recreation staff wanted people to leave the SRC with a better understanding of the consequences of using drugs and alcohol, as well as the rewards and positive health reasons for staying substance-free. This was done in the form of a question and answer game that would take place throughout the night while participants were skating. Our main objective was to educate students on ways to achieve a healthy lifestyle that is active and beneficial to them.</p>
<p>Joe Rhea March 31, 2011</p>	<p>The Alcohol and Other Drug Resource Center in collaboration with Western Illinois University Athletics brought speaker Joe Rhea to campus. The program was designed to get students to think about the potential consequences associated with alcohol</p>

<p>Tier IV</p>	<p>use, as well as motivation to achieve more. This program was intended as an educational opportunity mandated for all student-athletes but offered to the student body as a whole.</p>
<p>Six Pack Program August 20, 2011</p> <p>Tier III</p>	<p>Students from fraternities and sororities hand out six packs of soda to new students throughout move-in weekend with information on making smart choices when it comes to alcohol and other potential substance use. This is a great way to get students out meeting students while sending a positive message about healthy choices and being a positive member of the Western Illinois University campus community.</p>
<p>First Night Fun August 20, 2011</p> <p>Tier III</p>	<p>First Night Fun is an opening day carnival to welcome new students to campus and start the year off with an entertaining event. The carnival includes rides, food, games, and music. The event provides fun activities for the new student and an alternative to the potential for alcohol use that often occurs at off-campus housing. It also provides an opportunity for students to meet one another, let go of the stresses of the first day in a new place and it has become a great tradition here at Western Illinois University.</p>
<p>BAC Rootbeer Olympics August 25, 2011</p> <p>Tier III</p>	<p>The B.A.C. Rootbeer Olympics was hosted by the Alcohol and Other Drug Resource Center and the B.A.C. (Battle Alcohol Consequences) Squad Peer Education Group. The event was aimed at educating students on responsible decision making in regards to alcohol use, as well as educating them on the consequences associated with alcohol consumption. Students were encouraged to complete an obstacle course with use of the fatal vision goggles and were provided education at different stations along the way. The Office of Public Safety was present to educate students on the potential legal consequences associated with alcohol and other drug use. Upon completion of the obstacle course, each student was encouraged to answer a question and enter a raffle for prizes.</p>
<p>Outdoor Movie October 5, 2011</p>	<p>The purpose of the outdoor movie event was to encourage an alcohol free alternative event while watching the popular feature film, as well as to educate the audience about the risks of alcohol and safe drinking guidelines. The AODRC staff and/or the BAC Squad was present to educate students on the risks of alcohol. The education consisted of popcorn and cotton candy bags with attached messages about the risks of alcohol, standard drink sizes, BAC levels and safe drinking guidelines. The AODRC and BAC Squad created alcohol informative previews to show before the feature film in lieu of traditional movie previews. These “previews” consisted of Poll Everywhere</p>

<p>Tier III</p>	<p>questions, which is an interactive survey where the audience members can anonymously text their responses to a number and their responses will show up on the screen. One of the main purposes of using the Poll Everywhere system was to educate the audience about social norms; specifically, educating the audience about the discrepancy between perceived student alcohol use versus actual student alcohol use.</p>
<p>Take Back the Night October 13, 2011</p> <p>Tier IV</p>	<p>Research shows the link between alcohol and sexual assault as the majority of acquaintance rapes involve alcohol, up to 72% of assaults on college campuses, and even higher involving teens. (This statistic was included in the Proclamation that was read at the rally and printed in the Program Booklet).Resource table displayed campus and community offices and organizations that provide violence prevention efforts and support services to victims and survivors. One of the tables was the Univ. Counseling Center and AOD Resource Center which provided resources and information related to the link between alcohol and sexual assault.</p> <p>The rally began at 7 p.m. on the steps of Sherman Hall with a reading of the proclamation, which was signed by WIU President Jack Thomas and Macomb Mayor Michael Inman, followed by featured speaker Interpersonal Violence Prevention Coordinator Justine Johnson, performers, a survivor speak-out, and additional remarks were made by campus and community resource providers, including Jim DiTulio who highlighted the services and resources available at the UCC and AOD Resource Center.</p>
<p>Horn Field Campus Project Climb to Success October 17, 2011 April 23, 2012</p> <p>Tier I</p>	<p>The goal of collaboration with Horn Field Campus was to reduce the substance use of Western Illinois University's AODRC clients, in addition to increasing awareness of alternatives to substance use. Having AODRC clients experience the high ropes course or climb provides exposure to alternatives to substance use but also provides a challenge to our clients. Even small challenges such as a climbing wall or a high ropes course can result in growth, self-reliance, increased self-esteem and ultimately better choices in the interest of self-care. Once per semester eligible students involved in Early Intervention and/or Level I Treatment participate.</p>
<p>Keep the Fuzz Out of Your Buzz (Family Weekend Tailgate)</p>	<p>The purpose of the "Keep the Fuzz out of Your Buzz" tailgate was to encourage an alcohol free alternative event to the traditional tailgate. The AODRC staff and/or the BAC Squad was</p>

<p>October 22, 2011</p> <p>Tier III</p>	<p>present to educate students and community members on lower risk drinking guidelines. The AODRC and BAC Squad provided "Fun Bags" for participation/education to engage students and community members. Buffalo Wild Wings agreed to cater the event and provided 500 wings, a cooler of lemonade, and all the utensils required to serve the food such as paper plates and napkins. Water and/other non-alcoholic beverages have been donated by Pepsi for the purpose of educating and encouraging alternating alcoholic beverages with non-alcoholic beverages. Hy-Vee was contacted and is donated a \$20 Gift Card to purchase chips/fruit-snacks to encourage eating before/while drinking, as well as the bags to hand out the items. The bags included a list of upcoming alternative events to encourage non-drinking related activities and GoWest provided brochures which include information on their bus routes to inform students about safe methods of transportation.</p>
<p>Rock n Roller Skate November 11, 2011</p> <p>Tier III</p>	<p>Rock-N-Roller Skate is a Friday evening activity in which the Spencer Recreation Center is transformed into a Rock-N-Roller Skate Arena. On Friday, November 13, Western Illinois University students can come to the SRC and skate the night away. The event is entirely free of charge and students can use rented skates for free at the facility. Students are encouraged to dress up like their favorite band or artist, and come out with groups, dates, or floor mates. Throughout the evening, prizes are awarded to the best-dressed individuals and students have the opportunity to enjoy the music and festive atmosphere as they Rock-N-Roll all night. Most importantly, though, students are offered a non-alcoholic evening here on campus.</p> <p>In addition to these goals and objectives of the event, the Campus Recreation staff wants people to leave the SRC with a better understanding of the consequences of using drugs and alcohol, as well as the rewards and positive health reasons for staying substance-free. This would be done in the form of a question and answer game that would take place throughout the night while participants are skating. Our main objective is to provide and educate students with ways to achieve a healthy lifestyle that is active and beneficial to them.</p>
<p>Steve-O: Laughs and Sobriety February 24, 2012</p>	<p>Steve-O, the TV and movie star from Jackass, is presenting his college tour, Laughs and Sobriety – A Unique Mix. Although he is a comedian at heart, Steve-O has earned his respect by changing his life and becoming sober. He deals with the topic by entertaining and enlightening students at the same time via</p>

<p>Tier IV</p>	<p>a unique blend of comedy and craziness. Greek Life, Athletics, University Union Board and the Alcohol and Other Drug Resource Center brought Steve-O to campus to lure many students to the event that may not usually attend an event educating students on the risks of alcohol and other drug use/misuse. AODRC Staff and BAC Squad members had a table available to provide educational materials and resources to students attending the event.</p>
<p>Alternate Spring Break Activity March 10-16, 2012</p> <p>Tier III</p>	<p>Campus Recreation’s Outdoor Pursuits Program led an Alternative Spring Break trip to Jasper, Arkansas. Participants will stayed in a house owned by the US Forest Service in the town of Jasper. Five days were spent doing conservation volunteer work and experiencing different recreational opportunities. One full day was devoted to conservation work, as well as three half days. The remaining time on the half days was open for participants to enjoy the area, hiking opportunities and other natural features in the Ozark National Forest, as well as the local community. One whole day was occupied by canoeing the Buffalo National River. Conservation work is dependent on the Forest Service’s needs, but included trail building and campground restoration.</p> <p>Participants operated in an alcohol-free environment. There was presentations and activities from the staff on alcohol awareness during outdoor recreation. The presentations included education on the hazards of alcohol while boating, statistics on incidents while involved in outdoor activities, and how to enjoy alcohol-free camping. In addition, there was a Leave No Trace presentation discussing the environmental impacts of discarded alcohol containers in the wilderness. Participants had opportunities to hear from Forest and Park Rangers on their experiences with visitors under the influence and the detriment of the experience due to alcohol.</p>
<p>Late Night at the Rec March 30, 2012</p>	<p>Late Night at the Rec was an alcohol-alternative event. At this event, students/faculty/staff were able to participate in a 2v2 basketball tournament, Dodgeball tournament, bags tournament, video game tournament, and enjoyed using the facility after hours. Overall, the goal of the event was to provide students, faculty, and staff with a non-alcoholic and fun-filled evening here on campus.</p> <p>The Campus Recreation staff wanted people to leave the Donald S. Spencer SRC with a better understanding of the</p>

<p>Tier III</p>	<p>consequences of using drugs and alcohol, as well as the rewards and positive health reasons for staying substance-free. Alcohol and Other Drugs office were at the event and provided information, as well as host activities and games throughout the night that will educate individuals on ways to achieve a healthy lifestyle that is active and beneficial to them.</p>
<p>Campus Recreation's Community Day April 28, 2012</p> <p>Tier III</p>	<p>Campus Recreation provided alternative programming for students in response to the issue of the Wheeler Street Block Party. Campus Recreation offered a day of service and recreation at Spring Lake Park with the cooperation of the Macomb Park District. The projects included: trash cleanup along the lakeshore, moving and repainting picnic benches, trash cleanup along the trails, and trail clearing. After all the projects were completed, participants had time to go canoeing, hiking and enjoy the park while being served hot dogs, chips and lemonade.</p>
<p>Union Block Party May 2, 2012</p> <p>Tier IV</p>	<p>A renewed focus of the Union Block Party was to commit and provide education and experiential learning regarding alcohol and drug awareness. To fulfill this commitment Union Staff reached out to the Office of Public Safety and the Alcohol and Other Drugs Resource Center to be present at the event. As a The Alcohol and Other Drugs Resource Center participated in the Union Block Party by providing educational materials as well as activities and games to promote a healthy lifestyle.</p>

EUDL (Enforcement of Underage Drinking Laws) Grant

The Alcohol and Other Drug Resource Center has been given grant funding since Spring 2009 for the enforcement of underage drinking laws. Funds provided by Illinois Higher Education Center and Illinois Department of Human Services have been utilized to increase the number of law enforcement details as well as increase awareness of the legal consequences of underage drinking in the student population as evidenced by the saturation of media moments, educational materials and presentations.

***Tier 2**

V. Beu Health Center

Beu Health Center is an accredited full service medical clinic offering quality outpatient health care, student health insurance and health and wellness education to registered Western Illinois University students. At Beu Health Center, students' individual needs are attended to in a confidential and caring manner.

A. Health Education

Outreach programs, as well as individual consultations regarding specific health issues, are available to WIU students. Professional staff and student health educators provide a wide variety of workshops, presentations and services to promote individual and community health. There are no fees for services.

1. Tobacco Prevention Education and Cessation:

Tobacco Prevention Education/Marketing & Promotion & Special Events

Funding through the Live Free Tobacco Free! grant ended in 2010 however many of the goals and strategies have remained in place. These goals are to address the impact of tobacco use and second hand smoke through tobacco education, to increase tobacco cessation referrals to Beu Health Center and the Illinois Quitline. Campus awareness events providing tobacco education have included the Great American Smoke out, Love Your Body Day, Kick Butts Day, Relay for Life, Minority Health Fair, Environmental Summit, and Health and Fitness Fair. Venues for tobacco education and resource sharing have included classroom presentations, First Year Experience, Resident Assistant training, Greek housing, University Counseling Center, and faculty/staff outreach. Tobacco Prevention also included media promotion for tobacco education through *Western Courier* (campus newspaper), Stall Talk (health and wellness flyer) and WIU Broadcasting (Channel 3).

Other Events:

- State Tobacco Presentation: Live Free Colloquium (April 2010)
- Designated Smoke Free Entrance Project Chalking Events
- Research and Service learning projects:
 - Faculty use of WIU Tobacco Survey (2005-2009) data for student class projects (ongoing)

***Tier III**

Tobacco Cessation

All patients seen at Beu Health Center for Evaluation/Management are screened for Tobacco use. Patients seeking to quit or reduce tobacco use are referred for free cessation counseling. Beu Health Center offers a program that will help patients understand the smoking addiction and recovery process. Patients learn how to assess their reasons for tobacco use and motivations for quitting. Education offered during individual sessions assists the student in looking at reasons for use, barriers to quitting, and a plan for cessation and maintenance.

A collaboration with the Department of Health Sciences classes provides extra-credit opportunity for students to “Quit for a Day”. This project involves students doing short term cessation counseling so that they can explore the cessation process.

***Tier I**

2. Peer Education:

Bacchus Network

WIU is an affiliate of the BACCHUS Network™, a university and community based network focusing on comprehensive health and safety initiatives. The BACCHUS mission is to “actively promote student and young adult based, campus and community-wide leadership on healthy and safe lifestyle decisions concerning alcohol abuse, tobacco use, illegal drug use, unhealthy sexual practices and other high-risk behaviors.”

***Tier I/Tier III/Tier IV**

Student’s TALK Peer Educators

Utilizing the BACCHUS Network resources, student peer educators receive intensive training on such topics as communication, listening skills, responding and referral/intervention skills, time management, stress management, community and campus resources, role modeling and ethics. Upon successful completion of training, students may become Certified Peer Educators. Peer Educators provide presentations in the residence halls, Greek housing and classrooms and are involved in various health awareness campaigns on campus, including alcohol and other drugs. Each semester 10-15 students are engaged in Student’s TALK.

***Tier I/Tier III/Tier IV**

A. Alcohol and Other Drug Resource Center

The AOD Resource Center addresses the alcohol use at WIU by providing direct service in assessment, education, and treatment as well as developing and participating in Outreach and Prevention activities on and off-campus.

1. Prevention Services:

The Alcohol and Other Drug Resource Center Prevention and Outreach Program continues to expand its services to the Western Illinois University campus community, in addition to becoming known and utilized in the Macomb community as a whole. The Prevention and Outreach Program provided on campus educational presentations and throughout the Fall 2010 through Spring 2012 it created and facilitated Alcohol and Other Drug Resource Center sponsored events including but not limited to the BAC Rootbeer Olympics, Party Smart Tailgate, March Madness Bags Tournament, Joe Rhea Event, Outdoor Movie, Keep the Fuzz Out of Your Buzz Family Weekend Tailgate, Steve-O Laughs and Sobriety and Late Night Fun Night Dodgeball Tournament. The Step Up Bystander Intervention Training program was initiated Fall 2011 and at the end of the Spring 2012 semester, approximately 35 students had been trained. The Alcohol and Other Drug Resource Center Annual Prevention Report speaks to the many efforts completed and can be found as an attachment to the hard copy of this report (See Appendix D).

A. Online Assessment Tools:

Pre-Matriculation Education

Pre-matriculation education through the online course, Alcohol Wise, was rolled out during the summer-fall 2008 targeting freshmen and transfer students. This course incorporates the E-Chug assessment already in use by WIU. From Fall 2010 to Spring 2011, 3075 registered students (95%) completed the main portion of the course with 2402 students (75%) completing the follow-up as well. During Fall 2011, follow-ups had been completed by 37% by September 1 and 46% were done by November 1, 2011. There was an average increase of 28 percentage points in test scores between pre-test and post-test. Only 12% of the registered students had not enrolled in Alcohol Wise by November 1. In December 2011, it was decided to drop the registration hold as an incentive to completion. For Spring 2012 semester, 74% had completed the main part of the course with 55% having completed the follow-up by the end of the semester. The Outcome Report Executive Summary for June 2011 to January 2012 is included as a hard copy to this report (See Appendix E). The subscription to Alcohol Wise was not renewed for Fall 2012.

***Tier I/Tier III/Tier IV**

E-Chug

Electronic Check Up and Go (e-Chug) developed by San Diego State University, is an online alcohol and intervention tool provided free of charge by Beu Health Center to the campus community since 2004. The link <https://interwork.sdsu.edu/echug2/?id=WIU> is provided at the Beu Health Center web site and other campus sites including the University Counseling Center (UCC) and Alcohol and Other Drug (AOD) Resource Center. This tool is used by the AOD Resource Center and UCC in conjunction with brief motivational interviewing to assist students in assessing their alcohol consumption.

***Tier I/Tier III**

E-Toke

The electronic THC Online Knowledge Experience (e-TOKE) developed by San Diego State University is a marijuana-specific brief assessment and feedback tool designed to reduce marijuana use among college students. This assessment is provided free of charge to the campus community through the Beu Health Center. The link <http://interwork.sdsu.edu/etoke/index.php?id=WIU> is hosted at the Beu Health Services web site, as well as to the University Counseling Center and AOD Resource Center web sites. It is also promoted during various presentations and events across campus.

***Tier I/Tier III**

B. Other Prevention Initiatives:

21st Birthday Card

The 21st Birthday Card Program is aimed at reducing the risk of alcohol poisoning and mortality associated with high-risk drinking on the 21st birthday. This program is done by the Vice-President for Student Services (VPSS) in conjunction with the AOD Resource Center. Students are sent an electronic 21st birthday card on their 21st birthday, signed by Vice President of Student Services. The student receives information regarding Blood Alcohol Content and a coupon for a free climb at Horn Field Lodge. Students who open their card receive a chance to win a weekly prize, a five dollar credit to their Rocky Dollars account provided by University Housing and Dining Services. The electronic 21st birthday card was implemented Spring 2012 replacing the previous paper format and an evaluation of the program will be implemented Spring 2013 to determine effectiveness.

***Tier III/IV**

Step Up Bystander Intervention Training

Western Illinois University Alcohol and Other Drug Resource Center with the BAC Squad Peer Educators introduced the Step Up Program, a prosocial behavior and bystander intervention training program with an additional educational component on alcohol Fall 2011. This program was developed by the University of Arizona C.A.T.S. Life Skills Program to promote helping behaviors amongst students.

The goals of Step UP! are to:

- Raise awareness of helping behaviors
- Increase motivation to help
- Develop skills and confidence when responding to problems or concerns
- Ensure the safety and well-being of self and others

The Step Up Program was provided initially to all BAC Squad members and AODRC volunteers on November 16, 2011. After the initial training, the program was adapted as appropriate and offered to the campus community with emphasis on Greek Life and Athletics. Three additional trainings were scheduled on February 26, 2012, March 4, 2012 and April 17, 2012. This program will continue to be offered Fall 2012 and Spring 2013.

***Tier I/Tier III**

C. Peer Education:

BAC (Battle Alcohol Consequences) Squad (AOD specific Peer Education Group)

The Alcohol and Other Drug Resource Center initiated recruitment for an alcohol and other drug specific peer education group, the BAC (Battle Alcohol Consequences) Squad, Fall 2009. The mission of the BAC Squad is to educate students, faculty and the greater community as a whole on healthy and responsible decision making in regards to alcohol and other drug consumption, to create and support alternatives to alcohol and other drug use on and off campus and to promote positive behavior changes. Peer educators are trained through use of

Western Online which allows additional time for experiential learning and planning alternative events during weekly scheduled meetings. A modified version of the Bacchus CPE Kit is utilized for training on different topics, with additional training on alcohol and other drug prevention and intervention. BAC Squad members provide presentations on campus, as well as participate and plan alternative activities.

***Tier I/Tier III/Tier IV**

D. Total Prevention Services:

	Fall 2010	Spring 2011	Fall 2011	Spring 2012
Prevention Activities	42	28	53	23

2. Intervention Services:

AOD Resource Center

The AOD Resource Center is a state licensed facility for Early Intervention education and Level I Outpatient treatment with dual-diagnosis capability. AOD Resource Center also provides Secretary of State services such as DUI, Updates, Investigative Reports, and Driver’s Risk Education. Additional information regarding the Alcohol and Other Drug Resource Center can be found within the AODRC Annual Report, attached to the hard copy of this report (See Appendix F).

***Tier I**

The following table provides information on the extent of services provided:

	Fall 2010	Spring 2011	Fall 2011	Spring 2012
Direct Service hours Total (Individual and Group)	815.25	864.25	667.75	607
DUI services (Includes SOSIR)	16	14	11	24
DUI Risk Education	12	17	12	10

VI. Student Development and Orientation:

Student Development and Orientation (SDO) assists students through their transitional periods focusing on academic and personal development. SDO's developmental approach emphasizes personal responsibility and helping students learn to help themselves.

1. Student Orientation and Registration (SOAR)

Information regarding alcohol and other drugs is incorporated throughout the SOAR program. Both students and families/guests receive a Health and Safety Brochure and see a short video introducing Beu Health Center and its services, including the Alcohol and Other Drug Resource Center. The students observe skits based on college life, some which include the usage of alcohol. Upon completion of the skits, student leaders process information with new students.

2. Orientation Week Event

The Alcohol and Other Drug Resource Center and the BAC (Battle Alcohol Consequences) Squad funded by the Substance Abuse Prevention Education grant hosts an annual event titled the "BAC Rootbeer Olympics" during Orientation Week in August. AODRC staff, BAC Squad members and Office of Public Safety officers educate students on standard drink sizes, BAC levels, and protective factors for drinking, as well as legal consequences associated with alcohol and other drug use. Students receive incentives for participating and root beer floats and popcorn are provided.

***Tier III**

VII. University Housing and Dining Services:

Hall Staff Training

UHDS staff, including Resident Assistants, Hall Directors, Complex Directors and support staff attend annual retreat/training sessions prior to the beginning of each school year. Topics included in training include alcohol and other drug education, enforcement of policy violations and crises management.

Targeted Prevention Programming

Educational and alternative programming is provided on an ongoing basis within University Housing. Programmers include Certified Peer Educators, Resident Assistants, Hall staff and Guest speakers. Topics include risk reduction, awareness, social norms and legal consequences.

***Tier III**

Club Wetzel

Wetzel Hall is known for its program entitled *Club Wetzel*. This mock party environment helps students understand the effects of alcohol and drug use as well as the consequences of their actions. Over 500 students attend this event each fall semester. Even though Wetzel Hall

closed at the end of Spring semester, 2009, the Inter-Hall Council has picked up the program and continued to offer it at a new venue.

***Tier III**

VIII. Greek Life

The core purpose of each fraternity and sorority is to create better men and women through leadership, service, scholarship, and social opportunities. Although each chapter is unique, every organization promotes similar values and ideals. Western Illinois University is proud of its strong Greek tradition. We offer 20 national fraternities and 9 national sororities for students to choose from. Members of our organizations are heavily involved in campus and community organizations as well as in all-Greek committees like Greek Week, Rho Lambda and Order of Omega.

IFC/PHC Risk Manager Roundtable

All fraternities/sororities are to be in compliance with their international policies for the distribution of alcohol. Before hosting an event, at the start of each semester, the President, Risk Manager, and Social Chair(s) of each chapter will attend the Greek Life Risk Management Round-table. If a chapter does not participate they will not be allowed to host an event with alcohol until they complete the necessary training with the Greek Life Risk Management Committee.

***Tier II/Tier IV**

Six-Pack Program

All new freshmen are provided with a 6-pack of soda products on move-in day. Information about the facts and myths of alcohol are included. Greek Life members distribute the education.

***Tier III**

GAMMA (Greeks Advocating a Mature Management of Alcohol)

Western Illinois University Greek Life is in the planning process to establish a Peer Education group based on GAMMA. GAMMA is a national student organization with over 750 chapters on campuses across the United States that provides education and activities designed to increase awareness of substance abuse issues in addition to focusing on the development and promotion of positive lifestyles and healthy choices. GAMMA encourages informed, independent decision making with respect to state laws and campus policies, and advocates healthy lifestyles. The mission of GAMMA at WIU will be to promote safety, responsibility, and healthy choices.

***Tier I/Tier III/Tier IV**

IX. Athletics:

Intercollegiate Athletics

The Athletics Department produces a yearly Student Athlete Handbook, which includes a Drug and Alcohol Policy, Drug Testing Protocol and Alcohol Abuse Policy. The department conducts educational programs through the CHAMPS/Life Skills program, usually every other year. All new student athletes were provided with alcohol education provided by the Alcohol and Other Drug Resource Center Fall 2011. This presentation included social norms information through use of the Poll Everywhere technology and basic alcohol education. Student athletes were also required to attend the Joe Rhea event Spring 2011 and Steve-O: Laughs and Sobriety Spring 2012.

***Tier I/Tier III**

Drug Testing

WIU athletics is involved in two types of drug testing programs, the WIU program and the NCAA drug testing program. The WIU drug testing program happens monthly and the NCAA program happens yearly. The WIU program involves testing a student athlete from most sports monthly, whereas the NCAA usually tests Football, Baseball and possibly one other sport one to two times during the year. See the table below for testing statistics.

	Number of student athletes tested	Positive tests with AOD referrals
Fall 2010	66	3
Spring 2011	72	0
Fall 2011	53	2
Spring 2012	52	0

Information pertaining to the WIU athletics department drug testing protocol can be found under “Alcohol Policies.”

***Tier III**

X. Other Alternate Activities:

Late Night Programming

The Office of Student Activities, University Union, University Housing and Dining, and Student Recreation Center provide numerous late night alcohol-free activities with collaboration and assistance from the Alcohol and Other Drug Resource Center as appropriate. Activities that are provided are listed below and are scheduled on multiple days of the week in the evening as an alternative to alcohol use. VPSS provided additional funds to support various events.

***Tier IV**

Please see below for a list of the activities provided during 2010-2012 report period:

Office of Student Activities Late Night Events Fall 2010-Spring 2012	Date	Time
First Night Fun Carnival	August 21, 2010	8-11 PM
Open Mic Night	September 1, 2010	8-10 PM
Fall Comedy Event: Jo Koy	September 9, 2010	8-9:30PM
"Iron Man 2" Outdoor Movie	September 10, 2010	8:30-10:30PM
Girl Talk Concert (Mom's Weekend)	September 11, 2010	8-9:30PM
Big Pink Volleyball Kick Off (Thompson-UUB)	September 16, 2010	7-8:30PM
Homecoming Variety Show	September 21, 2010	6-10PM
Homecoming Yell Like Hell	September 23, 2010	7-9:30PM
Late Night 2v2 Basketball Tournament (Campus Rec)	September 24, 2010	9-11PM
Carlos Andres Gomez Slam Poetry	October 6, 2010	7-8:30PM
Twilight "Eclipse" Movie Event	October 8, 2010	7-9PM
"Western Has Talent" Show	October 13, 2010	
Comedy with NBC Diversity Tour: Hal Mal and Fahim Anwar	October 20, 2010	7-8:30PM
UUBoo Halloween Movie and Pumpkin Painting (WAVE/BAC/UUB)	October 28, 2010	7-10PM
Open Mic Night	November 3, 2010	7-8:30PM
Comedy with Dan Cummins	November 4, 2010	8-9:30PM
Rock-n-Roller Skate (Campus Rec)	November 10, 2010	9-11PM

Veteran's Day Bowling (Veterans Resource Center/UUB)	November 11, 2010	7-10PM
Bingo Night	November 17, 2010	8-10PM
WESTFEST	December 3, 2010	8PM-2AM
Neo Soul Singer Chinua Hawk	February 7, 2011	7-8:30PM
Alt/Indie Rock Hayward Williams	February 9, 2011	7-8:30PM
Bingo Night II	February 10, 2011	8-10PM
I Love College Tour DJ Event	February 12, 2011	7-8:30PM
Speaker Derek Dujardin: MENDING Monologues & MENDING Diaglouges (Women's Center)	February 16, 2011	7-9PM
Late Night 2v2 Basketball Tournament (Campus Rec)	February 18, 2011	9-11PM
Freakonomics Movie and a Chat (Academic Departments)	February 28, 2011	7-9:30PM
Plastic Music	March 9, 2011	7-8:30PM
Open Mic Night	March 23, 2011	8-9:30PM
WESTFEST II	April 1, 2011	7PM-1:30AM
"The Social Network" Movie	April 2, 2011	8-10PM
Spring Comedy Event: Ben Bailey with Seaton Smith	April 4, 2011	8-10:30PM
Asia Project Slam Poet (Asian American Student Association)	April 5, 2011	7-8:30PM
Speaker Marc Elliot: What Makes YOU tic?	April 14, 2011	7-8:30PM
Hypnotist Alan Sands	April 16, 2011	9-10:30PM

Speaker C.L. Lindsay: Facebook Awareness	April 27, 2011	7-8:30PM
First Night Fun Carnival	August 20, 2011	7-11PM
“Hangover II” Outdoor Movie	August 31, 2011	8-10PM
Bingo Night I	September 14, 2011	8-10PM
Coffeehouse: Open Mic Night	September 21, 2011	7-8:30PM
Homecoming Variety Show	September 27, 2011	6-10PM
Homecoming Yell Like Hell	September 29, 2011	7-9:30PM
Comedy Event with Aries Spears (UUB, BCA and BSA)	October 1, 2011	8-10PM
Steve Buckingham: How Rhythm and Blues and Rock n Roll Tore Down the Walls of Segregation	October 3, 2011	7-8:30PM
“Bridesmaids” Outdoor Movie (UUB and BAC)	October 5, 2011	8-10PM
Big Pink Volleyball Kick Off (Campus Rec and UUB)	October 6, 2011	7-8:30PM
UUB Halloween Hypnotist: Dale K	October 31, 2011	7-9PM
Comedy music with Ben Lerman (LGBTQA)	November 2, 2011	8-9:30PM
In Concert: Vonnegutt	November 5, 2011	8-9:30PM
Rock-n-Roller Skate (Campus Rec)	November 11, 2011	9-11PM
Bingo Night I	November 17, 2011	8-10PM
Coffeehouse Slam Poetry with Andrea Gibson	November 30, 2011	8-9:30PM
WESTFEST I	December 2, 2011	8-11:30PM

Coffeehouse Slam Poetry with Derrick Brown	January 31, 2012	
Bingo Night II	February 22, 2012	
Steve O: Laughs and Sobriety Tour	February 24, 2012	8-9PM
Acoustic Concert: Paradise Fears	February 25, 2012	
Speaker Frank Meeink: A Former Skinhead's Fight Against Prejudice	March 1, 2012	
Murder Mystery Dinner	March 2, 2012	
Western's Got Talent (UHDS)	March 3, 2012	
Coffeehouse Concert: Tim Stop	March 29, 2012	
Late Night at the Rec (Campus Rec)	March 30, 2012	9-11PM
Movie and a Chat: "Miss Representation"	April 18, 2012	
The Norman Magic Experience	April 20, 2012	
Concert: Gym Class Heroes	April 23, 2012	8-9:30PM
Coffeehouse Open Mic Night	April 25, 2012	7-9:30PM
WESTFEST II	April 27, 2012	8PM-1:30AM

WIU Trivia Bowl

One of the objectives of the Trivia Bowl is to provide alternative forms of recreation and activity instead of the usual visitation to drinking establishments. Trivia Bowl will aim to inform participants of the alternatives to and consequences of drug and alcohol usage.

***Tier IV**

XI. Academics:

A. First Year Experience:

The First Year Experience (FYE)

FYE is a comprehensive approach to ensure first year students make a successful transition to college. Through participation in the First Year Experience, the university has the following primary goals for students:

1. Become actively engaged with the campus community
2. Develop relationships with peers, faculty and staff members
3. Demonstrate high levels of academic performance
4. Develop appropriate study and time management skills

The First Year Experience is currently being reviewed to determine whether or not changes should be made for Fall 2013.

***Tier IV**

B. Course Listings:

Curriculum:

The following courses are available at the undergraduate and graduate levels. They include courses related to alcohol and substance abuse and associated risk factors, treatment, and social development. Western Illinois University is in the early stages of developing a Certified Alcohol and Addictions Counselor (CADC) track within the Psychology department.

Undergraduate Courses:

African American Studies

251 Social Problems of Black Americans. (3) A sociological investigation of such problems as crime and delinquency, racism, mental illness, drug use, alcoholism, and poverty. *Prerequisite: sophomore standing or consent of instructor.*

Dietetics, Fashion Merchandising, and Hospitality

150 (formerly FCS 204) Introduction to Hospitality Management. (2) A review of the history, growth, and development of hospitality services including an exploration of career opportunities in contemporary hospitality operation.

256 (formerly FCS 462) Bar and Beverage Management. (3) Principles of beverage science, mixology; bar and beverage management including controlling personnel, purchasing, inventory, and equipment; and legal issues related to clientele. *Prerequisites: FCS 150 and 21 years of age. Field trips will be required.*

Health Sciences

120 Personal Health Promotion. (2) (General Education/Human Well-Being) Designed to enhance students' physical, intellectual, emotional, social, and spiritual health which will enable them to pursue their college and life goals more effectively.

123 Drug Use and Abuse. (2) (General Education/Human Well-Being) A comprehensive and in-depth study of the use and abuse of drugs in our society.

210 Student Health Education. (2, repeatable to 6) This course provides in-depth training to selected students in critical areas of personal health. Trained student health educators present programs for residence halls, Greek organizations and recognized student groups, and serve as role models for positive lifestyle choices. *Prerequisite: permission of instructor.*

442 Drug Education in the Home, School, and Community. (3) Concepts of drug education with emphasis placed on preparing the student in content, resources, procedures, and philosophy of home, school, and community drug education. *Prerequisites: HE 123 (or its equivalent) and senior standing, or permission of instructor.*

450 Health Promotion Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the health promotion professional. *Prerequisite: senior standing or permission of instructor.*

450 School Health Workshop. (1, repeatable to 2 with change in topic) Designed to provide new and updated information relative to current health issues confronting the school health professional. *Prerequisite: senior standing or permission of instructor.*

Nursing

433 Community Mental Health Nursing. (3 s.h.) Explores population-specific mental health issues including access, treatment modalities, and follow-up, and drug and alcohol abuse in the context of community health nursing. A clinical component course.

Psychology

100 Introductory Psychology. (3) (General Education/Social Sciences) An introduction to psychology including methods, theory, and data regarding the study of behavior. Topics include biological, social, learning, personality, motivation, and abnormal behavior.

250 Human Social Behavior. (3) (General Education/Social Sciences) An introduction to the influences of social factors on behavior. Topics include helping, aggression, interpersonal attraction, attitudes, prejudice, and behavior in groups. *Prerequisite: Psy 100 or permission of instructor.*

251 Personality and Adjustment. (3) (General Education/Social Sciences) An introduction to the study of personality and its relation to human behavioral adjustment emphasizing such topics as relating to others, stress management, needs, values, and self-esteem. *Prerequisite: Psy 100 or permission of instructor.*

427 Health Psychology. (3) Examines how psychological theory and research have been used to study the behavioral, psychological, and social factors that affect physical health. Topics include how social scientists study coping with stress, pain, illness management, and prevention of unhealthy behaviors. *Prerequisites: Psy 251 and 223, or permission of instructor.*

444 Biopsychology of Drugs and Addiction. (3) A systematic study of the relationships between drugs and psychological processes (i.e., psychopharmacology) with emphasis on the roles of the central nervous system, individual experience, and the environment in determining the outcome of drug use.

Social Work

331 Social Work and Addictions. (3) An introduction to addictions and their effects on individuals, families, and society. Current theories, treatments, and social work roles and functions will be studied. *Prerequisite: junior standing or consent of instructor.*

University Courses

100 Personal Growth in Higher Education. (1) Exploration of the role of higher education in personal growth. Consideration of critical thinking, problem solving, and information gathering skills. *Credit cannot be given for both Univ 100 and CSP 110. Prerequisite: first semester freshman status. Graded S/U only.*

Graduate Studies Programs:

College Student Personnel

533 Special Problems in College Student Personnel. (1–3, repeatable to 6) Designed to provide a group of students an opportunity for further professional growth and to apply problem-solving approaches in dealing with a specific educational problem.

560 Student Characteristics and College Impact. (3) Characteristics of college students, focusing on the needs of the diverse student populations on today's college campuses, will be examined. The impact of college on students, including factors related to retention and attrition and the differential impacts of college on various student populations, will also be explored.

Counselor Education

551 Counseling for Addictions. (3) Principles and practices of addiction prevention and counseling with special application to the functions of counselors.

Psychology

596 Approaches to Substance Abuse Diagnosis and Treatment. (1) Students will become aware of the multiple theoretical viewpoints available to understand the human substance abuse, as well as the variety of treatment approaches available for addressing these difficulties. Emphases will be placed upon maintaining appropriate scientific skepticism regarding current cultural and professional viewpoints, as well as appreciating the importance of understanding the challenges inherent in the dually diagnosed. *Prerequisites: Permission of the instructor.*

XII. Campus and Community Coalitions

Community and University Partnership (CUPP)

CUPP includes representatives from several Western Illinois University student organizations, local law enforcement agencies and city officials, community organizations and University administrators. CUPP meets regularly to address issues affecting both WIU and the City of Macomb, including alcohol and other drugs.

***Tier II**

EUDL Coalition

The EUDL Coalition has continued to meet on a regular basis since its inception in 2010. Beginning in the Fall of 2012, the Coalition will meet at least annually, with other meetings called as needed. Members will attend the College Town Summit hosted by the Illinois Liquor Control Commission each Fall. The Coalition will then meet to address new ideas or concerns presented. As most of the Coalition members are also on the Community University Partnership Program committee, the new initiatives for underage drinking can be addressed in that venue. With the passing of new city ordinances, some of the problems associated with college parties can now be addressed more effectively by law enforcement. Other policies still being considered include raising the bar entry age to 21 and implementing keg registration tracking.

***Tier II**

Wheeler Street Block Party Committee

In response to the off-campus, non-sanctioned, Wheeler Street Block Party that students in Macomb hosted annually, a group of Administrators, City Council members and students met multiple times during Fall 2011 and Spring 2012 semester to brainstorm ideas and ways to deter this large student gathering. Everything from large-scale programming to the university hosting the event was discussed. It was from these discussions that the Vice President for Student Services, Director of Student Activities and Director of Student Judicial Programs invited students from Wheeler Street on at least three occasions to talk about the event and their responsibility should the event take place. From the discussions, students began to realize their liability should a large gathering occur, and many of them decided they would leave town for the weekend rather than risk legal repercussions.

Additionally from these discussions, the City of Macomb began to examine their own policies and laws on mass gatherings. The City of Macomb took the opportunity to review what ordinances or permitting procedure could be utilized to aid in the management of Mass Gatherings, and especially those which involved alcohol, similar to the Wheeler Street events that had occurred. The main concerns of the City of Macomb were the risks to surrounding citizens and property owners, the safety of event attendees, and the inherent dangers of underage alcohol consumption. The Mass Gathering Ordinance created a mechanism for persons to apply for a permit to host a Mass Gathering involving alcohol, and at the same time

to provide a consequence for those events failing to obtain a permit. The application addresses issues such as insurance coverage, proper amount of refuse containers, an enclosed area to contain the event, proper amount of restroom facilities, and acceptable plans for security. The process provides for review by the Macomb Chief of Police so the event can be safe and managed to ensure no collateral issues for neighboring properties or citizens, and to ensure a safe environment for event attendees. The full policy can be found online by following the link: <http://www.cityofmacomb.com/pdf/Municipal%20Code%202012.pdf>

***Tier II**

XIII. Alcohol and Other Drug Assessments and Evaluations:

Core Survey

Western Illinois University has participated in the Core Institute's Alcohol and Other Drug Survey for several years. The CORE Survey measures alcohol and other drug use on campus and provides information to assist with the development of policies and future prevention initiatives. The CORE Survey was administered in Spring 2012 with approximately 718 students completing the survey. Results are continuing to be analyzed with assistance from researchers within the Psychology Department who specialize in alcohol and other drug research. The Executive Summary of the CORE Survey results can be found as an attachment to the hard copy of this report (See Appendix G).

E-Chug/E-Toke Assessments

WIU has utilized the E-Chug and E-Toke online assessment tools for the past six years. On demand reports provide information regarding alcohol and marijuana use among our students. Data has a biased selection towards those persons exhibiting high-risk behavior as it is used as part of the AOD Resource Center assessment.

Alcohol and Other Drug Resource Center Satisfaction Survey Results

The Alcohol and Other Drug Resource Center revised their client satisfaction surveys in Summer 2009 to attempt to better address program effectiveness. Clients receiving services at the Alcohol and Other Drug Resource Center are now asked to complete a pre service survey which addresses substance use patterns and readiness to change. Upon completion of services, they are asked to complete a Satisfaction Survey which includes the previous readiness to change questions to assess whether or not the AODRC impacts a client's desire to change their negative substance use behaviors. In addition, a three month post service survey was created to be utilized to determine whether or not there are changes in behaviors due to their involvement with the AODRC. Due to extenuating circumstances, the three month post service survey has not been utilized. The plan is to implement this with use of new technology and resources available in the future.

Overall, clients appear to be satisfied with services received. Access to Satisfaction Survey results can be found attached to the hard copy of this report (See Appendix H).

BAT Testing

The Office of Public Safety hosts an annual Breath Alcohol Testing event in Chandler Park during the fall semester. OPS collaborated with the Alcohol and Other Drug Resource Center and the BAC Squad to assist in data collection and analysis as well as to assist in providing education as appropriate throughout testing. At each event, approximately 100 students responded to the survey and provided the AODRC and OPS with information regarding participant's ability to determine their BAC levels.

***Tier IV**

XIV. Office of Public Safety:

Fatal Vision Goggle Demonstration

Office of Public Safety provides demonstrations using Fatal Vision Goggles at least 3 times per year, and upon request. This program shows the concept of impairment and the risks of driving impaired. Six fatal vision goggle presentations were completed between Fall 2010 and Spring 2012.

***Tier IV**

Alcohol and Other Drugs Presentation

Office of Public Safety has developed a powerpoint presentation entitled Alcohol and Other Drugs that is presented in the Residence Halls at least 3 times a year, or more upon request. Twenty six alcohol awareness presentations were completed between Fall 2010 and Spring 2012, in addition to twenty two personal safety presentations.

***Tier IV**

Western EMS

Western EMS is a professional, volunteer, non-transport Basic Life Support (BLS) Service. Members provide direct patient care to the Western Illinois University population and visitors to the campus. Western EMS personnel must complete rigorous training, continuing education, and evaluation programs to be eligible for membership. Members are selected on the basis of experience, leadership, dedication, service and professional performance. Please see the table for information regarding alcohol related incidents for Fall 2010 and Fall 2011.

	Fall 2010	Fall 2011
Ambulance transport- ETOH Chief Complaint	21	16
Alcohol Related Calls	78	99

DUI Simulation

Western EMS hosts a mock DUI each spring semester in April. Please follow the link for additional information: <http://www.wiu.edu/wems/dui/index.php>. The intent of this

demonstration is to show the dangers of driving under the influence of alcohol or other drugs. The event is open to the public and geared towards high school and university students.

***Tier II**

Escort Services

Western Illinois University's Office of Public Safety provides an escort system so students don't have to walk alone. Western's Student Patrol members are available to provide escorts on campus during the evening to early morning hours. Student Patrol can be reached by calling OPS at 309/298-1949.

***Tier III**

RAD Classes

Topics covered include avoiding victimization, patterns of date rape encounter, basic principles of defense, full-speed hands-on exercise and dynamic simulation training. RAD Classes are offered one time per semester.

***Tier IV**

XV. Enforcement Data:

Public Safety

Total liquor law arrests and liquor law referrals made by WIU Office of Public Safety:

	Fall 2010-Spring 2011	Fall 2011-Spring 2012
Alcohol Arrests	387	312
Drug Arrests	118	142
Alcohol Judicial Referrals	861	777
Drug Judicial Referrals	261	343
Total	1627	1574

***Tier III**

XVI: Summary:

The Illinois Higher Education Center for alcohol, other drug and violence prevention (IHEC) was reviewed the previous Biennial Review (2010) and feedback was taken into consideration in adapting the current report, as well as to adapt current prevention practices. The Director of Beu Health Center and the Prevention Coordinator of the Alcohol and Other Drug Resource Center met to further evaluate Western Illinois University's current alcohol and other drug abuse prevention efforts to evaluate both strengths and weaknesses. The report was then sent to all contributing parties to determine if there were additional suggestions made to incorporate. The following is a summary of what was found.

Strengths:

Western Illinois University administration continues to appear committed to reducing risks associated with alcohol and other drug use on campus. This continues to be part of the university strategic plan for 2008-2018.

The Alcohol and Other Drug Resource Center continues to be a resource for alcohol and other drug intervention and successfully completed its Department of Human Services Division of Alcoholism and Substance Abuse licensure inspection in 2011. The Alcohol and Other Drug Resource Center initiated the BAC (Battle Alcohol Consequences) Squad Peer Education group as part of its prevention strategies in Spring 2010. This group provides peer to peer education on campus and attends and creates alcohol free alternative events. The Alcohol and Other Drug Resource Center initiated the Step Up Bystander Intervention Training program Fall 2011 and the program continues to be available to all students. In addition to these strengths, campus community coalitions have led to city ordinance changes which appear to be creating a safer environment for students and community members.

Weaknesses:

Funding continues to be an issue due to the State of Illinois' financial situation.

Lack of assessment of programs has been an issue to determine whether or not the alcohol and other drug programs on campus are effective. However, there has been an attempt to increase evaluation of the Alcohol and Other Drug Resource Center programs.

Recommendations for Revising AOD Programs

Recommendation 1: Conduct a more in-depth Alcohol/Drug Policy Review

Alcohol and Other Drug policies must be reviewed on a regular basis to ensure they are both reasonable and enforceable. The current Drug and Alcohol Abuse Policy was approved by the President 8/10/1995. These policies are reviewed as part of the university policies. Other student policies on alcohol and other drugs exist in the University's Residence Hall Handbook and Code of Student Conduct. The Faculty Handbook and the Civil Service Handbook pertain to employee policies. The University has other policies related to drug and alcohol in the Official University Policy Manual (i.e., tailgating, sales). It is recommended that all policies pertaining to alcohol and other drugs be reviewed in more detail to ensure they are current, reflect best practices and are consistently enforced.

Recommendation 2: Assess Existing Programs for Evidence of Effectiveness

The programs and services related to alcohol and other drugs at Western Illinois University are more than those offered by the AOD Resource Center or the Employee Assistance Program. A comprehensive program inventory should be conducted to identify and characterize existing programs based on NIAAA Tiers of Effectiveness. Programs should be included that are not specifically designed as AOD programs, but address a risk reduction (i.e. late night and alternative activities, etc). These programs can then be evaluated to determine their effectiveness, and how they may fit into a comprehensive risk reduction plan based on the 2007 College Campus Alcohol and Other Drug Survey Special Report for WIU. As many of these

programs seek resources through the Substance Abuse Prevention Education Grant, a proposal will be made to adapt the current SAPE grant to encourage use of the NIAAA tiers of effectiveness when requesting funding for programs, encouraging programs to use evidenced based strategies, as well as encouraging programs to incorporate evaluation methods. Gaps in programs and services will identify where additional resources should be sought.

Recommendation 6: Establish a comprehensive alcohol and other drug risk-reduction plan in accordance with the WIU Strategic plan 2008-2018.

Beu Health Center and Alcohol and Other Drug Resource Center administration will initiate a risk reduction plan to propose to Western Illinois University Administration that incorporates evidenced based techniques.